

C-0635

Sub. Code

97311

CERTIFICATE COURSE EXAMINATION, APRIL 2019

First Semester

Family Therapy

INTRODUCTION TO FAMILY COUNSELLING

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Counselling.
2. Define Psychotherapy.
3. Define Psychosis.
4. What is EIPSU?
5. Define Emapathy.
6. Define Attending.
7. Define Conflict.
8. Define Family therapy.
9. What is the role of psychological games in family counselling?
10. What are all the Myths of Family?

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Difference between Advice and guidance.

Or

- (b) Describe the details of the Ethics in counselling profession.

12. (a) Describe the pattern of writing reports in counselling sessions.

Or

- (b) Describe the steps involved in counselling.

13. (a) Write the detail note of counselling needs.

Or

- (b) Dual and multiple relationships in counselling practice.

14. (a) Define family, Explain briefly about the Dynamics of Family interactions.

Or

- (b) Describe the Transactions analysis.

15. (a) Write the details of U-shaped curve of marital satisfaction.

Or

- (b) Describe the Family cycle and tasks.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the details of the history and evaluation of counselling.

Or

- (b) Brief note of basic skills of counselling.

17. (a) Details of counselling format and psychopathic personality.

Or

- (b) What is the purpose of family counselling? Describe the Egostates, Basic life positions.

18. (a) What is Marriage? Write the details of marital satisfaction.

Or

- (b) Discuss briefly about the Feelings and emotions.

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CERTIFICATE COURSE EXAMINATION, APRIL 2019

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – I**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define homeostasis.
2. Define self concept.
3. What is family system approach to counselling?
4. What is the three generations of family?
5. What is emotional cut-off?
6. Define genogram.
7. What is genogram family?
8. What is an index person?
9. What does family therapy involves?
10. What is ecomap?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss briefly about relationship.

Or

- (b) Discuss briefly the disorders treated by psychoanalysis.

12. (a) Discuss briefly about the goals of behavior therapy and techniques.

Or

- (b) Discuss about imago relationship.

13. (a) Describe briefly about family system counseling Murray Bowen.

Or

- (b) Discuss about self- triangles / triangulation.

14. (a) Discuss briefly about societal emotional process.

Or

- (b) Discuss about relationship experiments.

15. (a) Discuss about the therapeutic techniques — coaching, going home task.

Or

- (b) What produce the change, how does change occur in problems, treatment and therapeutic role?

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the principles of family counselling.

Or

(b) Describe the techniques of family counselling.

17. (a) Discuss about the various techniques for counselling family members.

Or

(b) Discuss about the different types of therapies used in counselling.

18. (a) Discuss about the purpose of family genogram and position, therapy triangle.

Or

(b) Discuss about the therapy used in behaviour and communication problems.

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CERTIFICATE COURSE EXAMINATION, APRIL 2019

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING — II**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is experiential psychology?
2. Give short answer on satir family therapy.
3. What is family life?
4. Write the importance of family.
5. What do you mean by grief?
6. Define Oxytocin.
7. What do you mean by tenets?
8. Origin of structural family counselling.
9. What is double bind in family therapy?
10. Write the Therapeutic interventions under Structural family therapy.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Brief on the types of experiential therapy.
Or
(b) Describe the Contraindications of experiential therapy.
12. (a) Write a short essay on experiential work with trauma and abuse.
Or
(b) Brief about Experiential work with grief and loss.
13. (a) Describe about the family life cycle.
Or
(b) Write the difference between Functional Vs. Dysfunctional families.
14. (a) Discuss in brief about the Evaluations of SFT.
Or
(b) Brief on the Underlying Assumptions of SFT.
15. (a) Write short essay on Psychodrama.
Or
(b) How the behavioral disorders developed?

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) Virginia Satir's Ideas on Family Roles and Communication Stances – Explain.
Or
(b) Explain in detail about the Confrontation in family psychology.

17. (a) Structural family counselling of “salvadir minuchin”
– Explain in detail.

Or

- (b) How the problems develop in a family?

18. (a) Conceptualize in detail about the problems in
Structural Family Therapy.

Or

- (b) Discuss in detail on Attention deficit hyperactivity
disorder.
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