

C-4073

Sub. Code

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M.Sc. DEGREE EXAMINATION

**COMMON FOR ALL M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

First Semester

FUNDAMENTALS OF PSYCHOLOGY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define psychology.
2. Write the scope of psychology.
3. What is cognition?
4. Give the errors in perception.
5. Define learning.
6. What do you mean by thinking?
7. List out the types of motives.

8. Differentiate the motives from behaviour.
9. What is personality?
10. Mention few pre-social behaviour.

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) Write the application of psychology.

Or

- (b) Describe the role of glands in behaviour change.

12. (a) List out the principles of perception.

Or

- (b) Write the factors influencing memory.

13. (a) Give a note on creative thinking.

Or

- (b) Differentiate the classical conditioning from operant conditioning.

14. (a) Explain the incentive theory.

Or

- (b) Elucidate the components of emotion.

15. (a) Discuss the Maslow's Hierarchy of Needs.

Or

- (b) Describe the role of individual difference.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Write the history of origin of science of psychology.

Or

- (b) Explain in detail about attention.

17. (a) Describe the classification of intelligence.

Or

- (b) Discuss in detail about the trial and error learning.

18. (a) Explain about the theories of motivation.

Or

- (b) Elucidate the Freud's psychoanalytic theory.
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C-4074

Sub. Code

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M.Sc. DEGREE EXAMINATION

**COMMON FOR ALL M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

First Semester

THEORIES OF COUNSELLING

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define counselling.
2. Distinguish between advice and guidance.
3. What is called non directive counselling?
4. What is an integrative model?
5. Give any two needs of psychotherapy.
6. Mention the skill of counsellor.
7. Give the importance of self-care.

8. What is RRR?
9. Give any two difference among counselling models.
10. Bring out importance of personal awareness.

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Write short note on the history of counselling and psychotherapy.

Or

- (b) Enumerate the skilled helper model of Gerald Egan.
12. (a) Explain the importance of cultural sensitivity in the practice of counselling and psychotherapy.

Or

- (b) Explain the need of various skills to counsellor.
13. (a) Explain the benefits of supervision.

Or

- (b) Describe the scope of counselling and psychotherapy.
14. (a) Explain Micro skill model.

Or

- (b) Write short notes on Barefoot counsellor model.
15. (a) Describe the code of ethics in counselling.

Or

- (b) Elaborate the importance of benefits and records in counselling.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the verbatim model and log model.

Or

- (b) Explain in detail about the psychoanalytic model of Freud.

17. (a) Elaborate the comparison among different counselling models.

Or

- (b) Write an essay on the principles of counselling and psychotherapy.

18. (a) Explain the skills of counsellor.

Or

- (b) Enumerate the importance of reading reaction report.
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C-4075

Sub. Code

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M.Sc. DEGREE EXAMINATION

**COMMON FOR ALL M.SC. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

First Semester

SKILLS OF COUNSELLING

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is micro skill model?
2. List the skills of counselling.
3. Write note on action programmes in counselling.
4. What do you mean by attention?
5. State the importance of counselling.
6. What do you mean by response skill?
7. Define reframing.
8. What is listening?
9. List out the skills that client may possess.
10. Write the examples of aspiration.

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) Write the important qualities of a good counsellor.

Or

- (b) Describe the characteristics of personalizing in counselling.

12. (a) Discuss the steps involved in micro skill model.

Or

- (b) Explain the applications of counselling in various field.

13. (a) Write an account of helping skills.

Or

- (b) Explain the need of observing the body language.

14. (a) Explain the types of problem situation.

Or

- (b) Discuss the importance of reframing.

15. (a) Discuss the importance of physicals attending.

Or

- (b) Explain the SMART goals in counselling.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Discuss the micro model steps one and two.

Or

- (b) Explain the kinds of response as per ego state.

17. (a) Explain the problem solving techniques and strategies in counselling.

Or

(b) Discuss the negative feelings and suggest ways to control them.

18. (a) Explain the evaluating process in micro skill model.

Or

(b) Enumerate the various levels of aspiration in counselling.

C-4076

Sub. Code

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M.Sc. DEGREE EXAMINATION

**COMMON FOR ALL M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION COURSES)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

First Semester

PSYCHOLOGICAL ASSESSMENT

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. List the types of assessment.
2. Define level of aspiration.
3. What is meant by psychological testing?
4. Define self Esteem.
5. Write an account on problem solving ability test.
6. What is academic self concept?
7. Give two examples for batteries.

8. What is personality?
9. List the electronic applications of testing.
10. Expand IPA-fisher.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Discuss the objectives of psychological testing.

Or

- (b) Explain the characteristics of FIRO-B.

12. (a) Discuss the life orientation scale.

Or

- (b) Describe the automatic applications in psychological testing.

13. (a) Discuss the psychological issues in testing.

Or

- (b) Enumerate the skills involved in test administration.

14. (a) What is socio gram? State the importance of socio gram.

Or

- (b) Discuss the issues in psychological testing.

15. (a) Explain the role of academic resilience scale.

Or

- (b) Briefly explain cultural sensitivity in test administration.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Discuss the types of psychological assessment and its significance.

Or

- (b) Discuss the Rosenberg's self-Esteem scale.

17. (a) Describe the vocational interest scales and Job satisfaction scales.

Or

- (b) Explain Attachment styles Questionnaire and adjustment inventory.

18. (a) Describe the Ethical and professional standard for tests in counselling.

Or

- (b) Give a detailed account on conflict management.

C-4077

Sub. Code

97521/

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**M.Sc. DEGREE EXAMINATION
COMMON FOR M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Second Semester

LIFE SPAN PSYCHOLOGY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by perception?
2. Define life span psychology.
3. How can we promote positive behaviour?
4. State the meaning of physical development of childhood.
5. What do you mean by moral development?
6. Write the components of aging.
7. List out the dimensions of developmental psychology.

8. Explain the language development in childhood.
9. Write the learning disabilities of child.
10. Write the characteristics of early childhood.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Elucidate the psychosocial development during infancy period.

Or

- (b) Discuss the cognitive development in childhood.
12. (a) Discuss the important problems of adolescence and how parents and teacher could help adolescents to overcome their problems.

Or

- (b) Write the issues and challenges during adulthood.
13. (a) Make a detailed account on Erikson development theory.

Or

- (b) Explain successful aging and their characteristics of aging.
14. (a) Elucidate the resiliency in adolescence.

Or

- (b) Describe the stages of development during infancy.
15. (a) How can you develop positive behaviour?

Or

- (b) Discuss the role of stress in childhood.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Elaborate the developmental stages in adolescence.

Or

- (b) Explain the developmental theory of Abraham Maslow.

17. (a) Elucidate the psycho-social development during childhood.

Or

- (b) Enumerate the cognitive development during infancy.

18. (a) Discuss the stages of personality development in adulthood.

Or

- (b) Explain the learning disabilities faced during childhood and its remedial measures.

C-4078

Sub. Code

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**M.Sc. DEGREE EXAMINATION
COMMON FOR M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Second Semester

PSYCHOPATHOLOGY – I

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is meant by psychosis?
2. Give an account of Neurosis.
3. Write the meaning of anxiety disorder.
4. What are the causes for acute trees?
5. State the definition of unipolar.
6. Write the symptoms of psychotic disorder.

7. Give an account of behaviour therapy.
8. Write the importance of Mental status examination.
9. Explain DMSV.
10. List out the symptoms of Delusional disorder.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Explain the disorder of thought process and memory.

Or

- (b) Make a detailed account of psychosis and neurosis.

12. (a) Elucidate the post traumatic stress disorder.

Or

- (b) Describe the symptoms of agoraphobia.

13. (a) Write the types of mood disorder.

Or

- (b) Elaborate the treatment of Schizophrenia.

14. (a) Discuss the treatment for cyclothymic disorder.

Or

- (b) Explain psychotic disorder and its treatment.

15. (a) Elucidate the interpersonal therapy.

Or

- (b) Explain the treatment for pharmacotherapy.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain selective Mutism. How do you treat a child with selective Mutism?

Or

- (b) Describe the causes symptoms and treatment for Bipolar mood disorders.

17. (a) Explain the clinical aspects of generalized anxiety disorder.

Or

- (b) Elucidate the Dysthymic disorder and its treatment.

18. (a) Discuss the Kurt Schneider's first rank symptoms of Schizophrenia.

Or

- (b) Enumerate the cognitive behavioural therapy for Anxiety.

C-4079

Sub. Code

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**Common for M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Second Semester

SCHOOLS OF PSYCHOTHERAPY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is reality therapy?
2. List out the techniques of cognitive therapy.
3. What is the meaning of humanistic psychotherapy?
4. State the theory of Rollo Rsay.
5. Explain the need of person-centered counselling.
6. Give an account of primal integration counselling.

7. Define behavioural psychotherapy.
8. List out the characteristics of cognitive psychotherapy.
9. Explain Feminist therapy.
10. Give an account of modern approaches.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Discuss the elements of ego psychology.

Or

- (b) Explain the object relation theory.

12. (a) Elucidate the classical conditioning of Ivan Pavlov.

Or

- (b) Discuss the rational emotive behaviour therapy.

13. (a) Write the importance of primal integration counselling.

Or

- (b) Elaborate the humanistic psychotherapy

14. (a) Explain the stages of social learning theory.

Or

- (b) Elucidate the personal construct counselling.

15. (a) Describe the need and importance of positive psychology.

Or

- (b) Explain the concept of narrative therapy.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the psychoanalytic therapy of Freud.

Or

- (b) Discuss the operant reinforcement theory.

17. (a) Elaborate the Aaron Beck's cognitive behavioural therapy.

Or

- (b) Discuss about interpersonal psychotherapy.

18. (a) Explain the cognitive behaviour modification.

Or

- (b) Explain the various application and technique of counselling.

C-4080

Sub. Code

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**M.Sc. DEGREE EXAMINATION
COMMON FOR M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Second Semester

THEORIES OF PERSONALITY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define personality.
2. What do you mean by archetype?
3. State the familiar social psychological theories of personality.
4. What is neurosis?
5. Mention the dynamics of personality according to all port.
6. What are temperament traits?

7. Write Maslow's assumptions about human nature.
8. List the hierarchy of needs given by Maslow.
9. Write the schedules of re-inforcement.
10. Write the difference between stimulus generalization and discrimination.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Describe the development of personality according by Sigmund Freud.

Or

- (b) Describe the stages of development of personality according to Jung.

12. (a) Explain Fictional finalism.

Or

- (b) Explain the role of creative self.

13. (a) Explain the structure of personality as proposed by Allport.

Or

- (b) Analyze the influence of heredity and environment in the development of personality.

14. (a) Why is Maslow's hierarchy of needs important today?

Or

- (b) Comment on the concept of organism and self.

15. (a) Enumerate the principles of observational learning.

Or

(b) Discuss the various applications to therapy.

Part C (3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain Carl Jung's Analytic theory.

Or

(b) Elaborate Erik Erikson's psychosocial theory of development.

17. (a) Explain Catell's factor analytic trait theory.

Or

(b) Discuss Roger's person centered theory.

18. (a) Compare classical conditioning and operant conditioning.

Or

(b) Elaborate Bandura's social learning theory.

C-4091

Sub. Code

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M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (SPECIALIZATION)
APRIL 2021 EXAMINATION
&
APRIL 2020 ARREAR EXAMINATION

Fourth Semester

POSITIVE PSYCHOLOGY

(Common for M.Sc.)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is positive psychology?
2. State the developmental aspects of positive psychology.
3. Define well being.
4. What are the traditions of well-being?
5. What do you mean by gratitude?
6. Define Resilience.
7. Give a note on 'pre-birth'.

8. What is ingenuity?
9. Write about contemplation.
10. What do you mean by life?

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) Write about brief history of positive psychology.

Or

- (b) Write the contributions of Humanistic psychologists.

12. (a) Differentiate the Hedonic from Eudaimonic.

Or

- (b) What are the difference between individual well-being and collective well-being?

13. (a) Briefly discuss about the hope.

Or

- (b) Give the importance of Altruism.

14. (a) Give a note on infancy.

Or

- (b) Write about the 'imagination'.

15. (a) Briefly discuss about the mature adulthood.

Or

- (b) Give a note on late adulthood.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) List out the three Pillars of positive psychology and explain it.

Or

- (b) Write the characteristics of positive psychology.

17. (a) Discuss the perspective of well-being.

Or

- (b) Describe the holistic view of well-being.

18. (a) Elaborate the 12 stages of life.

Or

- (b) Write the role of positive psychology in counselling and psychotherapy.

C-4092

Sub. Code

97544

**M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY COUNS. & PSY.
(SPECIALIZATION)**

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Fourth Semester

**COUNSELLING AND PSYCHOTHERAPY IN
SITUATIONAL ISSUES**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What are the goals of premarital preparation?
2. What are the characteristics of coupling?
3. What do you mean by psycho analytic counselling?
4. What are the stages of marital conflicts?
5. Write short note sickness in hospital settings.
6. Write the concept of counsellors in the context of death.
7. What is meant by suicidal intent?

8. Write short notes on alcoholic games.
9. What do you mean by acute stress disorders?
10. Write the concept of natural catastrophes.

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) Discuss “Marriage as a social system”.

Or

- (b) Write the concept of “counselling the engaged”.

12. (a) Explain the structural family counselling of Salvador Minuchin.

Or

- (b) Describe the fear of dying.

13. (a) Explain the counsellor’s intervention in grief.

Or

- (b) Describe the addictive personality.

14. (a) Discuss the trigger stimulus.

Or

- (b) Discuss the vehicular accidents.

15. (a) Explain the concept of war and combat.

Or

- (b) Describe the cognitive –behavioural counselling.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Explain Elizabeth Kubler-Ross stage theory.

Or

- (b) Describe the premarital counselling.

17. (a) Explain counselling of Virginia Satir and Carl Whitakes.

Or

- (b) Discuss the concept of counselling the bereaved.

18. (a) Explain counselling the substance abusers.

Or

- (b) Describe the post traumatic stress disorders.

C-4093

Sub. Code

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M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (S)/COUNS. AND PSY.
APRIL 2021 EXAMINATION
&
APRIL 2020 ARREAR EXAMINATION

Fourth Semester

**INTEGRATIVE TECHNIQUES IN COUNSELLING AND
PSYCHOTHERAPY**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define biological integration.
2. Write a short note on cultural richness in eastern perspective.
3. What do you mean by muttras?
4. List out the breathing techniques in pranayama.
5. Write the psycho spiritual practices.
6. What are the types of cases in case study?
7. Define cultural richness.

8. List out the advantages of yogic practices.
9. What do you mean by Indian specificity?
10. Write a short note on lessons learnt.

Part B

(5 × 5 = 25)

Answer **all** questions by choosing either (a) or (b).

11. (a) Explain the history of integrative approach.

Or

- (b) Describe the cultural richness in western perspective.

12. (a) Discuss the role of psycho spirituality in well being.

Or

- (b) Describe the Arnold model dimensions of integrative approach.

13. (a) Explain the role of rituals in well being.

Or

- (b) Write the awareness programs of Indian healing practices.

14. (a) Discuss mindfulness in yogic practice.

Or

- (b) Explain the application techniques in integrative approach.

15. (a) What are the relevance of integrative approaches in Indian context?

Or

- (b) Explain the breathing techniques pranayama.

Part C (3 × 10 = 30)

Answer **all** questions by choosing either (a) or (b).

16. (a) Explain the role and functions of integrative approach.

Or

- (b) Discuss the uses and specificity of cultural richness.

17. (a) Describe the psychological application of yogic principles.

Or

- (b) Explain the Indian traditions and richness of Indian tradition.

18. (a) Discuss the Robert Assagioli psycho synthesis therapy.

Or

- (b) Describe the various types of case studies.
