

CP-9763

Sub. Code

97411

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2018**

First Semester

Healing the Inner child

INTRODUCTION TO THE INNER CHILD

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Personality
2. Psycho synthesis
3. Internal family system therapy
4. Analytical psychology
5. Dissociative disorders
6. Recognition
7. Emotional abuse
8. Splitting
9. Representation
10. Objective relation theory.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Define and briefly explain the personality development.

Or

- (b) Write a detailed account on ORT.

12. (a) Explain about the John Bradshaw's shame.

Or

- (b) List the needs in self psychology.

13. (a) Briefly explain about the structural theory.

Or

- (b) Explain about the concept of the inner child.

14. (a) What is psychotherapy? Explain the essential secrets of psychotherapy.

Or

- (b) Write about the impacts of early child hood.

15. (a) Write a detailed account on personality disorders.

Or

- (b) Explain the procedures involved in inner child therapy.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) List out the steps involved in personality development.

Or

- (b) Define defence mechanism. Explain the types of defence mechanism.

17. (a) Enumerate the Abraham Maslow's Hierarchy.

Or

- (b) List out the steps involved in John Bradshaw's shame.

18. (a) Briefly explain the Sigmund Freud's theory of personality.

Or

- (b) Differentiate structuralism and functionalism in psychology.
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97412

CERTIFICATE EXAMINATION, NOVEMBER 2018

First Semester

Healing the Inner Child

PROCESSING THE INNER CHILD — I

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Toddler
2. Father bonding
3. Self-affirmation
4. Shame
5. Abuse
6. Grief
7. Anger
8. Intimacy
9. Infant self
10. Guilt.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) List the importance of Father-child bonding.
Or
(b) Explain the development of self-regulate.
12. (a) Briefly describe the self-forgiveness.
Or
(b) Explain the ways to nurture the inner child.
13. (a) Explain about developmental stages and pre-schoolers.
Or
(b) Define shame and brief the sources of shame.
14. (a) Brief the positive belief system.
Or
(b) Explain the ways to heal the inner child.
15. (a) Explain briefly the impact of dysfunctional families on inner child.
Or
(b) Describe the process to overcome intimacy fear.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Define bonding. Write about the various stages of bonding.
Or
(b) Write details about the reclaiming school age self.

17. (a) Enumerate the advanced re-parenting exercises.

Or

(b) Explain how to develop self-regulations.

18. (a) Explain and differentiate affirmation and confirmation.

Or

(b) Explain how to nurture affirmations for the inner child.

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97413

CERTIFICATE EXAMINATION, NOVEMBER 2018

First Semester

Healing the Inner Child

PROCESSING THE INNER CHILD – II RELEASE

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Abuse
2. Shaken Baby Syndrome
3. Post-traumatic stress disease
4. Spoiled brat
5. Reconciliation
6. Blank brain
7. Assertiveness
8. Healthy boundaries
9. Re-parenting
10. Enmeshment.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Define and briefly explain the types of child abuse.

Or

- (b) Write a detailed account on social skill inventory.

12. (a) Differentiate emotional abuse and occasional outburst of anger.

Or

- (b) List the methods and procedures in recovery.

13. (a) Briefly explain about the Pampered Child Syndrome.

Or

- (b) Explain about the reconnecting with desire.

14. (a) What is inner child work? Explain.

Or

- (b) Write about the physical abuse.

15. (a) Write a detailed account on childhood trauma.

Or

- (b) Explain the procedures involved in assertiveness training.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) List out the steps involved in life skill inventory and explain the procedure.

Or

- (b) Define boundary. Explain the types of boundaries, in detail about the emotional boundary.

17. (a) Enumerate the psychometric properties of SSI.

Or

- (b) List out the steps involved in taking control and combating Blank Brain.

18. (a) Briefly explain the steps involved in relational enmeshment.

Or

- (b) List and explain the signs of wounded inner child.
