

C-1349

Sub. Code

97311

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2019**

First Semester

Family Therapy

INTRODUCTION TO FAMILY COUNSELLING

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by counselling?
2. Discuss scope of counselling.
3. What do you mean by EISPU?
4. List out the basic skills of counselling.
5. Describe Empathy.
6. Explain ego state.
7. Give note on psychological games.
8. Define marriage.
9. Explain catharsis.
10. Discuss family counselling.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss about the need of counselling in educational institution.

Or

- (b) Differential guidance and counselling.

12. (a) Explain types of counselling responses.

Or

- (b) Explain about the process of counselling.

13. (a) Describe transference and counter transference.

Or

- (b) Discuss primary empathy and advanced empathy.

14. (a) Write about basic life positions.

Or

- (b) Explain types of transactions.

15. (a) Give detailed note on NLP.

Or

- (b) Describe how marital satisfaction influence one's mental health.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Give detailed note on Ethics in counselling process.

Or

- (b) Discuss how to write vibration reports of the counselling session.

17. (a) Explain about the advanced skills of counselling.

Or

- (b) Give detailed note on TA.

18. (a) Define Marriage and its characteristics.

Or

- (b) Elaborately explain feelings and emotions and the categories of feelings.

C-1350

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97312

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2019**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – I**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by self psychology?
2. Define principles of family counselling.
3. What is family development?
4. Define validation in intentional dialogue process.
5. Write down two basic tenets of imago therapy.
6. Give the definition of conflict.
7. Define emotional cut – off.
8. How do problem persist?
9. Define displacement.
10. What is multiple family?

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Write a brief note on theoretical formulations :
Freudian drive psychology.

Or

- (b) Define goal therapy and explain its techniques.

12. (a) Describe briefly object relation theory.

Or

- (b) Explain conflict and communication problems in family life.

13. (a) Write a brief note on Attachment theory.

Or

- (b) Elucidate intentional dialogue process.

14. (a) Describe key concepts of attachment in family life.

Or

- (b) Explain family projection process.

15. (a) What is normal family and explain about how does change occur in family system.

Or

- (b) Explain briefly displacement stories in family systems.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain psychoanalytic family counselling and describe sketches of leading figures.

Or

- (b) Define self psychology and briefly explain object relations theory.

17. (a) What is Imago in family life and give brief explanation on Imago therapy.

Or

- (b) Define family system counselling and explain types of sibling position in family system.

18. (a) Explain briefly the basic tenets of normal family development.

Or

- (b) Elucidate the therapy triangle relationship experiments.

C-1351

Sub. Code

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**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2019**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING — 2**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Who are the authors of experiential family counselling?
2. What is family life in experiential family counselling?
3. What is affective confrontation?
4. What is family sculpting?
5. Who is the author of structural family counselling?
6. What is clear boundaries?
7. What is unbalancing treatment technique in structural family counselling?
8. Write any two name of treatment technique in structural family counselling.

9. Define reinforcement.
10. Expand CBFC.

Part B (5 × 5 = 25)

Answer **all** questions

11. (a) Define experimental family counselling and explain theoretical formulation.

Or

- (b) Write about authors of experiential of family counselling.

12. (a) Explain roles as a treatment technique in experiential of family counselling.

Or

- (b) Write any two technique in experiential family counselling.

13. (a) What are the key concepts of structural family counselling.

Or

- (b) Explain diffuse boundaries.

14. (a) What is the treatment technique of joining and accommodating?

Or

- (b) How to use the treatment technique of working with interaction?

15. (a) Explain development of behavioural disorders.

Or

(b) Explain treatment technique of behavioural parent training.

Part C (3 × 10 = 30)

Answer **all** questions.

16. (a) Describe history of experiential family counselling.

Or

(b) Give a case study for family separation with treatment technique experiential family counselling.

17. (a) Write a history of structural family counselling.

Or

(b) How to apply structural family counselling for family dispute with example.

18. (a) Detail explain about behavioural couples counselling with example.

Or

(b) Explain elaborately a cognitive behavioural approach to family counselling.

C-1352

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97321

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2019**

Second Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – 3**

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by dysfunctional families?
2. Briefly explain basic beliefs in family counselling.
3. Ordeal therapy-Define.
4. What is positioning?
5. Gestalt therapy-meaning.
6. Poor family is wealthy family-differentiate on the basis of family counselling.
7. What is practicum report?
8. Define intentional dialogue process.
9. What is network therapy?
10. What is family systems counselling?

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) What are the basis tenets of family counselling?
Briefly explain.

Or

- (b) Explain some of the features of healthy families.

12. (a) Briefly explain positive interpretation with an example.

Or

- (b) Explain prescribing and restraining strategies.

13. (a) Briefly explain Gestalt therapy.

Or

- (b) Briefly write a note on genetic counselling.

14. (a) Experiential family counselling- Briefly explain.

Or

- (b) Write a short note on intentional dialogue process of imago therapy.

15. (a) What is the relationship between psychoanalysis and family counselling?

Or

- (b) What is practicum report? Briefly explain with the example.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write dominating treatment techniques in family counselling.

Or

- (b) Strategic family counselling-Explain in detail.

17. (a) What are all the new emergence in family therapies name and explain in detail?

Or

- (b) How do you work with poor, wealthy and one-parent families using family therapy?

18. (a) Psychoanalytic family counselling—explain in detail.

Or

- (b) Detailedly explain family systems counselling.
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C-1353

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97322

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2019**

Second Semester

Family Therapy

SKILLS OF FAMILY COUNSELLING

(2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write down definition of psychogeometric.
2. Explain two characteristics of circle.
3. What is history of psychogeometric?
4. Write short note on squiggle.
5. What is language of touch?
6. Define intimacy in aspects of love.
7. What is conflict management?
8. What is positive communication?
9. What is parenting skills?
10. Define effective parenting style.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Define psychogeometric and explain characteristics of triangle and square.

Or

- (b) Elucidate various components of squiggle

12. (a) Write definition of love language and explain language of affirmation.

Or

- (b) Give definition of love and briefly explain aspects of love.

13. (a) How commitment play a vital role in developing holistic love?

Or

- (b) Describe five models of conflict management.

14. (a) Briefly explain skills of positive communication.

Or

- (b) Describe what are the process for effective conflict management.

15. (a) Elucidate types of parenting.

Or

- (b) What is parenting skills and discuss effective parenting role?

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Give definition of psychogeometric. Explain various components of it.

Or

- (b) Describe briefly on language of service and language of gift.

17. (a) Explain meaning and definition of commitment and discuss how it plays a major role developing holistic love.

Or

- (b) Define conflict management and explain models of conflict management.

18. (a) What is parenting? Write brief note on effective parenting skill.

Or

- (b) Illuminate positive communication and skills of positive communication.
