

**C-5311**

**Sub. Code**

**97511/97611/  
97711/97811**

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

**First Semester**

**Applied Psychology (Specialization) Courses**

**FUNDAMENTALS OF PSYCHOLOGY**

**(Common for all M.Sc. Applied Psychology)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

**(10 × 2 = 20)**

Answer **all** questions.

1. What is Heredity?
2. What do you mean by science of psychology?
3. Give the determinants of attention.
4. Write short note on Extra-Sensory perception.
5. What is the meaning of thinking?
6. Define intelligence.
7. Give the implications of incentive theory.
8. What are the biological motives?
9. What is called individual differences?
10. What are the physiological needs?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) What short note on the sensory system.

Or

- (b) Write short note on errors in perception.

12. (a) Why decision making is important? Explain.

Or

- (b) Enumerate the arousal theory of motivation.

13. (a) Enumerate the pro-social behaviour.

Or

- (b) Write short note on the scope of psychology.

14. (a) Explain the types of attention.

Or

- (b) What are the aptitude and its important?

15. (a) Discuss the motives and behaviour.

Or

- (b) Explain Albert Bandura's social learning theory.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain Freud's psychoanalytic theory in the light of personality development.

Or

- (b) Define emotion and explain its theories.

17. (a) Express your views on the impact of heredity and environment in human behaviour.

Or

(b) Enumerate the theories of memory.

18. (a) Compare and contrast classical conditioning vs operant conditioning.

Or

(b) Elaborate instinct and drive theories.

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**C-5312**

**Sub. Code**

**97512/97612/  
97712/97812**

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

**First Semester**

**Applied : Psychology (Specialization)**

**THEORIES OF COUNSELLING**

**(Common for all M.Sc. (Applied Psychology))**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is called Counselling?
2. Define – Guidance.
3. What do you mean by non directive model?
4. Write short note on Eclectic model.
5. What is Barefoot Counselling?
6. List down the multicultural issues in Counselling.
7. What are the qualities of good Counsellor?
8. Write a note on Immediacy.
9. List out the benefits of Supervision.
10. What is Log model?

**Part B**

(5 × 5 = 25)

Answer **all** questions by choosing either (a) or (b).

11. (a) Discuss between guidance and Counselling.

Or

- (b) Enumerate the objectives of Counselling.

12. (a) Explain the implications of skilled Helper model.

Or

- (b) Enumerate the Micro-Skill model.

13. (a) State the importance of cultural sensitivity in the practice of Counselling.

Or

- (b) How is Counselling important in India?

14. (a) Explain the importance of Self-Care.

Or

- (b) Highlight the challenges in multicultural Counselling.

15. (a) Enumerate the importance of verbatim model.

Or

- (b) Explain the importance of mentoring in Counselling.

**Part C**

(3 × 10 = 30)

Answer **all** questions by choosing either (a) or (b).

16. (a) Describe the principles of Counselling and Psychotherapy.

Or

- (b) Explain Psycho-analytic model of Freud in Counselling.

17. (a) Give a detailed note on Records used in Counselling and Psychotherapy.

Or

- (b) Analyse the role of Supervision in Counselling.

18. (a) Explain the characteristics and skills of good Counsellor.

Or

- (b) Describe the significance of Reading Reaction Report.

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**C-5313**

**Sub. Code**

**97513/97613/  
97713/97813**

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

**First Semester**

**Applied Psychology**

**SKILLS OF COUNSELLING**

**(Common for all M.Sc. (Applied Psychology)  
specialization courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define eye scanning.
2. List the types of problem situation.
3. Define Micro Skill Models.
4. What is SMART?
5. Give an account on expression.
6. State the importance of counselling.
7. Write note on reference framing.
8. What do you mean by Insight?
9. What does 'reflect the feeling' n counselling mean?
10. Write the purpose of calibration.

**Part B**

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the process of counselling.

Or

- (b) Discuss the responsibilities of effective counsellor.

12. (a) Write the importance of skill model.

Or

- (b) Discuss the concept 'Paraphrasing response'.

13. (a) Write the characteristics of alternative form of reference.

Or

- (b) Discuss the role of insight in counselling.

14. (a) Explain the action programmes in counselling.

Or

- (b) Discuss the kinds of responses as per EISPU.

15. (a) Discuss the various skills of counselling.

Or

- (b) Write an account on responding.



**Part C**

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Discuss the clients' needs and issues in counselling.

Or

- (b) Explain the micro skill model step 3 & 4.

17. (a) Discuss the role of review and synthesis.

Or

- (b) Explain the problem solving techniques and its intervention in counselling.

18. (a) Explain the SMART goals in counselling.

Or

- (b) Discuss the behavioural strategies and techniques in counselling.
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**C-5314**

**Sub. Code**

**97514/97614/  
97714/97814**

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

**First Semester**

**Applied Psychology**

**PSYCHOLOGICAL ASSESSMENT**

**(Common for all M.Sc. (Applied Psychology)  
specialization courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define : Psychological assessment.
2. What are the types of psychological assessment?
3. Distinguish between scales and batteries.
4. What is scale in psychological assessment?
5. What are the uses of rating scale?
6. State the scoring procedure for Rosenberg self esteem scale.
7. What is sociogram?
8. Bringout the uses of adjustment inventory.

9. Give the need of job satisfaction scale.
10. What are the uses of life orientation scale?

**Part B**

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Describe the importance of psychological testing.

Or

- (b) Explain the skills involved in test administration..

12. (a) Write short note on ISAC.

Or

- (b) Explain the attachment styles questionnaire.

13. (a) Describe the problem solving ability test.

Or

- (b) Explain the history of psychological testing.

14. (a) Explain the role of MSE.

Or

- (b) Explain the self concept rating scale.

15. (a) Distinguish between Sociogram and Strokogram.

Or

- (b) Write short note on vocational interest scale.

**Part C**

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Describe the types of assessment.

Or

- (b) Enumerate the types of tests, scales and batteries.

17. (a) Enumerate the Eysenck personality questionnaire – Revised.

Or

- (b) Describe IPA – Fischer.

18. (a) Explain the levels of Aspiration.

Or

- (b) Describe the importance of job satisfaction.
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<b>C-2393</b>
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<b>Sub. Code</b>
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<b>97521/97621/ 97721/97821</b>
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**M.Sc., DEGREE EXAMINATION, NOVEMBER 2021**

**Second Semester**

**LIFE-SPAN PSYCHOLOGY**

**[Common for all M.Sc.,[Applied  
Psychology]Specialization Courses]**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. List out the dimensions of developmental psychology.
2. What do you understand by the term life span psychology.
3. State the important features of emotional development in infancy.
4. Mention the diversity in care giving context in childhood.
5. Write the significance of language development in childhood.
6. What do you mean by social development?
7. Define Resiliency.
8. Write a short note on health awareness in adolescence.
9. What do you mean by successful aging?
10. Mention the intellectual development in adulthood.

**Part B****(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) Describe Jean piaget's developmental theory.

Or

- (b) Describe the foundations of development across the life span applied developmental science.

12. (a) Explain stress and emotion in the early childhood.

Or

- (b) Discuss the physical development in infancy stage.

13. (a) Elucidate the social relationship in middle childhood.

Or

- (b) Explain the cultural context of childhood development.

14. (a) Evaluate the positive Behaviour and problem Behaviour of adolescence.

Or

- (b) Explain the relationship with parents and peers in adolescence.

15. (a) Discuss the disabilities in old age.

Or

- (b) Explain the development in adulthood and old age.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain Abraham Maslow's developmental theory.

Or

(b) Elaborate the theory of Lawrence Kohlberg.

17. (a) Discuss the cognitive development in infancy.

Or

(b) Describe the personality development in Childhood.

18. (a) Explain the importance concerns in moral development of adolescence.

Or

(b) Describe the applied developmental science of positive human development.

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<b>C-2394</b>
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<b>Sub. Code</b>
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<b>97522/97622/ 97722/97822</b>
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**M.Sc., DEGREE EXAMINATION, NOVEMBER 2021**

**Second Semester**

**[Common for all (Applied Psychology) Specialization  
Courses]**

**PSYCHOPATHOLOGY-I**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the causes of abnormal Behaviour?
2. What is Psychosis?
3. Define the term 'Affective Disorder'.
4. Analyse the dimensions of Memory.
5. What is meant by selective mutism?
6. Mention the stigma associated with anxiety disorder.
7. What is meant by delusion?
8. How is addictive disorder treated?
9. What is Psychodynamics?
10. Analyse the symptoms of Schizophrenia.



**Part B****(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) What are perceptual disorders? State the various treatment of perceptual disorders.

Or

- (b) Analyse the causes of Induced Anxiety Disorder.

12. (a) What is acute stress disorder? Explain the causes of acute stress in human population.

Or

- (b) Explain the psychotherapeutic treatment in treating separation Anxiety Disorder.

13. (a) Elaborate the diagnostic methods to identify dysthnic disorder.

Or

- (b) Describe the types of substance abuse disorders.

14. (a) What are the causes of orgasmic disorder ?State the therapeutic treatment method.

Or

- (b) Explain the various strategic to control mood disorder.

15. (a) Write a note on cognitive Behaviour therapy.

Or

- (b) Mention the diagnostic process of psychotic disorders.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the various types of dissociative disorder.

Or

- (b) Explain the modern approaches to psychopathology.

17. (a) Explain the need and scope of mental states examination in psychological treatment.

Or

- (b) Analyse the causes of bipolar mood disorders.

18. (a) Enumerate the diagnostic steps and treatment of schizoid personality disorder.

Or

- (b) Bring out the psychotherapeutic treatment of eating disorders.

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<b>C-2395</b>
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<b>Sub. Code</b>
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<b>97523/97623/ 97723/97823</b>
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**M.Sc. DEGREE EXAMINATION,NOVEMBER 2021**

**Second Semester**

**SCHOOLS OF PSYCHOTHERAPY**

**(Common for all M.Sc.,(Applied  
Psychology)Specialization Courses)**

**( 2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

**(10 × 2 = 20)**

Answer **all** questions.

1. Define Psychotherapy.
2. What do you mean by ego psychology?
3. Write a short note on reality therapy.
4. What are the uses of Behaviour therapy?
5. Mention the stages of cognitive Behaviour modification.
6. What do you mean by logo therapy?
7. List out the uses of Roger's theory.
8. Define positive psychology.
9. What are the characteristics of psychological well being?
10. Define cognitive Behaviour.

**Part B****(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain psycho-analytic therapy.

Or

- (b) Discuss the contemporary psychodynamic therapies.

12. (a) Discuss the Rational Emotive Behavior therapy.

Or

- (b) Describe Bandura's social learning theories.

13. (a) Explain Albert Ellis Rational Emotive Behaviour Therapy.

Or

- (b) Discuss Donald Meichenbaum's Cognitive Behaviour modification.

14. (a) Describe the transactional analysis of Eric Berne.

Or

- (b) Explain person centred Counselling and Psychotherapy.

15. (a) Elucidate the techniques of feminist therapy.

Or

- (b) Discuss the solution focussed brief therapy.

**Part C****(3 × 10 = 30)**Answer **all** questions.

16. (a) Explain analytic psychotherapy.

Or

(b) Discuss Ivan Pavlov's Classical conditioning theory.

17. (a) Elaborate personal construct counseling and psychotherapy .

Or

(b) Explain family system therapy of Murry Bowen.

18. (a) Discuss positive psychology and well being approach to psychotherapy.

Or

(b) Explain humanistic –existential psychotherapy.

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**C-2396**

**Sub. Code**

**97524/97624/  
97724/97824**

**M.Sc. DEGREE EXAMINATION, NOVEMBER 2021**

**Second Semester**

**THEORIES OF PERSONALITY**

**(Common for all M.Sc., (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by the concept of personality?
2. Define psychic Energy.
3. What do you infer from the term 'Creative Self'?
4. Name the stages of development as per Erikson's theory of psycho social development.
5. State the factors influencing the development of personality according to Catell's theory.
6. What is meant by functional autonomy?
7. Write Maslow's perception of organism and self.
8. Interpret congruence and incongruence in the structure of personality.

9. What do you mean by 'Self-Efficacy'?
10. List the principles of observational learning.

**Part B**

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the psychodynamics of personality according to Freud.

Or

- (b) Describe the transcendent function of personality.

12. (a) Describe neurosis.

Or

- (b) Analyze the new conception of ego.

13. (a) Discuss the integration of maturation and learning in development of personality.

Or

- (b) Explain Raymond Catell's theory and uses.

14. (a) Differentiate classical conditioning from operant conditioning.

Or

- (b) Describe Maslow's Hierarchy of needs.

15. (a) Describe Carl Roger's person centered theory.

Or

- (b) Explain the self system.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the functions and interactions among the systems of personality.

Or

- (b) Elucidate the structure of personality described in analytical theory.

17. (a) Discuss Eriksn's Psychosocial theory of development.

Or

- (b) Explain the structure and dynamics of personality according to Allport.

18. (a) Discuss the social learning theory of Albert Bandura.

Or

- (b) Elaborate the strategies to promote the self-efficacy.

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**C-4081**

**Sub. Code**

**97531/**

**97631/**

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**M.Sc. DEGREE EXAMINATION  
COMMON FOR M.Sc. APPLIED PSYCHOLOGY  
(SPECIALIZATION)  
NOVEMBER 2021 EXAMINATION**

**Third Semester**

**RESEARCH METHODOLOGY**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is research?
2. Write short note on action research.
3. Define hypothesis.
4. What do you mean by operational definition?
5. Give the meanings of secondary data.
6. What is sampling error?
7. Write the meaning of statistics.

8. Define standard deviation.
9. State any three objectives of research report.
10. Give a note on footnotes.

**Part B**

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Explain the research ethics.

Or

- (b) Write the process of research.

12. (a) How will you identify the research problem?

Or

- (b) Bring out the role of reviews of literature.

13. (a) Discuss about the tools in data collection.

Or

- (b) What are the types of questionnaire? Explain.

14. (a) Give a note on measures of central tendency.

Or

- (b) Write about the application and uses of Chi-square.

15. (a) Explain the types of research reporting.

Or

- (b) How will you prepare an abstract?

**Part C**

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Elaborate the types of research.

Or

(b) Describe the scope of research in counselling and psychotherapy.

17. (a) Explain steps involved in the formulation of research problem.

Or

(b) Describe the methods of collecting data in research.

18. (a) Illustrate the scaling techniques in research.

Or

(b) Briefly explain the planning and organization of research in counselling areas.

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**C-4082**

**Sub. Code**

**97532/**

**97632/**

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**97832**

**M.Sc. DEGREE EXAMINATION  
APPLIED PSYCHOLOGY (SPECIALIZATION)  
NOVEMBER 2021 EXAMINATION**

**Third Semester**

**EMOTIONAL COMPETENCY**

**(Common for M.Sc.)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

**(10 × 2 = 20)**

Answer **all** questions.

1. Define emotion.
2. What are the basis components of emotion?
3. What is called anxiety?
4. List out the functions of emotions.
5. How can we overcome specific undeserved offences?
6. What is Boundary?
7. Mention the techniques to over come sadness.
8. Give the state the self focus in sadness.

9. Define emotional maturity.
10. What is emotional quotient?

**Part B**

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Enumerate the characteristics of emotions.  
Or  
(b) Describe the classification of emotions.
12. (a) Give the relationship between fear and other emotions.  
Or  
(b) Enumerate the traumatic incident reduction therapy.
13. (a) Discuss the concrete threat in anger.  
Or  
(b) Explain the motivational component of anger management
14. (a) Explain the impact of sadness.  
Or  
(b) Enumerate the state of self focus in sadness.
15. (a) Enumerate the positive emotions.  
Or  
(b) Write note on the various techniques of testing EQ.

**Part C**

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) What are emotions? Describe the functions of emotions.

Or

(b) Enumerate the techniques in handling emotions.

17. (a) Explain the significance of blame worthiness.

Or

(b) How will you handle sadness effectively? Explain.

18. (a) What do you mean by fear? And explain the object of fear.

Or

(b) Describe the Happiness emotional quotient.

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**C-4083**

**Sub. Code**

**97534**

**M.Sc. DEGREE EXAMINATION**

**APPLIED PSYCHOLOGY (SPECIALIZATIONS) COUNS.  
& PSY.**

**NOVEMBER 2021 EXAMINATION**

**Third Semester**

**COUNSELLING AND PSYCHOTHERAPY IN  
DEVELOPMENTAL ISSUES**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the needs of developmental counselling?
2. Mention the social characters of childhood stage.
3. What do you mean by play therapy?
4. List out the psychological factors of stress.
5. What do you mean by burnout?
6. State the causes of misdemeanor.
7. Define the term personality.
8. What is meant by juvenile delinquency?
9. What is ego differentiation?

10. Define the term Delirium.

**Part B**

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Enumerate the need of stage wise counselling during developmental process of an individual.

Or

(b) Explain the developmental stages according to Sigmund Freud.

12. (a) Explain the social perspective of adolescent period.

Or

(b) Discuss the counselling needs of children in late childhood.

13. (a) State the need for educational guidance and counselling.

Or

(b) Suggest certain measures to overcome role confusion during middle age.

14. (a) Explain Levinson's theory of development.

Or

(b) Suggest certain remedial measures to overcome juvenile crime.

15. (a) Narrate the adjustment problems shown by the retired person

Or



- (b) State the counselling techniques for depressed person.

**Part C**

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the developmental theory of Elizabeth Hurlock.

Or

- (b) Describe Abraham Maslow's need hierarchy theory.

17. (a) Elaborate the need of counselling during crisis situation for adolescence.

Or

- (b) Explain the signs and symptoms of burnout.

18. (a) Explain the different psycho-social factors effects the development of children.

Or

- (b) Explain the personality type theories of Havighurst and Tobin.

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**C-4084**

**Sub. Code**

**97535**

**M.Sc. DEGREE EXAMINATION**  
**APPLIED PSYCHOLOGY SPECIALISATION -**  
**COUNS. & PSY.**  
**NOVEMBER 2021 EXAMINATION**

**Third Semester**

**MODERN TRENDS AND TECHNIQUES IN**  
**COUNSELLING**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are the factors which determine a person's sense of self?
2. Define the term 'self-integrity'.
3. What is visual kinesthetic dissociation?
4. What is personal counselling?
5. List out the types of neuro linguistic programme intervention.
6. What are the benefits of behavioural therapy in counselling?
7. What is systematic desensitization based on exposure therapy?

8. What are stressors?
9. What are the uses of miracle questions in therapy?
10. What is a 'Flash back' in imagery based exposure therapy?

**Part B** (5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Explain the role of psychology in developing self.  

Or

(b) Describe the advantages of visual kinesthetic dissociation techniques in overcoming past trauma.
12. (a) Analyze the effect of neuro linguistic programming technique for the treatment of stress disorders.  

Or

(b) Explain the therapeutic techniques of cognitive behaviour therapy.
13. (a) Analyze the therapeutic function of contingency management therapy in substance use disorder.  

Or

(b) Discuss the advantages of relation training to cope with stress.
14. (a) Explain the techniques used in focussed brief therapy.  

Or

(b) Suggest some pleasant activities to overcome psychological problems.
15. (a) Write the differences between flooding therapy and systematic desensitization.

Or

- (b) Narrate the advantages of solution focussed therapy in solving the problem.

**Part C**

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the function of V.K dissociation in the elimination of post traumatic symptoms.

Or

- (b) Explain the principles of elements of cognitive behaviour therapy.
17. (a) Enumerate the role of social skill training in counselling process.

Or

- (b) Explain the role of operant conditioning principles in systematic desensitization.
18. (a) Explain the different types of copying mechanisms in detail.

Or

- (b) Analyze the effectiveness of imagery based exposure for social anxiety disorder.

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