

<b>CP-9867</b>
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<b>Sub. Code</b>
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<b>96011</b>
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**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**INTRODUCTION TO MENTAL HEALTH**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is mind?
2. What is the expansion of ICD?
3. Write the meaning of positive mental health.
4. What do you mean by protective factors?
5. Define "stress".
6. Write the concept of religion.
7. What is normality?
8. Write the meaning of direct burden of mental disorder.
9. List out any two objectives of prevention of mental health problems.
10. Specify any two objectives of mental health policy.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Discuss about the indicators and importance of mental health.

Or

- (b) Write a note on causes, myths and misconception of mental disorder.

12. (a) What are the drivers of resilience?

Or

- (b) Describe about the assessment of risk and protective factors.

13. (a) Analyze the impact of stress on body and mind.

Or

- (b) Recommend the strategies for managing the stress.

14. (a) Explain the national scenario of burden of mental disorder.

Or

- (b) Evaluate the treatment gap in mental disorders.

15. (a) Explain the strategies to prevent mental health problems.

Or

- (b) Describe the salient features of mental health policy and its challenges.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the International and National scenario of mental disorders and models of mental disorders.

Or

- (b) Describe the importance of positive mental health and how to promote mental health?

17. (a) Explain the role of religion in mental health.

Or

- (b) Explain the direct and indirect burden of mental disorder.

18. (a) Elucidate the types of prevention of mental health problems in detail.

Or

- (b) Explain the objectives, salient features and challenges of National mental health program.

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<b>96012</b>
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**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**PSYCHOPATHOLOGY IN CHILDHOOD AND  
ADOLESCENCE**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the functions of brain?
2. Illustrate the Structure of Human Brain.
3. Expand – ADHD, LD.
4. What is stuttering?
5. Define personality.
6. Mention the symptoms of narcissistic personality.
7. Deviation in eating habits and sleeping pattern is termed as \_\_\_\_\_ and \_\_\_\_\_.
8. What is hypersomnia?
9. What is alcoholism?
10. Provide example of stimulants.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Portray the functions of Neurotransmitters.

Or

- (b) Write the importance of interview and mention the skills of interviewing.

12. (a) Write a note on Mental Retardation.

Or

- (b) Enlighten the diagnostic criteria for communication disorder.

13. (a) Describe the diagnosis and prognosis of Schizoid and Paranoid personality disorders.

Or

- (b) Discuss the signs and symptoms of histrionic and antisocial personality disorders.

14. (a) Explain the types of sleep disorders in adolescence.

Or

- (b) “Fit to Fat is dreadful” in adolescence – Comment.

15. (a) Discuss the Causative factors of Substance use disorder.

Or

- (b) Distinguish Abuse and addiction in adolescence.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) As a mental health professional how will you take case history of a child with ADHD– Give details.

Or

- (b) Describe aetiology, epidemiology, types, and the intervention of Learning disability.
17. (a) How will you diagnose the person with Personality Disorders and give details on the Management and its Outcome.

Or

- (b) Explain the Diagnosis and Treatment of Eating Disorders.
18. (a) Critically analyse the problem of alcoholism among the youths and recommend ways to conquer the addiction.

Or

- (b) Give list of Mental Health Professionals involved in the treatment of mental health problems of adolescence and mention their roles in detail.
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<b>96013</b>
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**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**PSYCHOPATHOLOGY IN ADULTHOOD**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Write does it meant by OCD.
2. Differentiate disorder and disease.
3. Mention the symptoms of unipolar disorder.
4. What are the causes of depression?
5. What is delusion?
6. What are negative symptoms?
7. What are the symptoms of delirium?
8. Write about the substance induced disorder.
9. Give the meaning of summarization disorder.
10. What do you mean by sexual dysfunction?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the clinical features of Anxiety disorder.

Or

- (b) Describe the diagnostic criteria for OCD.

12. (a) Talk about the characteristics of unipolar Disorders.

Or

- (b) Give explanation about the management of affective disorder.

13. (a) Explain the characteristics of any two types of schizophrenia.

Or

- (b) Describe the types of hallucination with suitable illustration.

14. (a) Give explanation about the diagnostic criteria for Alzheimer disease.

Or

- (b) Write a note on Organic Amnestic Syndrome.

15. (a) Write the features of Female Orgasmic Disorder and Sexual pain disorder.

Or

- (b) Explain the clinical features of somatisation disorder.



**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the Epidemiology, Etiology, Diagnosis, Management and its Outcome of Phobic Disorders.

Or

- (b) Write a note on mood disorders.

17. (a) Write a note on therapeutic interventions for schizophrenia and mention the role family in this process.

Or

- (b) Explain in detail about the diagnosis and management of organic disorders.

18. (a) Critically explain the Diagnosis and Management of sexual disorders.

Or

- (b) Discuss the causative factors, treatment procedures for hypochondrias disorders.

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<b>96014</b>
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**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**FUNDAMENTALS OF COUNSELLING**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Write the meaning of Counselling.
2. What is dysfunctional behaviour?
3. Define understanding human behaviour.
4. Define assumption.
5. What is attending skills.
6. Define genuineness.
7. Define therapeutic Relationship.
8. Define the drivers of behaviour.
9. Define eclectic.
10. What is interpretative?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write a short note on functional and dysfunctional behaviour.

Or

- (b) Describe the definition of counselling and need of counselling.

12. (a) Describe the importance of relationship in counselling process.

Or

- (b) Explain the unconditional positive regard and empathy.

13. (a) Describe the problem solving process.

Or

- (b) Explain about pre helping phase.

14. (a) Explain the difference between counselling and advice.

Or

- (b) Describe the relationship Pyramid.

15. (a) Describe the unconditional positive regards and empathy.

Or

- (b) Explain the importance of relationship.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write a brief note on counselling approaches.

Or

- (b) Describe the counselling and assumptions of counselling.

17. (a) Explain the connection between thoughts, feelings and behaviour.

Or

- (b) Describe the responsibilities of counselor and counselee.

18. (a) Write a brief note on basic counselling skills.

Or

- (b) Describe the therapeutic relationship.
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**CP-9871**

**Sub. Code**

**96015**

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**PSYCHO SOCIAL REHABILITATION**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define the term "Impairment".
2. What is rehabilitation?
3. Write the meaning of therapy.
4. Define "recovery".
5. What do you mean by caregiver?
6. Define cope.
7. List out the types of employment.
8. Who is stakeholder?
9. What do you mean by livelihood promotion?
10. What is livelihood framework?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) What are the principles of rehabilitation?

Or

- (b) Critically analyze the issues on reintegration.

12. (a) Explain about occupational therapy and counselling.

Or

- (b) Describe about self-care, psycho social and vocational therapy.

13. (a) What is the role of care givers?

Or

- (b) Discuss the impact of care giving.

14. (a) Discuss the issues relating to employment.

Or

- (b) Explain about the importance of employment.

15. (a) Analyze the challenges involved in the livelihood promotion.

Or

- (b) Enumerate the objectives of livelihood promotion.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain about the principles and elements of recovery.

Or

- (b) Discuss about the advantages and disadvantages of Institution and Community based rehabilitation.

17. (a) Elucidate the various ways of caring the caregivers.

Or

- (b) Explain about the types of employment in detail.

18. (a) Describe about the creative therapies in detail.

Or

- (b) Explain the process of rehabilitation.

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**CP-9872**

**Sub. Code**

**96016**

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**COMMUNITY MENTAL HEALTH**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define geographical.
2. What is mental health?
3. Define discrimination.
4. Write the meaning of Mental Illness?
5. Define violence.
6. Define homelessness.
7. What is disempowerment?
8. Write the definition of mental health.
9. Define Adherence.
10. Define psychiatric emergency.



**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the characteristics of Community.

Or

(b) Explain the importance of community.

12. (a) Explain the concept of Community engagement.

Or

(b) Write a short note on family and social stigma.

13. (a) Explain the concept of resource mobilization.

Or

(b) Describe the non adherence of strategies.

14. (a) Explain the issues relating homelessness.

Or

(b) Describe about the resource mapping.

15. (a) Describe about the types of violent.

Or

(b) Explain the risk assessment and Management.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write a brief note on community Mental Health.

Or

(b) Describe the types of community.

17. (a) Explain the Mental illness and homelessness.

Or

(b) Describe the strategy of Community Engagement.

18. (a) Write a brief note on psychiatric emergency.

Or

(b) Brief note on resource mobilization.

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**CP-9873**

**Sub. Code**

**96017**

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**MENTAL HEALTH ADVOCACY**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define rights.
2. Define Mental Disorder.
3. Write the meaning of legislations.
4. Write the definition of social policy.
5. Write the meaning of advocacy.
6. Define disability.
7. Write the meaning of cerebral palsy.
8. Define the mental health act.
9. What is networking?
10. Write the definition of change.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the concept of rights.  
Or  
(b) Explain the responsibilities of stakeholders.
12. (a) Explain the person with disabilities act.  
Or  
(b) Explain the Multiple disabilities act.
13. (a) Describe the concept of change.  
Or  
(b) Explain the importance of advocacy.
14. (a) Explain the implementation plans.  
Or  
(b) Describe the situation analysis.
15. (a) Describe the concept of networking.  
Or  
(b) Describe the identification of partner.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write a brief note on rights of the persons with mental disabilities.  
Or  
(b) Explain the Mental Retardation.

17. (a) Explain the types of advocacy.

Or

(b) Describe the strategies of advocacy.

18. (a) Describe the devising advocacy plans.

Or

(b) Describe the management of resistance and reluctance.

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**CP-9874**

**Sub. Code**

**96018**

**P.G. DIPLOMA EXAMINATION, NOVEMBER 2018**

**Non-Semester**

**Mental Health**

**SOCIAL SCIENCES RESEARCH AND STATISTICS**

**(2016 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is research problem?
2. What do you mean by quantitative research?
3. Define “research design”.
4. Write the meaning of hypothesis.
5. What is pre-test?
6. What do you mean by non probability sampling?
7. What do you mean by graphic presentation of data?
8. Define “footnote”.
9. Define “non-participant observation”.
10. List out any two principles of qualitative research.

**Part B****(5 × 5 = 25)**Answer **all** questions.

11. (a) Write the meaning of review of literature and explain its uses.

Or

- (b) Discuss on social research as a scientific method.

12. (a) Explain about the different types of hypothesis.

Or

- (b) List out the sources of hypothesis and explain how will you formulate hypothesis.

13. (a) Elucidate the types of sampling methods.

Or

- (b) Discuss the difference between interview schedule and mailed questionnaire.

14. (a) Write a note on data processing.

Or

- (b) Explain the stages in testing of hypothesis.

15. (a) Critically analyse the advantages and disadvantages of quantitative research.

Or

- (b) List out and explain the methods of data collection in qualitative research.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the different types of research in detail.

Or

- (b) Discuss about the different types of research designs and its applications.

17. (a) Describe the process of tools construction.

Or

- (b) Compute the mean and standard deviation for each sample.

Sample A : 7 9 10 8 9 12

Sample B : 13 5 9 1 17 9

18. (a) Enumerate the methods of qualitative research and explain.

Or

- (b) Explain in detail about the types of reports and methods of writing reports.

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