

C-4095

Sub. Code

97645

M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (S)/CLINI. PSY.
APRIL 2021 EXAMINATION
&
APRIL 2020 ARREAR EXAMINATION
Fourth Semester
BEHAVIOURAL THERAPIES
(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define human behaviour.
2. What is behaviour therapy?
3. Write a short note on application of operant conditioning.
4. List out the principles of classical conditioning.
5. What do you mean by reinforcement?
6. Write a short note on nervous system.
7. List out the therapeutic techniques.
8. What is NLP?

9. What do you mean by swish?
10. Explain VKD.

Part B

(5 × 5 = 25)

Answer **all** questions by choosing either (a) or (b).

11. (a) Explain the psychological basis of behaviour.

Or

- (b) Discuss the principles of instrumental conditioning.

12. (a) Describe the behavior as environmental consequences.

Or

- (b) Explain the theory of John W.B. Watson.

13. (a) Describe Arnold A. Lazarus behaviour therapy.

Or

- (b) Discuss the neuro linguistics programming.

14. (a) Explain the exposure techniques.

Or

- (b) Discuss how one who can change their personal history.

15. (a) Describe the systematic desensitization.

Or

- (b) Explain the cognitive behavioural play therapy.

Part C

(3 × 10 = 30)

Answer **all** questions by choosing either (a) or (b).

16. (a) Discuss the behavioural modification techniques.

Or

- (b) Explain the implosive therapy.

17. (a) Describe classical conditioning.

Or

- (b) Discuss voluntary and involuntary behaviour.

18. (a) Explain the self management programming.

Or

- (b) Discuss imagery based exposure.
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M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (SPECIALIZATION)
CLINICAL PSYCHOLOGY
APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Fourth Semester

ASSESSMENT IN CLINICAL SETTING

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define – assessment.
2. List out the objectives of assessment in clinical setting.
3. What is risk assessment instrument?
4. Write a note on psycho pathological profile.
5. List down the reasons for anxiety.
6. What is meant by self-efficacy?
7. Write about EPQ.

8. What is standard progressive matrix?
9. What are the benefits of rehabilitation?
10. What is meant by fantasy reconditioning?

Part B

(5 × 5 = 25)

Answer **all** questions by choosing either (a) or (b).

11. (a) How do you clinically assess a patient?

Or

- (b) Briefly explain the different types of disorders.

12. (a) Explain the types of assessment strategies in clinical setting.

Or

- (b) Discuss the term lip maps.

13. (a) Define attitude. How will you measure attitude?

Or

- (b) Describe the treatment techniques in Beck's hospital for anxiety.

14. (a) Explain the techniques of assessing personality disorders.

Or

- (b) Describe Wechsler adult intelligent test.

15. (a) Write a note on anger management.

Or

(b) State the importance of mood management in clinical setting.

Part C (3 × 10 = 30)

Answer **all** questions by choosing either (a) or (b).

16. (a) Describe the significance of case study in clinical setting.

Or

(b) Give an account of interview based on grounded theory methodology.

17. (a) Give a brief note on self-efficacy scale.

Or

(b) Describe the Eysenk personality questionnaire.

18. (a) Write an essay on philosophical and legal aspects of rehabilitation.

Or

(b) Describe the strong interest inventory.
