

CP-8752

Sub. Code

11

P.G. DIPLOMA EXAMINATION, APRIL 2018.

Non-Semester

Mental Health

INTRODUCTION TO MENTAL HEALTH

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by abnormality?
2. What is mental disorder?
3. Write the meaning of mental health.
4. What is resilience?
5. Define stressors.
6. Narrate the role of religion in mental health.
7. What is treatment gap?
8. What do you mean by indirect burden of mental disorder?
9. List out any two strategies to prevent mental health problems.
10. Specify any two objectives of mental health policy.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write a note on indicators of mental health.

Or

- (b) Discuss about the classification of mental disorders ICD 10 and DSM-IV.

12. (a) What are the habits that promote mental health?

Or

- (b) Describe about the assessment of risk and protective factors.

13. (a) Analyze the impact of religious practices on mental health.

Or

- (b) Evaluate the impact of stress on body and mind.

14. (a) Explain the social and economic burden of mental disorder.

Or

- (b) Critically analyze the treatment gap in mental disorders.

15. (a) Explain the types of prevention of mental health problems.

Or

- (b) Describe the salient features of mental health policy and its challenges.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the prevalence of mental disorders and models of mental disorders.

Or

- (b) Write down the ways to promote Resilience?

17. (a) Explain about stress management strategies in detail.

Or

- (b) Describe the direct and indirect burden of mental disorder.

18. (a) Explain the objectives of preventions of mental health problems.

Or

- (b) Explain the objectives, salient features and challenges of National mental health program.

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12

**P.G DIPLOMA IN MENTAL HEALTH EXAMINATION,
APRIL 2018**

Non-Semester

**PSYCHOPATHOLOGY IN CHILDHOOD AND
ADOLESCENCE**

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write the functions of human Brain.
2. What do you mean by neurotransmitter?
3. Define – Learning.
4. Mention the symptoms of pervasive developmental disorder.
5. What do you mean by personality?
6. State the types of personality disorders.
7. List the kinds of eating disorders.
8. What is said to be nightmare?
9. What do you mean by addiction?
10. What is detoxification?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the importance of Interviewing.
- Or
- (b) Describe the functions of brain and draw its structure.
12. (a) Write a note on communication disorder of childhood and adolescence.
- Or
- (b) Explain the symptoms and management of Motor Skills Disorders.
13. (a) Describe the theories and types of personality in detail.
- Or
- (b) Write about the interventional strategies of personality disorders.
14. (a) Discuss symptoms, and management of Anorexia Nervosa.
- Or
- (b) Describe the Etiology and intervention for bulimia nervosa.
15. (a) Explain the types of substances used by the youths.
- Or
- (b) Discuss Epidemiology, Etiology, Diagnosis of mental disorders related to addiction.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Critically examine the Mental Status Examination of the client you observed.

Or

- (b) Describe the Epidemiology, Etiology, Diagnosis, Management and its Outcome of Mental Retardation in current scenario.

17. (a) Explain the diagnosis, prognosis and management of personality disorder.

Or

- (b) Critically explain the “Sleep Disorders” as a threat to the youth population.

18. (a) Distinguish substance abuse and alcohol addiction. And give example for management.

Or

- (b) As a Mental Health professional how will you tackle the mental health problems of children?

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**P.G. DIPLOMA IN MENTAL HEALTH EXAMINATION,
APRIL 2018**

Non-Semester

PSYCHOPATHOLOGY IN ADULTHOOD

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. List the symptoms of anxiety
2. Mention the types of phobias.
3. What is mood disorder?
4. Mention the basic human emotions.
5. What do you mean by hallucination?
6. What are positive symptoms?
7. Point out the symptoms of delirium?
8. List down disorders of human memory.
9. What do you mean by somatoform disorder?
10. Give symptoms to sexual dysfunction.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the clinical features of OCD.

Or

- (b) Explain — Social Phobia, Agro phobia and other phobic disorders.

12. (a) Discuss the Etiology, Epidemiology of Bi-polar disorders.

Or

- (b) Explain the sign, symptoms and management of unipolar disorder.

13. (a) Explain the characteristics of any two types of schizophrenia.

Or

- (b) Discuss the positive and negative symptoms of schizophrenia disorders.

14. (a) Explain the clinical features of dementia.

Or

- (b) Discuss as a professional, how will you manage the person with memory loss?

15. (a) Write the Concept of Pain and Hypochondrias Disorders.

Or

- (b) Explain the problems of male erectile dysfunction.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Portray the Epidemiology, Etiology, Diagnosis, Management and its Outcome of PTSD.

Or

- (b) Discuss in detail about the mood disorders.

17. (a) Write a note about schizophrenia causes, characteristics, types, and the management techniques.

Or

- (b) Clarify the diagnosis and management of organic disorders.

18. (a) Critically explain the Diagnosis & Management of sexual disorders.

Or

- (c) Discuss the causative factors, treatment procedures for somatoform disorders.

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P.G. DIPLOMA EXAMINATION, APRIL 2018

Non-Semester

Mental Health

FUNDAMENTALS OF COUNSELLING

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Empathy.
2. Define unconditional positive.
3. What is probing?
4. What is listening skills?
5. What is non directive?
6. Write the meaning of advice and counselling.
7. Define relationship pyramid.
8. Write the definition of counselling.
9. Write the meaning of thoughts and feelings.
10. What is dysfunctional behaviour?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the objectives of counselling.
Or
(b) Explain the short note on drivers of behaviour.
12. (a) List out the therapeutic relationship.
Or
(b) Explain the problem solving and decision making skills.
13. (a) Explain the concept of human behaviour.
Or
(b) Explain the short note on effective counselor.
14. (a) Describe the unconditional positive regards and empathy.
Or
(b) Write a short note on assumption of counselling.
15. (a) Describe dysfunctional behaviour.
Or
(b) Explain the need for counselling.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write a brief note on Counselling process.
Or
(b) Explain brief note on difference between counselling and advice.

17. (a) Brief note on understanding human behaviour.

Or

(b) Describe the counselling responses.

18. (a) Describe the relationship pyramid.

Or

(b) Describe the attending skill and listening skill.

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P.G. DIPLOMA EXAMINATION, APRIL 2018

Non Semester

Mental Health

PSYCHO SOCIAL REHABILITATION

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define "Disability".
2. Write the meaning of handicap.
3. What is the meaning of skill development?
4. What is vocational therapy?
5. What do you mean by care giver'?
6. Define 'Stress'?
7. Write any two important of employment.
8. Write the characteristics of stakeholder?
9. What is your understanding about livelihood?
10. Write the meaning of livelihood promotion?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write a note on Disability assessment.
- Or
- (b) Discuss about the advantages and disadvantages of institutional based rehabilitation
12. (a) Explain about counselling in detail.
- Or
- (b) Describe about the elements of recovery.
13. (a) Write down the care giver principles.
- Or
- (b) Write a note on caring the care giver.
14. (a) Discuss the issues relating to employment.
- Or
- (b) Explain about the types of employment.
15. (a) Explain the importance of livelihood promotion.
- Or
- (b) Describe the objectives of livelihood promotion.

Part C

(3 × 10 = 30)

Answer all **three** questions.

16. (a) Elucidate the principles and process of rehabilitation.
- Or
- (b) Explain about creative therapies in detail.

17. (a) Critically analyse the issues faced by the caregivers and care giver stress.

Or

- (b) Explain the role of stakeholders in creating opportunities for employment.

18. (a) Explain about the livelihood framework and analysis of assets.

Or

- (b) Explain about the livelihood activities and challenges involved in the promotion of livelihood.
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P.G. DIPLOMA EXAMINATION, APRIL 2018

Non-Semester

Mental Health

COMMUNITY MENTAL HEALTH

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define community.
2. What is mental illness?
3. What is social stigma?
4. Define suicide?
5. Define adherence?
6. Write the meaning of scenario?
7. Define community engagement?
8. Define community mental health?
9. What is an engagement driver?
10. What are the protocols to be followed in psychiatric emergencies?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the objectives of Community.

Or

(b) Write the strategies of Community Mental health.

12. (a) Importance of community engagement.

Or

(b) Write the concept of stigma.

13. (a) Write the importance of adherence.

Or

(b) Explain the importance of resources mobilization.

14. (a) Describe the reasons for homelessness.

Or

(b) Explain the scenario of Mental illness.

15. (a) Explain the concept of Psychiatric emergency.

Or

(b) Describe the risk assessment and management.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the process of Community Mental Health.

Or

(b) Write a brief note on Community.

17. (a) Describe the non adherence of strategies.

Or

(b) Describe the types of resource mobilization.

18. (a) Explain the practices of discrimination and stigma.

Or

(b) Explain the types of suicide.

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P.G. DIPLOMA EXAMINATION, APRIL 2018

Non-Semester

Mental Health

MENTAL HEALTH ADVOCACY

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define rights violations.
2. Write the meaning of stakeholders.
3. Write the definition of Substance abuse.
4. Define narcotic.
5. Write the definition of Mental Health.
6. What is rehabilitation council?
7. Define ethics in advocacy.
8. What is capacity assessment?
9. Define networking.
10. What is a salient provision?

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Explain the types of rights.
- Or
- (b) Describe the responsibilities of stakeholders.
12. (a) Describe about the substance abuse act.
- Or
- (b) Write the objectives of rehabilitation council.
13. (a) Write a short note on change process.
- Or
- (b) Describe the principles of advocacy.
14. (a) Explain the concept of risk in advocacy.
- Or
- (b) Describe the problem analysis.
15. (a) Explain the importance of networking.
- Or
- (b) Describe the issues identification.

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) Write a brief note on rehabilitation council act in India.
- Or
- (b) Explain the national narcotics and psychotropic substance abuse act.

17. (a) Describe the managing risks in advocacy.

Or

(b) Explain the advocacy process.

18. (a) Explain the brief note on advocacy.

Or

(b) Describe the assessment of risks and strategies.

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18

P.G. DIPLOMA EXAMINATION, APRIL 2018

Non-Semester

Mental Health

SOCIAL SCIENCES RESEARCH AND STATISTICS

(2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Narrate the characteristics of Scientific Method.
2. What is action research?
3. What do you mean by diagnostic research design?
4. List out any two sources of hypothesis.
5. Write the meaning of “probability sampling”.
6. What is secondary data?
7. Write a short note on “coding”.
8. Write the meaning of references.
9. Define : Qualitative research.
10. What is participant observation?

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Enumerate the objectives of research.

Or

- (b) Describe the uses of review of literature.

12. (a) Explain about exploratory and experimental research design.

Or

- (b) List out the sources of hypothesis and explain about the formulation of hypothesis.

13. (a) Write a note on tool of data collection.

Or

- (b) Elucidate the types of questions.

14. (a) Find the mean, median and mode for the following set of scores :

1, 4, 6, 15, 8, 4, 2, 10, 4, 5

Or

- (b) Describe the uses of computers in data analysis.

15. (a) Enumerate the principles of qualitative research.

Or

- (b) Write down the advantages and disadvantages of quantitative research.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain different types of hypothesis and functions of hypothesis.

Or

- (b) Write a note on selection: formulation and clarification of research problem.

17. (a) Describe the meaning and types of sampling.

Or

- (b) Explain about the data processing.

18. (a) List out the methods of data collection in qualitative research and explain in detail.

Or

- (b) Compute the Pearson correlation for the following data set.

X: 2 3 3 5 6 8 9 10

Y: 8 10 7 6 7 4 2 3
