

C-5312

Sub. Code

**97512/97612/
97712/97812**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

First Semester

Applied : Psychology (Specialization)

THEORIES OF COUNSELLING

(Common for all M.Sc. (Applied Psychology))

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is called Counselling?
2. Define – Guidance.
3. What do you mean by non directive model?
4. Write short note on Eclectic model.
5. What is Barefoot Counselling?
6. List down the multicultural issues in Counselling.
7. What are the qualities of good Counsellor?
8. Write a note on Immediacy.
9. List out the benefits of Supervision.
10. What is Log model?

Part B

(5 × 5 = 25)

Answer **all** questions by choosing either (a) or (b).

11. (a) Discuss between guidance and Counselling.

Or

- (b) Enumerate the objectives of Counselling.

12. (a) Explain the implications of skilled Helper model.

Or

- (b) Enumerate the Micro-Skill model.

13. (a) State the importance of cultural sensitivity in the practice of Counselling.

Or

- (b) How is Counselling important in India?

14. (a) Explain the importance of Self-Care.

Or

- (b) Highlight the challenges in multicultural Counselling.

15. (a) Enumerate the importance of verbatim model.

Or

- (b) Explain the importance of mentoring in Counselling.

Part C

(3 × 10 = 30)

Answer **all** questions by choosing either (a) or (b).

16. (a) Describe the principles of Counselling and Psychotherapy.

Or

- (b) Explain Psycho-analytic model of Freud in Counselling.

17. (a) Give a detailed note on Records used in Counselling and Psychotherapy.

Or

- (b) Analyse the role of Supervision in Counselling.

18. (a) Explain the characteristics and skills of good Counsellor.

Or

- (b) Describe the significance of Reading Reaction Report.

C-5311

Sub. Code

**97511/97611/
97711/97811**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

First Semester

Applied Psychology (Specialization) Courses

FUNDAMENTALS OF PSYCHOLOGY

(Common for all M.Sc. Applied Psychology)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is Heredity?
2. What do you mean by science of psychology?
3. Give the determinants of attention.
4. Write short note on Extra-Sensory perception.
5. What is the meaning of thinking?
6. Define intelligence.
7. Give the implications of incentive theory.
8. What are the biological motives?
9. What is called individual differences?
10. What are the physiological needs?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) What short note on the sensory system.

Or

- (b) Write short note on errors in perception.

12. (a) Why decision making is important? Explain.

Or

- (b) Enumerate the arousal theory of motivation.

13. (a) Enumerate the pro-social behaviour.

Or

- (b) Write short note on the scope of psychology.

14. (a) Explain the types of attention.

Or

- (b) What are the aptitude and its important?

15. (a) Discuss the motives and behaviour.

Or

- (b) Explain Albert Bandura's social learning theory.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain Freud's psychoanalytic theory in the light of personality development.

Or

- (b) Define emotion and explain its theories.

17. (a) Express your views on the impact of heredity and environment in human behaviour.

Or

(b) Enumerate the theories of memory.

18. (a) Compare and contrast classical conditioning vs operant conditioning.

Or

(b) Elaborate instinct and drive theories.

C-5313

Sub. Code

**97513/97613/
97713/97813**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

First Semester

Applied Psychology

SKILLS OF COUNSELLING

**(Common for all M.Sc. (Applied Psychology)
specialization courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define eye scanning.
2. List the types of problem situation.
3. Define Micro Skill Models.
4. What is SMART?
5. Give an account on expression.
6. State the importance of counselling.
7. Write note on reference framing.
8. What do you mean by Insight?
9. What does 'reflect the feeling' n counselling mean?
10. Write the purpose of calibration.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the process of counselling.

Or

- (b) Discuss the responsibilities of effective counsellor.

12. (a) Write the importance of skill model.

Or

- (b) Discuss the concept 'Paraphrasing response'.

13. (a) Write the characteristics of alternative form of reference.

Or

- (b) Discuss the role of insight in counselling.

14. (a) Explain the action programmes in counselling.

Or

- (b) Discuss the kinds of responses as per EISPU.

15. (a) Discuss the various skills of counselling.

Or

- (b) Write an account on responding.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Discuss the clients' needs and issues in counselling.

Or

- (b) Explain the micro skill model step 3 & 4.

17. (a) Discuss the role of review and synthesis.

Or

- (b) Explain the problem solving techniques and its intervention in counselling.

18. (a) Explain the SMART goals in counselling.

Or

- (b) Discuss the behavioural strategies and techniques in counselling.
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C-5314

Sub. Code

**97514/97614/
97714/97814**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

First Semester

Applied Psychology

PSYCHOLOGICAL ASSESSMENT

**(Common for all M.Sc. (Applied Psychology)
specialization courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define : Psychological assessment.
2. What are the types of psychological assessment?
3. Distinguish between scales and batteries.
4. What is scale in psychological assessment?
5. What are the uses of rating scale?
6. State the scoring procedure for Rosenberg self esteem scale.
7. What is sociogram?
8. Bringout the uses of adjustment inventory.

9. Give the need of job satisfaction scale.
10. What are the uses of life orientation scale?

Part B (5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Describe the importance of psychological testing.

Or

- (b) Explain the skills involved in test administration..

12. (a) Write short note on ISAC.

Or

- (b) Explain the attachment styles questionnaire.

13. (a) Describe the problem solving ability test.

Or

- (b) Explain the history of psychological testing.

14. (a) Explain the role of MSE.

Or

- (b) Explain the self concept rating scale.

15. (a) Distinguish between Sociogram and Strokogram.

Or

- (b) Write short note on vocational interest scale.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Describe the types of assessment.

Or

- (b) Enumerate the types of tests, scales and batteries.

17. (a) Enumerate the Eysenck personality questionnaire – Revised.

Or

- (b) Describe IPA – Fischer.

18. (a) Explain the levels of Aspiration.

Or

- (b) Describe the importance of job satisfaction.
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C-2393

Sub. Code

97521/97621/ 97721/97821

M.Sc., DEGREE EXAMINATION, NOVEMBER 2021

Second Semester

LIFE-SPAN PSYCHOLOGY

**[Common for all M.Sc.,[Applied
Psychology]Specialization Courses]**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. List out the dimensions of developmental psychology.
2. What do you understand by the term life span psychology.
3. State the important features of emotional development in infancy.
4. Mention the diversity in care giving context in childhood.
5. Write the significance of language development in childhood.
6. What do you mean by social development?
7. Define Resiliency.
8. Write a short note on health awareness in adolescence.
9. What do you mean by successful aging?
10. Mention the intellectual development in adulthood.

Part B**(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) Describe Jean piaget's developmental theory.

Or

- (b) Describe the foundations of development across the life span applied developmental science.

12. (a) Explain stress and emotion in the early childhood.

Or

- (b) Discuss the physical development in infancy stage.

13. (a) Elucidate the social relationship in middle childhood.

Or

- (b) Explain the cultural context of childhood development.

14. (a) Evaluate the positive Behaviour and problem Behaviour of adolescence.

Or

- (b) Explain the relationship with parents and peers in adolescence.

15. (a) Discuss the disabilities in old age.

Or

- (b) Explain the development in adulthood and old age.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain Abraham Maslow's developmental theory.

Or

- (b) Elaborate the theory of Lawrence Kohlberg.

17. (a) Discuss the cognitive development in infancy.

Or

- (b) Describe the personality development in Childhood.

18. (a) Explain the importance concerns in moral development of adolescence.

Or

- (b) Describe the applied developmental science of positive human development.

C-2394

Sub. Code

97522/97622/ 97722/97822

M.Sc., DEGREE EXAMINATION, NOVEMBER 2021

Second Semester

**[Common for all (Applied Psychology) Specialization
Courses]**

PSYCHOPATHOLOGY-I

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What are the causes of abnormal Behaviour?
2. What is Psychosis?
3. Define the term 'Affective Disorder'.
4. Analyse the dimensions of Memory.
5. What is meant by selective mutism?
6. Mention the stigma associated with anxiety disorder.
7. What is meant by delusion?
8. How is addictive disorder treated?
9. What is Psychodynamics?
10. Analyse the symptoms of Schizophrenia.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) What are perceptual disorders? State the various treatment of perceptual disorders.

Or

- (b) Analyse the causes of Induced Anxiety Disorder.

12. (a) What is acute stress disorder? Explain the causes of acute stress in human population.

Or

- (b) Explain the psychotherapeutic treatment in treating separation Anxiety Disorder.

13. (a) Elaborate the diagnostic methods to identify dysthnic disorder.

Or

- (b) Describe the types of substance abuse disorders.

14. (a) What are the causes of orgasmic disorder ?State the therapeutic treatment method.

Or

- (b) Explain the various strategic to control mood disorder.

15. (a) Write a note on cognitive Behaviour therapy.

Or

- (b) Mention the diagnostic process of psychotic disorders.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the various types of dissociative disorder.

Or

- (b) Explain the modern approaches to psychopathology.

17. (a) Explain the need and scope of mental states examination in psychological treatment.

Or

- (b) Analyse the causes of bipolar mood disorders.

18. (a) Enumerate the diagnostic steps and treatment of schizoid personality disorder.

Or

- (b) Bring out the psychotherapeutic treatment of eating disorders.

C-2395

Sub. Code

97523/97623/ 97723/97823

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

Second Semester

SCHOOLS OF PSYCHOTHERAPY

**(Common for all M.Sc., (Applied
Psychology) Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Psychotherapy.
2. What do you mean by ego psychology?
3. Write a short note on reality therapy.
4. What are the uses of Behaviour therapy?
5. Mention the stages of cognitive Behaviour modification.
6. What do you mean by logo therapy?
7. List out the uses of Roger's theory.
8. Define positive psychology.
9. What are the characteristics of psychological well being?
10. Define cognitive Behaviour.

Part B**(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain psycho-analytic therapy.

Or

- (b) Discuss the contemporary psychodynamic therapies.

12. (a) Discuss the Rational Emotive Behavior therapy.

Or

- (b) Describe Bandura's social learning theories.

13. (a) Explain Albert Ellis Rational Emotive Behaviour Therapy.

Or

- (b) Discuss Donald Meichenbaum's Cognitive Behaviour modification.

14. (a) Describe the transactional analysis of Eric Berne.

Or

- (b) Explain person centred Counselling and Psychotherapy.

15. (a) Elucidate the techniques of feminist therapy.

Or

- (b) Discuss the solution focussed brief therapy.

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) Explain analytic psychotherapy.

Or

(b) Discuss Ivan Pavlov's Classical conditioning theory.

17. (a) Elaborate personal construct counseling and psychotherapy .

Or

(b) Explain family system therapy of Murry Bowen.

18. (a) Discuss positive psychology and well being approach to psychotherapy.

Or

(b) Explain humanistic –existential psychotherapy.

C-2396

Sub. Code

**97524/97624/
97724/97824**

M.Sc. DEGREE EXAMINATION, NOVEMBER 2021

Second Semester

THEORIES OF PERSONALITY

**(Common for all M.Sc.,(Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by the concept of personality?
2. Define psychic Energy.
3. What do you infer from the term 'Creative Self'?
4. Name the stages of development as per Erikson's theory of psycho social development.
5. State the factors influencing the development of personality according to Catell's theory.
6. What is meant by functional autonomy?
7. Write Maslow's perception of organism and self.
8. Interpret congruence and incongruence in the structure of personality.

9. What do you mean by 'Self-Efficacy'?
10. List the principles of observational learning.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the psycho dynamics of personality according to Freud.

Or

- (b) Describe the transcendent function of personality.

12. (a) Describe neurosis.

Or

- (b) Analyze the new conception of ego.

13. (a) Discuss the integration of maturation and learning in development of personality.

Or

- (b) Explain Raymod Catell's theory and uses.

14. (a) Differentiate classical conditioning from operant conditioning.

Or

- (b) Describe Maslow's Hierarcy of needs.

15. (a) Describe Carl Roger's person centered theory.

Or

- (b) Explain the self system.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the functions and interactions among the systems of personality.

Or

- (b) Elucidate the structure of personality described in analytical theory.

17. (a) Discuss Eriksn's Psychosocial theory of development.

Or

- (b) Explain the structure and dynamics of personality according to Allport.

18. (a) Discuss the social learning theory of Albert Bandura.

Or

- (b) Elaborate the strategies to promote the self-efficacy.

C-4081

Sub. Code

97531/

97631/

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**M.Sc. DEGREE EXAMINATION
COMMON FOR M.Sc. APPLIED PSYCHOLOGY
(SPECIALIZATION)
NOVEMBER 2021 EXAMINATION**

Third Semester

RESEARCH METHODOLOGY

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is research?
2. Write short note on action research.
3. Define hypothesis.
4. What do you mean by operational definition?
5. Give the meanings of secondary data.
6. What is sampling error?
7. Write the meaning of statistics.

8. Define standard deviation.
9. State any three objectives of research report.
10. Give a note on footnotes.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Explain the research ethics.

Or

(b) Write the process of research.
12. (a) How will you identify the research problem?

Or

(b) Bring out the role of reviews of literature.
13. (a) Discuss about the tools in data collection.

Or

(b) What are the types of questionnaire? Explain.
14. (a) Give a note on measures of central tendency.

Or

(b) Write about the application and uses of Chi-square.
15. (a) Explain the types of research reporting.

Or

(b) How will you prepare an abstract?

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Elaborate the types of research.

Or

(b) Describe the scope of research in counselling and psychotherapy.

17. (a) Explain steps involved in the formulation of research problem.

Or

(b) Describe the methods of collecting data in research.

18. (a) Illustrate the scaling techniques in research.

Or

(b) Briefly explain the planning and organization of research in counselling areas.

C-4082

Sub. Code

97532/

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97732/

97832

**M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (SPECIALIZATION)
NOVEMBER 2021 EXAMINATION**

Third Semester

EMOTIONAL COMPETENCY

(Common for M.Sc.)

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define emotion.
2. What are the basis components of emotion?
3. What is called anxiety?
4. List out the functions of emotions.
5. How can we overcome specific undeserved offences?
6. What is Boundary?
7. Mention the techniques to over come sadness.
8. Give the state the self focus in sadness.

9. Define emotional maturity.
10. What is emotional quotient?

Part B (5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Enumerate the characteristics of emotions.
Or
(b) Describe the classification of emotions.
12. (a) Give the relationship between fear and other emotions.
Or
(b) Enumerate the traumatic incident reduction therapy.
13. (a) Discuss the concrete threat in anger.
Or
(b) Explain the motivational component of anger management
14. (a) Explain the impact of sadness.
Or
(b) Enumerate the state of self focus in sadness.
15. (a) Enumerate the positive emotions.
Or
(b) Write note on the various techniques of testing EQ.

Part C (3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) What are emotions? Describe the functions of emotions.

Or

(b) Enumerate the techniques in handling emotions.

17. (a) Explain the significance of blame worthiness.

Or

(b) How will you handle sadness effectively? Explain.

18. (a) What do you mean by fear? And explain the object of fear.

Or

(b) Describe the Happiness emotional quotient.

C-4087

Sub. Code

97734

M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (SPECIALIZATION)
(EDUCATIONAL PSYCHOLOGY)
NOVEMBER 2021 EXAMINATION

Third Semester

**CHILDHOOD DISORDERS AND LEARNING
DISABILITIES**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write the components of childhood disorder.
2. What do you mean by physical development?
3. List the problems faced during childhood.
4. Write the meaning of Aphasia.
5. Mention the types of learning disabilities.
6. State the reason for acting behaviour.
7. Define dementia.
8. What do you mean by Alogia?
9. What is family therapy?
10. Write note on sleep talk.

Part B

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Write a detailed account of Amnesia disorder.

Or

- (b) Explain the development stages during childhood.

12. (a) Discuss Agnosia with its symptoms and treatment.

Or

- (b) Discuss the clinical perspective of Autism.

13. (a) Describe the characteristics of dementia.

Or

- (b) Discuss the role of behaviour therapy in treating childhood disorder.

14. (a) Explain the causes of acting out behaviour.

Or

- (b) Examine the symptoms and treatment given to Delinium.

15. (a) Write in detail about the cognitive perspectives of childhood disorder.

Or

- (b) Discuss the diagnostic tools for childhood disorder.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the cognitive development stages of Piaget.

Or

(b) Discuss the symptoms and treatment for learning disabilities.

17. (a) Explain in detail about ADHD.

Or

(b) Discuss the various problems in childhood related to sleep.

18. (a) Discuss the psycho dynamic approach.

Or

(b) Describe Autism Spectrum disorder.

C-4088

Sub. Code

97735

M.Sc. DEGREE EXAMINATION
APPLIED PSYCHOLOGY (EDUCATIONAL
PSYCHOLOGY) (SPECIALISATION)
NOVEMBER 2021 EXAMINATION

Third Semester

EXPRESSIVE ART THERAPIES - I

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is called expressive art therapy?
2. List down the benefits of expressive art therapy.
3. Write down the limitations of expression art therapy.
4. How expressive art therapy connects the mind and body?
5. Write down any four types of expressive art therapy.
6. What do you mean by integrated art?
7. Write about mindfulness.
8. List out the art therapy applicants.
9. What do you mean by clinical applicants of expressive art therapy?

10. What is called narrative therapy?

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) Explain about expressive art therapy.

Or

(b) Describe the expressive art therapy as a diagnostic tool.

12. (a) Examine the role of expressive art therapies.

Or

(b) Briefly explain the self expression and active participation in expressive art therapy.

13. (a) How collages play a role in art therapy?

Or

(b) Explain the term psychodrama.

14. (a) Design two warm up exercises for expressive art therapy.

Or

(b) Briefly explain the process of expressive art therapy.

15. (a) How clinical applications of expressive art therapy?

Or

(b) Discuss the role of art therapy in treatment.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Explain the history and functions of American art therapy association.

Or

- (b) Explain the unique characteristics of expressive art therapy.

17. (a) Discuss the following briefly:

- (i) Music therapy
- (ii) Movement therapy
- (iii) Poetry therapy
- (iv) Movie therapy.

Or

- (b) Explain the Eugene Gandlin's focusing with art therapy.

18. (a) Enumerate the clinical applications of expressive arts therapy.

Or

- (b) What is Biblio therapy? Explain its role in art therapy.
