

**C-6483**

**Sub. Code**

**97521/97621/  
97721/97821**

**M.Sc. DEGREE EXAMINATION, APRIL 2022**

**Second Semester**

**Applied Psychology**

**LIFE-SPAN PSYCHOLOGY**

**(Common for all M.Sc. (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is life span psychology?
2. Define : Life span applied developmental science.
3. Write short note on social development.
4. What is cognition?
5. Define middle childhood.
6. Write short note on language development.
7. Define : Moral development.
8. Write short note on positive behaviour.
9. What are the types of disabilities?
10. Define human development.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the dimensions of developmental psychology.

Or

- (b) Describe the development theories of Sigmund Freud.

12. (a) Discuss about the emotional development in the infancy period of child.

Or

- (b) Describe the cognitive development in childhood.

13. (a) Explain the physical development of adolescence.

Or

- (b) Describe the problems of adolescence.

14. (a) Discuss the social relationships in middle childhood.

Or

- (b) Describe the relationships with parents and peer in adolescence.

15. (a) Explain the cognitive development in adulthood.

Or

- (b) Describe the personality development in adulthood and old age.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the Jean Piaget development theories.

Or

- (b) Describe the social and emotional development in infancy period.

17. (a) Enumerate the emotion and personality development in childhood.

Or

- (b) Describe the cultural context of childhood development.

18. (a) Explain the salient features of adolescence.

Or

- (b) Define old age and importance of successful aging.

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**C-6484**

**Sub. Code**

**97522/97622/  
97722/97822**

**M.Sc. DEGREE EXAMINATION, APRIL 2022**

**Second Semester**

**Applied Psychology**

**PSYCHO PATHOLOGY – I**

**(Common for All M.Sc. (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define Psychopathology.
2. What is Psychosis?
3. Mention the causes of perceptual disorder.
4. Write note on panic disorder.
5. What is obsessive compulsive disorder?
6. Write an account on post traumatic Stress Disorder.
7. List the symptoms of Bipolar Mood disorders.
8. What are the causes for old age stress?
9. What do you mean by Paranoid?
10. Mention the types of Schizophrenia.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write briefly on Disorders of Thought Process and memory.

Or

- (b) Explain psychotherapeutic approach in Treatment.

12. (a) Elaborate on the causes of schizophrenia.

Or

- (b) Describe Dysthymic disorder and its consequences.

13. (a) What are the major characteristics of a person with cyclothymic disorder?

Or

- (b) Explain the features of mental status Examination.

14. (a) What are the psychosocial factors that cause unipolar depression?

Or

- (b) Give an account of psychotic disorders.

15. (a) Write a note on integrative approaches of psychotherapy.

Or

- (b) Describe the causes and symptoms of anxiety disorder.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the international classification of diseases (ICQ-10) and its purposes.

Or

- (b) Elaborate the cognitive behaviour therapy.

17. (a) What are the characteristic features and causes of mood disorders?

Or

- (b) Discuss phobia and its diagnostic criteria.

18. (a) Explain pharmacotherapy and its treatment.

Or

- (b) Explain the Hebephrenic Schizophreniform disorders.
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**C-6485**

**Sub. Code**

**97523/97623/  
97723/97823**

**M.Sc. DEGREE EXAMINATION, APRIL 2022.**

**Second Semester**

**Applied Psychology**

**SCHOOLS OF PSYCHOTHERAPY**

**(Common for all M.Sc (Applied Psychology)  
specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define psychotherapy.
2. What is Mind according to Sigmund Freud?
3. Write note on social learning theory.
4. Write is cognition?
5. What is reality therapy?
6. List any three cognitive behaviour modification.
7. Write note on post-modern approaches of psychotherapy.
8. What is logo therapy?
9. List the difference between counselling and psychotherapy.
10. Define - Positive Psychology.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss Carl Jung's analytic psychotherapy.

Or

- (b) Explain Adlerian therapy.

12. (a) Describe classical conditioning given by pavlov.

Or

- (b) Comment on Arnold Lazarus's Behaviour therapy.

13. (a) Explain Kelly's personal construct counselling.

Or

- (b) Briefly explain Beck's cognitive therapy.

14. (a) Describe Narrative therapy.

Or

- (b) Explain well being approach to psychotherapy.

15. (a) Discuss family system therapy of Murray Bowen.

Or

- (b) Explain person centered counselling of Carl Rogers.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the psychoanalytic therapy in detail.

Or

- (b) What is group therapy? Explain its principles and major events of group psychotherapy.

17. (a) Discuss about the nature and effectiveness of family therapy.

Or

(b) Explain the client – centered therapy.

18. (a) Discuss the types of Ego stages.

Or

(b) Explain the concept of Existential therapy with examples.

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**C-6486**

**Sub. Code**

**97524/97624/  
97724/97824**

**M.Sc. DEGREE EXAMINATION, APRIL 2022**

**Second Semester**

**Applied Psychology**

**THEORIES OF PERSONALITY**

**(Common for all M.Sc. (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define personality.
2. What is sublimation?
3. What do you mean by Ego?
4. Write note on fictional finalism.
5. What is learning?
6. What is dynamic traits?
7. Give an account on congruence.
8. Comment on Reinforcement schedules.

9. Write note on stimulus generalisation.
10. What is self-efficacy?

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the structure of personality given by Carl Jung.

Or

- (b) What is defense Mechanism? Explain the various defense mechanism?

12. (a) Describe Alder's theory.

Or

- (b) Discuss the development of personality in infancy.

13. (a) Explain cattell's factor-Analytic trial theory.

Or

- (b) Discuss the role of heredity in the development of personality.

14. (a) Discuss Carl Roger's Person centered theory.

Or

- (b) Describe the dynamics of personality.

15. (a) Briefly explain the self system.

Or

- (b) Discuss operant conditioning Theory.

**Part C**

(3 × 10 = 30)

Answer **all** questions choosing either (a) or (b).

16. (a) Explain the key concepts in Freud's psychoanalytic theory of personality.

Or

- (b) Discuss Erickson's Theory of personality.

17. (a) Discuss and evaluate Allport's theory of personality.

Or

- (b) Elaborate Maslow's Hierarchy of needs.

18. (a) Describe the stages and factor of observational learning.

Or

- (b) Explain the concept of Pawlov's Classical conditioning in understanding personality.

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**C-6497**

**Sub. Code**

**97541/97641/  
97741/97841**

**M.Sc. DEGREE EXAMINATION, APRIL 2022.**

**Fourth Semester**

**Applied Psychology**

**POSITIVE PSYCHOLOGY**

**(Common for all M.Sc (Applied Psychology)  
Specialization Courses)**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. Define positive psychology.
2. What is called well being?
3. What do you mean by hedonic perspective of well being?
4. Define development.
5. Define Altruism.
6. What do you mean by resilience?
7. What is gratitude?
8. What is the meaning of hope for best?
9. What is a benevolent person?
10. State Endaimonic perspective of well being.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the contribution of Humanistic psychologists Abraham Maslow.

Or

- (b) Explain the three pillars of positive psychology.

12. (a) Enumerate the characteristics of positive psychology.

Or

- (b) Compare and contrast between hedonic and endaimonic views of happiness.

13. (a) Describe the holistic view of well being.

Or

- (b) Explain the strategies to enhance happiness.

14. (a) Enumerate the merits of gratitude.

Or

- (b) Enumerate the source of resilience in children.

15. (a) Explain the biological foundation of happiness.

Or

- (b) Explain the determinants of happiness

**Part C**

(3 × 10 = 30)

Answer **all** the questions.

16. (a) Explain the role of positive psychology in counselling and psychotherapy.

Or

- (b) Discuss about the twelve stages of life during adolescence period.

17. (a) Explain the contribution of Humanistic psychologists Martin Seligman and his followers.

Or

(b) Analyse the concept and indicators of well being perspectives.

18. (a) Discuss the twelve stages of life during childhood stage.

Or

(b) Describe the history and development of positive psychology.

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**C-6500**

**Sub. Code**

**97644**

**M.Sc. DEGREE EXAMINATION, APRIL 2022.**

**Fourth Semester**

**Applied Psychology (Specialization) Clinical Psychology**

**ASSESSMENT IN CLINICAL SETTING**

**(2018 onwards)**

Duration : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is meant by assessment?
2. What does ICD stand for?
3. What are the steps of clinical risk assessment?
4. List the benefits of using scaling techniques as assessment.
5. Write the abbreviation for MAST.
6. Define-Self Esteem.
7. What do you mean by Intelligence?
8. What does WAIS test measure?
9. What is Rehabilitation?
10. Give short note on aggression.

**Part B**

(5 × 5 = 25)

Answer **all** questions

11. (a) Why assessment is important in clinical setting?  
Or  
(b) Differentiate assessment and intervention.
12. (a) How can we use questionnaire as an assessment tool in clinical setting?  
Or  
(b) State the importance of experimental method in clinical setting.
13. (a) Explain any two inventories using in clinical setting.  
Or  
(b) What do you mean by depression? How do you measure it?
14. (a) What are the four levels in Eysenk Basic structure of personality? – Explain.  
Or  
(b) Mention the uses of Keirseley Temperament sorter.
15. (a) What are the components of rehabilitation? - Explain.  
Or  
(b) Discuss on mood management as treatment strategy.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain in detail about the role of psychological testing in assessment.  
Or  
(b) Give your views on socio moral reflection measures.

17. (a) Write an essay on Hamilton anxiety and depression scale.

Or

(b) Illustrate the importance of Bhatia's Battery of performance test.

18. (a) Explain the term MAST.

Or

(b) Write your views on anger management and aggression replacement training.

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**C-6501**

**Sub. Code**

**97645**

**M.Sc. DEGREE EXAMINATION, APRIL 2022**

**Fourth Semester**

**Applied Psychology (Clinical Psychology)**

**BEHAVIOURAL THERAPIES**

**(2018 onwards)**

Duration: 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What is meant by behaviour?
2. List out the basic concepts related to understanding of human behaviour.
3. Write a short note on application of classical conditioning.
4. What do you mean by operant conditioning?
5. Define Pacing.
6. Write a short note on Meta-model.
7. What are the advantages of Aversion therapy?
8. Write a short note on Visual-kinetic dissociation.
9. Define epistemology.
10. Write a short note on reframing.

**Part B**

(5 × 5 = 25)

Answer **all** questions.

11. (a) Discuss the origin and development of behaviour therapy.

Or

- (b) Explain the new behaviour generator.

12. (a) Describe the reciprocal inhibition.

Or

- (b) What is NLP? Explain the functions of NLP.

13. (a) Explain the token economy scheme.

Or

- (b) Discuss cognitive behavioural therapy for depression.

14. (a) Describe Multimodel therapy.

Or

- (b) Explain the vivo desensitization.

15. (a) Discuss the sub-modalities.

Or

- (b) Describe the view of human nature.

**Part C**

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the reinforcement theory of B.F. Skinner.

Or

- (b) Discuss Jhon W.B. Watson theory.

17. (a) Describe the behavioural modification techniques.

Or

(b) Explain thought records.

18. (a) Discuss the self management programming.

Or

(b) Describe the therapeutic techniques.

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