

C-6483

Sub. Code

**97521/97621/
97721/97821**

M.Sc. DEGREE EXAMINATION, APRIL 2022

Second Semester

Applied Psychology

LIFE-SPAN PSYCHOLOGY

**(Common for all M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is life span psychology?
2. Define : Life span applied developmental science.
3. Write short note on social development.
4. What is cognition?
5. Define middle childhood.
6. Write short note on language development.
7. Define : Moral development.
8. Write short note on positive behaviour.
9. What are the types of disabilities?
10. Define human development.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the dimensions of developmental psychology.

Or

- (b) Describe the development theories of Sigmund Freud.

12. (a) Discuss about the emotional development in the infancy period of child.

Or

- (b) Describe the cognitive development in childhood.

13. (a) Explain the physical development of adolescence.

Or

- (b) Describe the problems of adolescence.

14. (a) Discuss the social relationships in middle childhood.

Or

- (b) Describe the relationships with parents and peer in adolescence.

15. (a) Explain the cognitive development in adulthood.

Or

- (b) Describe the personality development in adulthood and old age.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the Jean Piaget development theories.

Or

- (b) Describe the social and emotional development in infancy period.

17. (a) Enumerate the emotion and personality development in childhood.

Or

- (b) Describe the cultural context of childhood development.

18. (a) Explain the salient features of adolescence.

Or

- (b) Define old age and importance of successful aging.

C-6484

Sub. Code

**97522/97622/
97722/97822**

M.Sc. DEGREE EXAMINATION, APRIL 2022

Second Semester

Applied Psychology

PSYCHO PATHOLOGY – I

**(Common for All M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define Psychopathology.
2. What is Psychosis?
3. Mention the causes of perceptual disorder.
4. Write note on panic disorder.
5. What is obsessive compulsive disorder?
6. Write an account on post traumatic Stress Disorder.
7. List the symptoms of Bipolar Mood disorders.
8. What are the causes for old age stress?
9. What do you mean by Paranoid?
10. Mention the types of Schizophrenia.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write briefly on Disorders of Thought Process and memory.

Or

- (b) Explain psychotherapeutic approach in Treatment.

12. (a) Elaborate on the causes of schizophrenia.

Or

- (b) Describe Dysthymic disorder and its consequences.

13. (a) What are the major characteristics of a person with cyclothymic disorder?

Or

- (b) Explain the features of mental status Examination.

14. (a) What are the psychosocial factors that cause unipolar depression?

Or

- (b) Give an account of psychotic disorders.

15. (a) Write a note on integrative approaches of psychotherapy.

Or

- (b) Describe the causes and symptoms of anxiety disorder.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the international classification of diseases (ICQ-10) and its purposes.

Or

- (b) Elaborate the cognitive behaviour therapy.

17. (a) What are the characteristic features and causes of mood disorders?

Or

- (b) Discuss phobia and its diagnostic criteria.

18. (a) Explain pharmacotherapy and its treatment.

Or

- (b) Explain the Hebephrenic Schizophreniform disorders.
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C-6485

Sub. Code

**97523/97623/
97723/97823**

M.Sc. DEGREE EXAMINATION, APRIL 2022.

Second Semester

Applied Psychology

SCHOOLS OF PSYCHOTHERAPY

**(Common for all M.Sc (Applied Psychology)
specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define psychotherapy.
2. What is Mind according to Sigmund Freud?
3. Write note on social learning theory.
4. Write is cognition?
5. What is reality therapy?
6. List any three cognitive behaviour modification.
7. Write note on post-modern approaches of psychotherapy.
8. What is logo therapy?
9. List the difference between counselling and psychotherapy.
10. Define - Positive Psychology.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss Carl Jung's analytic psychotherapy.

Or

- (b) Explain Alderian therapy.

12. (a) Describe classical conditioning given by pavlov.

Or

- (b) Comment on Arnold lazarus's Behaviour therapy.

13. (a) Explain kelly's personal construct counselling.

Or

- (b) Briefly explain Beck's cognitive therapy.

14. (a) Describe Narrative therapy.

Or

- (b) Explain well being approach to psychotherapy.

15. (a) Discuss family system therapy of murray Brower.

Or

- (b) Explain person centered counselling of carl Rogers.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the psychoanalytic therapy in detail.

Or

- (b) What is group therapy? Explain its principles and major events of group psychotherapy.

17. (a) Discuss about the nature and effectiveness of family therapy.

Or

(b) Explain the client – centered therapy.

18. (a) Discuss the types of Ego stages.

Or

(b) Explain the concept of Existential therapy with examples.

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Sub. Code

**97524/97624/
97724/97824**

M.Sc. DEGREE EXAMINATION, APRIL 2022

Second Semester

Applied Psychology

THEORIES OF PERSONALITY

**(Common for all M.Sc. (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define personality.
2. What is sublimation?
3. What do you mean by Ego?
4. Write note on fictional finalism.
5. What is learning?
6. What is dynamic traits?
7. Give an account on congruence.
8. Comment on Reinforcement schedules.

9. Write note on stimulus generalisation.
10. What is self-efficacy?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the structure of personality given by Carl Jung.

Or

- (b) What is defense Mechanism? Explain the various defense mechanism?

12. (a) Describe Alder's theory.

Or

- (b) Discuss the development of personality in infancy.

13. (a) Explain cattell's factor-Analytic trial theory.

Or

- (b) Discuss the role of heredity in the development of personality.

14. (a) Discuss Carl Roger's Person centered theory.

Or

- (b) Describe the dynamics of personality.

15. (a) Briefly explain the self system.

Or

- (b) Discuss operant conditioning Theory.

Part C

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the key concepts in Freud's psychoanalytic theory of personality.

Or

- (b) Discuss Erickson's Theory of personality.

17. (a) Discuss and evaluate Allport's theory of personality.

Or

- (b) Elaborate Maslow's Hierarchy of needs.

18. (a) Describe the stages and factor of observational learning.

Or

- (b) Explain the concept of Pawlov's Classical conditioning in understanding personality.

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Sub. Code

**97541/97641/
97741/97841**

M.Sc. DEGREE EXAMINATION, APRIL 2022.

Fourth Semester

Applied Psychology

POSITIVE PSYCHOLOGY

**(Common for all M.Sc (Applied Psychology)
Specialization Courses)**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define positive psychology.
2. What is called well being?
3. What do you mean by hedonic perspective of well being?
4. Define development.
5. Define Altruism.
6. What do you mean by resilience?
7. What is gratitude?
8. What is the meaning of hope for best?
9. What is a benevolent person?
10. State Endaimonic perspective of well being.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the contribution of Humanistic psychologists Abraham Maslow.

Or

- (b) Explain the three pillars of positive psychology.

12. (a) Enumerate the characteristics of positive psychology.

Or

- (b) Compare and contrast between hedonic and endaimonic views of happiness.

13. (a) Describe the holistic view of well being.

Or

- (b) Explain the strategies to enhance happiness.

14. (a) Enumerate the merits of gratitude.

Or

- (b) Enumerate the source of resilience in children.

15. (a) Explain the biological foundation of happiness.

Or

- (b) Explain the determinants of happiness

Part C

(3 × 10 = 30)

Answer **all** the questions.

16. (a) Explain the role of positive psychology in counselling and psychotherapy.

Or

- (b) Discuss about the twelve stages of life during adolescence period.

17. (a) Explain the contribution of Humanistic psychologists Martin Seligman and his followers.

Or

(b) Analyse the concept and indicators of well being perspectives.

18. (a) Discuss the twelve stages of life during childhood stage.

Or

(b) Describe the history and development of positive psychology.

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Sub. Code

97544

M.Sc. DEGREE EXAMINATION, APRIL 2022

Fourth Semester

Applied Psychology (Counselling and Psychotherapy)

**COUNSELLING AND PSYCHOTHERAPY IN
SITUATIONAL ISSUES**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define – Situational Crises.
2. Write the Characteristics of coupling.
3. What do you mean by family counselling?
4. Write about psychoanalytic family counselling.
5. What is called death?
6. Mention the common elements of Grief.
7. What is meant by suicidal intent?
8. Write a short note on alcoholic games.
9. List out some traumas.
10. What is called trigger stimulus?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the scope of premarital counselling.

Or

- (b) Analyse the attitude towards marriage.

12. (a) Describe cognitive – behavioural family counselling.

Or

- (b) Illustrate the contribution of Murray Bowen to family counselling.

13. (a) How can we emotionally react in a loss?

Or

- (b) Enumerate the intervention of counsellors in grief.

14. (a) Discuss the term PTSD in counselling.

Or

- (b) Write a note on psychology of trauma.

15. (a) Explain the clues to understand suicide.

Or

- (b) How can you provide counselling for Alcoholics?

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the therapies related to Marital counselling.

Or

- (b) Discuss experiential family counselling.

17. (a) What is meant by counselling the sick? Explain.

Or

(b) Explain the role of counselling among AIDS affected.

18. (a) Write a note on

(i) Crimes committed by strangers

(ii) Natural Catastrophes

Or

(b) Explain the stage model of courtship.

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Sub. Code

97545

M.Sc. DEGREE EXAMINATION, APRIL 2022

Fourth Semester

Applied Psychology (Counselling and Psychotherapy)

**INTEGRATIVE TECHNIQUES IN COUNSELLING AND
PSYCHOTHERAPY**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define – Integrative approach.
2. Write a note on historical background of integrative approach.
3. What is cultural richness?
4. Define - well - being.
5. Write about psycho-synthesis therapy.
6. What do you mean by yoga?
7. Write a short note on Roberto Assagioli.
8. List down the benefits of meditation.
9. What is case study?
10. Mention the various types of cases.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the roles of integrated approach in counselling.

Or

- (b) Describe the contribution of Arnold Lazarus in counselling.

12. (a) Analyse the role of rituals in well - being.

Or

- (b) Write about cultural richness and Indian specificity.

13. (a) Describe the breathing techniques.

Or

- (b) Enumerate the advantages and limitations of using Muttras.

14. (a) Discuss about Indian healing practices briefly.

Or

- (b) Write an Introduction to Yoga.

15. (a) Explain the role of case study in integrative approach.

Or

- (b) How is integrative approach related to Indian context? Explain.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Illustrate the dimensions of integrative approach.

Or

- (b) Compare the cultural richness in Eastern and Western perspective.

17. (a) Explain the psycho spiritual practices.

Or

- (b) Describe the practical issues in Indian healing practices.

18. (a) Illustrate the lessons learnt through applying integrated approach.

Or

- (b) Examine the role of psycho-spirituality in well being.