

CP-9766

Sub. Code

97311

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2018**

First Semester

Family Therapy

INTRODUCTION TO FAMILY COUNSELLING

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Psychoneurosis.
2. What is Feeble-mindedness?
3. What is advice?
4. Define Listening.
5. What is Parental Injunctions?
6. Define Faulty behaviour.
7. Types of crisis.
8. Types of family.
9. What is Right Brain method?
10. Define NLP.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss briefly about the goals of family therapy.

Or

- (b) What are the goals of counselling?

12. (a) Types and Process of counselling.

Or

- (b) Why empathy is important in therapy? Discuss about it.

13. (a) What is self-disclosure? Types and importance of self-disclosure.

Or

- (b) Define basic life positions. Describe the goals of Transactional analysis.

14. (a) What skills do you need to be a counsellor?

Or

- (b) What is challenging in counseling, counsellor responses and Responding skills?

15. (a) Ego state Disorders, What are all the different Ego states?

Or

- (b) Purpose of Family counselling and discuss about it.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the relationship between counselling and psychotherapy, listening and responding.

Or

- (b) Describe the Dynamics of counselling.

17. (a) Discuss briefly genuineness and Respect, Advanced empathy.

Or

- (b) Discuss about concreteness, challenging, immediacy.

18. (a) What does the Family counsellor do? What is Family group counselling? What does Family counsellor consist of?

Or

- (b) What marriage counsellor will do? What does marriage counselling consists of? Describe about the Marriage counsellor.

CP-9767

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97312

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2018.**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – I**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Functionalism.
2. What is Psychoanalysis?
3. What is Self psychology?
4. Define Imago.
5. Discuss Nuclear family.
6. What is Sibling position?
7. Techniques used in family therapy.
8. What is Self triangles?
9. Structural family therapy techniques.
10. What is the Focus of family therapy?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss briefly about the self psychology therapy.

Or

- (b) Discuss briefly about the freudian drive psychology.

12. (a) Discuss about attachment therapy.

Or

- (b) Describe the normal family development.

13. (a) Write the five basic tenets of imago therapy.

Or

- (b) Write the details of conflict and communication problems.

14. (a) Describe the family projection process.

Or

- (b) Discuss about emotional fusion.

15. (a) Write the multiple family therapy.

Or

- (b) Discuss displacement stories.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the details of Psychoanalytic family counselling.

Or

- (b) Describe the object relation theory.

17. (a) Describe the brief notes of international dialogue process of monitoring, validation & Empathy.

Or

- (b) Describe the details of multigenerational transmission process.

18. (a) Discuss about the following how do problem arise, persist, objectives of therapy, treatment & therapist's role.

Or

- (b) Discuss briefly about multiple family therapy.
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97313

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2018**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – II**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is experiential family therapy?
2. What is Equine therapy?
3. Define family.
4. What are the functions of family?
5. Write short answer on the Power of writing.
6. Write on Music therapy.
7. What is defensive coping?
8. What is triangulation in SFT?
9. What is family sculpting in family therapy?
10. What do you mean by Functional family?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Brief on the experiential therapy.

Or

(b) Discuss the Indications of experiential therapy.

12. (a) Describe on Carl Whitaker's- Symbolic Experiential.

Or

(b) Write short essay on Walter Kempler's-Gestalt Experiential.

13. (a) Describe about the types of family.

Or

(b) Brief about the various functions of family.

14. (a) Describe about the Grief - patterns of grief.

Or

(b) What is family structure? Discuss about the subsystem of family.

15. (a) Brief on Virginia Satir's-communications.

Or

(b) Communications in functional and dysfunctional family.

Part C

(3 × 10 = 30)

Answer the questions.

16. (a) Explain the Core concepts of Structural family counselling.

Or

- (b) Explain in detail about the role of therapist in SFT.

17. (a) What are the treatment techniques of Family counselling? Explain in detail.

Or

- (b) Forming a healthy spousal subsystem-A couples challenge-discuss in detail and give your views.

18. (a) Cognitive therapy family counselling -Explain.

Or

- (b) Detail answer on Common behavioral disorders.
