

CP-9708**Sub. Code****97511/****97611/****97711/****97811****M.Sc. DEGREE EXAMINATION, NOVEMBER 2018****First Semester****Applied Psychology****FUNDAMENTALS OF PSYCHOLOGY****(Common for All M.Sc. (Applied Psychology)
Specialization Courses)****(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Part A**(10 × 2 = 20)**Answer **all** the questions.

1. Define: Psychology.
2. What do you mean by heredity?
3. Define: Attention.
4. What is perception?
5. How will you interpret thinking?
6. List out the types of learning.
7. What are the theories of motivation?
8. Define the term "Emotion".

9. Give an example for Pro-social behaviour.
10. What is personality?

Part B

(5 × 5 = 25)

Answer **all** questions with either or type.

11. (a) Write the methods of psychology.

Or

- (b) Give a brief history of psychology in India.

12. (a) Discuss the determinants of attention.

Or

- (b) Explain the theories of forgetting.

13. (a) Distinguish between creativity and intelligence.

Or

- (b) Write the difference between operant conditioning and classical conditioning.

14. (a) How do you relate motivation and emotion?

Or

- (b) Describe the Cannon-Bard theory.

15. (a) Explain Albert Bandura's social learning theory.

Or

- (b) Briefly discuss about the social influence in developing personality.

Part C

(3 × 10 = 30)

Answer **all** the questions with either or type.

16. (a) Discuss in detail about the biological behaviour of psychology.

Or

- (b) Describe the types of memory and its nature, give the factors influencing memory.

17. (a) Explain creative thinking with suitable example.

OR

- (b) Discuss in detail about learning.

18. (a) Explain the different aspects of motivation.

Or

- (b) Discuss in detail about personality.
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CP-9709**Sub. Code****97512/****97612/****97712/****97812****M.Sc. DEGREE EXAMINATION, NOVEMBER 2018****First Semester****Applied Psychology****THEORIES OF COUNSELLING****(Common for all M.Sc. (Applied Psychology)
Specialization courses)****(2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is the difference between guidance and counselling?
2. Give a brief note on psychotherapy.
3. What are the objectives of counselling?
4. Explain the psycho-analytic model of Freud.
5. Do cultural sensitivity influence the practice of counselling and psychotherapy? If so, how?
6. What according to you is the code of ethics of a counsellor?
7. What is advanced empathy?

8. Write about healed healers.
9. What are the benefits of supervision?
10. What are the essential skills needed for a counsellor?

Part B (5 × 5 = 25)

Answer **all** the questions with either or type.

11. (a) Discuss about the history of counselling and psychotherapy.

Or

- (b) Write the scope of counselling.

12. (a) Explain skilled helper model.

Or

- (b) Describe micro-skill model.

13. (a) Discuss counselling and psychotherapy in a multicultural context.

Or

- (b) Describe barefoot counsellor model.

14. (a) Write elaborately on the importance of mentoring in counselling and psychotherapy.

Or

- (b) Discuss about the important skills of a counsellor.

15. (a) What is self-care? Explain with suitable examples.

Or

- (b) Describe the verbatim model and log model of records.

Part C

(3 × 10 = 30)

Answer **all** the questions with either or type.

16. (a) Describe the principles of counselling and psychotherapy.

Or

- (b) Explain the key steps in the counselling process.

17. (a) Discuss the need for counselling and physiotherapy in Indian situation.

Or

- (b) Elucidate the basic skills for counselling children with an illustration.

18. (a) Compare the different counselling models.

Or

- (b) Describe the theories of counselling.

CP-9710

Sub. Code

**97513/97613/
97713/97813**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2018

First Semester

Applied Psychology

SKILLS OF COUNSELLING

**(Common for M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** the questions.

1. How will you welcome a client in counselling?
2. What do you mean by energy level in a counselling?
3. What are the types of problem situation in a counselling?
4. State the kinds of responses as per EISPU.
5. Write in short about the strong negative feelings.
6. Mention the steps involved in micro-skill model.
7. What is 'Re-framing'?
8. Write a note on behavioural strategies.
9. Define : Insights.
10. What are SMART goals?

Part B

(5 × 5 = 25)

Answer **all** the questions with either or type.

11. (a) Give a brief introduction to Micro Skill Models.

Or

- (b) How will you make a client very comfortable? Explain.

12. (a) Describe the levels of expression in a counselling process.

Or

- (b) Explain the kinds of responses as per ego-states.

13. (a) Discuss about pinpointing of a problem in the process of counselling.

Or

- (b) How can a client allowed to speak to express his/her feelings?

14. (a) Describe the role of personalizing in a counselling.

Or

- (b) Explain the role of action programmes in a counselling.

15. (a) How will you define and operationalize the goal?

Or

- (b) Enumerate the skills of counselling.

Part C

(3 × 10 = 30)

Answer **all** the questions with either or type.

16. (a) Describe in detail about the counselling task.

Or

- (b) Explain the various gestures and related concepts in counselling.

17. (a) Give elaborate answer on the facilitative dimensions and action-oriented dimension of counselling process.

Or

- (b) Explain the practical knowledge on presenting problems and diagnosed problems.

18. (a) How will you gain knowledge on the important skills in counselling? Discuss.

Or

- (b) "Micro-skill model is essential for counselling" - Justify.

CP-9711**Sub. Code****97514/****97614/****97714/****97814****M.Sc. DEGREE EXAMINATION, NOVEMBER 2018****First Semester****Applied Psychology****PSYCHOLOGICAL ASSESSMENT****(Common for M.Sc. (Applied Psychology) Specialization Courses)****(2018 Onwards)**

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is psychological testing?
2. Give the objectives of psychological testing.
3. What are the skills involved in Test administration?
4. What are the different types of tests?
5. What do you mean by rating scale?
6. Define: Self-concept.
7. Give a note on "Sociogram".
8. What are the uses of adjustment inventory?

9. What are the levels of aspiration?
10. What is known as an achievement test?

Part B (5 × 5 = 25)

Answer **all** the questions with either or type.

11. (a) Give the importance of psychological tests.

Or

(b) Write the significance of psychological assessment.
12. (a) Describe the ethical and professional standard for tests in counselling.

Or

(b) Discuss the cultural sensitivity in test administration.
13. (a) Discuss the revised eysenck personality questionnaire.

Or

(b) Briefly explain the Rosenberg self-esteem scale.
14. (a) Describe the index of parental attitude.

Or

(b) Briefly discuss about the conflict management.
15. (a) Explain the problem solving ability test.

Or

(b) Describe job satisfaction scales.

Part C

(3 × 10 = 30)

Answer **all** the questions with either or type.

16. (a) Describe applications and issues in psychological testing.

Or

- (b) Discuss in detail about “Tests”.

17. (a) Explain the usefulness of questionnaire and scales in psychological assessment.

Or

- (b) As a psychologist how will you analyse the personality of a person. Explain.

18. (a) What do you mean by multimodal life history questionnaire? Explain its uses.

Or

- (b) Describe the uses of life orientation scales in psychological assessment.
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