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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

#### First Semester

# Psychology

# INTRODUCTION TO PSYCHOLOGY

(CBCS 2018–19 Academic Year onwards)

Time: Three hours Maximum: 75 marks

# SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define Psychology.
- 2. Write a short note on humanistic psychology.
- 3. Define 'Neurons'.
- 4. Write a short note on socio cultural perspective in psychology.
- 5. Define case study as a method of psychology.
- 6. Write shortly on genetic method of assessment in psychology.
- 7. Define 'visual depth perception'.
- 8. Define the term 'classical conditioning'.
- 9. What is meant by day dreaming?
- 10. Define Circadian Rhythms.

# SECTION B — $(5 \times 5 = 25 \text{ marks})$

# Answer ALL questions choosing either (a) or (b)

11. (a) Discuss psychology as a growing positive science of behaviour.

Or

- (b) Explain the nature and scope of psychology.
- 12. (a) Describe the functions of right hemisphere.

Or

- (b) Discuss the introspection method and its demerits.
- 13. (a) Discuss the goals of psychological enquiry.

Or

- (b) Explain the role of senses channels in perception.
- 14. (a) Describe the role of hormones as biological base for behaviour.

Or

- (b) Explain the principles in cognitive learning.
- 15. (a) Discuss the factors influencing attention.

Or

(b) Describe the types of attention with suitable examples.

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# SECTION C — $(3 \times 10 = 30 \text{ marks})$

- 16. Discuss any three perspectives in psychology.
- 17. Discuss about the types of rating scales with its importance in collection of data.
- 18. Explain the stages of sleep (REM and Non-REM).
- 19. Discuss the principles of perceptual organization with suitable examples.
- 20. Describe the relation between aptitude and achievement.

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

#### First Semester

# Psychology

# HUMAN DEVELOPMENT

(CBCS 2018–19 Academic Year onwards)

Time: Three hours Maximum: 75 marks

SECTION A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. State the stages of development.
- 2. Write a short note on maturation.
- 3. What are reflexes?
- 4. Write shortly on parental involvement.
- 5. List two primary and secondary emotions each.
- 6. Define aggression.
- 7. State secondary sexual characteristics.
- 8. Write a short note on development of identity.
- 9. Define vocational adjustment.
- 10. Mention models of coping.

#### SECTION B — $(5 \times 5 = 25 \text{ marks})$

# Answer ALL questions choosing either (a) or (b)

11. (a) Explain the basic concepts of growth and development with its stages.

Or

- (b) Describe the heredity and ecological factors influencing human development.
- 12. (a) Explain social cognitive aspects of maturation in human development.

Or

- (b) Describe the new born appearance reflexes assessment and states of infancy.
- 13. (a) Explain structural and systemic changes of physical development.

Or

- (b) Discuss the development of play during early childhood.
- 14. (a) Describe Kohlberg's levels of morality in human development.

Or

- (b) Discuss identity crisis during adolescence.
- 15. (a) Explain the middle adulthood crisis with its coping strategies.

Or

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(b) Describe on work retirement and leisure during late adulthood.

# SECTION C — $(3 \times 10 = 30 \text{ marks})$

- 16. Discuss the moral principles of human development.
- 17. Explain psychological development of emotions and attachment.
- 18. Describe biological changes during puberty and adolescence.
- 19. Discuss the preparations for retirement psychological changes.
- 20. Explain the grandparenthood stages and patterns of grieving during late adulthood.

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

#### Second Semester

# Psychology

# SOCIAL PSYCHOLOGY

(CBCS 2018–19 Academic Year onwards)

Time: Three hours Maximum: 75 marks

SECTION A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. Define social psychology.
- 2. Write a short note on situational observation.
- 3. What is called a 'closed society'?
- 4. Define 'Halo effect'.
- 5. Write briefly about achievement motivation.
- 6. What is called as persuasion radicalism?
- 7. What is meant by cohesiveness?
- 8. State the properties of group.
- 9. Define mass hysteria with an example.
- 10. State any four problems of motivation.

# SECTION B — $(5 \times 5 = 25 \text{ marks})$

# Answer ALL questions.

11. (a) Explain the scope and methods of social psychology.

Or

- (b) Describe the stages of social development in children.
- 12. (a) Explain the perceptual process in infancy.

Or

- (b) Describe theories of interpersonal attraction.
- 13. (a) Explain in detail about social incentives with examples.

Or

- (b) Discuss about group morale and group dynamics.
- 14. (a) Explain the steps in opinion formation.

Or

- (b) Describe the survey method and propaganda and its relation to education.
- 15. (a) Discuss the Gandhian techniques resolution.

Or

(b) Explain any one theory of crowd behavior with suitable examples.

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# SECTION C — $(3 \times 10 = 30 \text{ marks})$

- 16. Discuss social development and infant social relation in early childhood.
- 17. Explain about impression formation with suitable examples.
- 18. Differentiate between democratic Vs. authoritarian leaders.
- 19. Describe the psychological processes involved in social change.
- 20. Explain the characteristic of a nation.

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

#### Second Semester

# Psychology

# INDUSTRIAL PSYCHOLOGY

(CBCS 2018–19 Academic Year onwards)

Time: Three hours Maximum: 75 marks

# SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. Write a short note on industrial psychology.
- 2. Write the any four basic concepts of industrial psychology.
- 3. What are the dimensions of individual difference?
- 4. Define attitude.
- 5. State the meaning of morale.
- 6. Define the meaning of group cohesiveness.
- 7. Write a short note on behaviour adjustment.
- 8. Write any four work adjustment factors.
- 9. State the meaning of counseling.
- 10. Give a note on "Behaviourism".

# SECTION B — $(5 \times 5 = 25 \text{ marks})$

# Answer ALL questions.

11. (a) Describe the objectives of industrial psychology.

Or

- (b) Explain the factors influencing job satisfaction with examples.
- 12. (a) Discuss the characteristics of high and low morale.

Or

- (b) Discuss in detail about motivation in industry. Give examples.
- 13. (a) How skill of self assessment of learning is important for a leader?

Or

- (b) Why stress management is critical?
- 14. (a) Describe the characteristics of a maladjustment worker.

Or

- (b) Give your suggestions for avoiding industrial accidents.
- 15. (a) How maintenance of psychological health results in better work motivation?

Or

(b) Describe about attitude of work culture.

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# SECTION C — $(3 \times 10 = 30 \text{ marks})$

- 16. Discuss the foundations of industrial psychology.
- 17. Explain the essential requirements of high morale.
- 18. Describe the importance of interpersonal and intrapersonal skills required for a successful leader.
- 19. Give suitable suggestions for prevention of accidents.
- 20. Discuss the factors affecting quality work of life.

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

# Third Semester

#### Psychology

# PSYCHOLOGICAL STATISTICS

(CBCS 2018-19 Academic year onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. What are the methods to collect the secondary data?
- 2. Explain 'O-give'.
- 3. What is the objects of a central value?
- 4. When is the distribution said to be symmetrical?
- 5. Define 'analysis of variance'.
- 6. Write short note on Chi-square distribution.
- 7. Mention the way to reduce type-II error.
- 8. What is the mean of binomial distribution?
- 9. Define skewness and coefficient of skewness.
- 10. The mean of a distribution is 15 and median is 12. What will the mode be?

# PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the essential requirements of a good questionnaire.

Or

(b) From the following table draw a histogram.

Wages is Rs. No. of workers

0-10	5
10-20	8
20-30	10
30-40	14
40-50	11

12. (a) What are the different forms of a frequency curve? Describe their nature in brief.

Or

- (b) Discuss the role of statistics in daily life.
- 13. (a) Explain the uses of Chi-square distribution in statistical analysis.

Or

- (b) Define the two types of hypothesis.
- 14. (a) What will be your interpretation if
  - (i) r = 0
  - (ii) r = +1
  - (iii) r = -1

Or

(b) Discuss the relative merits and demerits of various measures of dispersion.

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15. (a) List the importance of *p*-value in research.

Or

(b) What are the inferential statistics used in psychological research?

PART C — 
$$(3 \times 10 = 30 \text{ marks})$$

- 16. Write down the mathematical form of normal curve.
- 17. Prepare histogram, frequency polygon for the following cumulative frequency distribution:

Class Interval	Frequency
10-20	07
20-30	20
30-40	25
40-50	18
50-60	05
60-70	11
70-80	06
80-90	13

- 18. A ball is drawn at random from a box containing 6 red balls, 4 white balls and 5 blue balls. Determine the probability is:
  - (a) Red
  - (b) White
  - (c) Red and White
- 19. Describe errors in hypothesis testing.
- 20. What is rank correlation? How it is calculated?

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# DISTANCE EDUCATION

B.Sc. (Psychology) DEGREE EXAMINATION, DEC 2020.

# Third Semester

# **PSYCHOPATHOLOGY**

(CBCS 2018-19 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

(No Choice)

- 1. What are the four most common mental disorders?
- 2. What is the purpose of cognitive therapy?
- 3. What is DSM V?
- 4. What is the meaning of somatoform disorder?
- 5. Define panic disorder.
- 6. What is trauma?
- 7. What is mean by hallucination?
- 8. Surya described an incident in which he anxiety suddenly rose to a peak and he felt a sense of impending room. Name the disorder he experienced.
- 9. Can you cure a 'Personality disorder'? Give your reason.
- 10. Define mental disorder.

# PART B — $(5 \times 5 = 25 \text{ marks})$

(Either or Choice)

# Answer ALL questions.

11. (a) Write a short note on psychosocial view point of Abnormal behaviour.

Or

- (b) Explain anxiety disorder.
- 12. (a) Discuss about multiple personality disorder.

Or

- (b) Distinguish between normal and abnormal behaviour.
- 13. (a) What are the signs of borderline personality disorder?

Or

- (b) Describe briefly types of psychotic disorder.
- 14. (a) Explain about stress related disorders.

Or

- (b) Describe Bipolar disorder with suitable illustrations.
- 15. (a) Which type of therapy is based on learning theory?

Or

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(b) What are the causes of hypochondriasis?

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

- 16. Explain classification system in psychopathology.
- 17. What is called obsessive compulsive disorder? Explain caused and treatment of OCD.
- 18. Discuss depressive disorder.
- 19. Describe briefly eating and sleeping disorders.
- 20. List the various types of psychotic disorders and what are the basic kinds of psychotherapies?

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

# Fourth Semester

# Psychology

# CROSS CULTURAL PSYCHOLOGY

(CBCS 2018-19 Academic year onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. Define 'Culture'.
- 2. What is Memory?
- 3. State the concepts of Intelligence.
- 4. What is Health?
- 5. Write down the concept of Mind in Samkhya.
- 6. Write short note on cross cultural research.
- 7. Attribution Explain.
- 8. Make an account on Emics.
- 9. State the methods of cross cultural research.
- 10. Define Perception.

# PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL the questions choosing either (a) or (b)

11. (a) Explain concept formation and its types.

Or

- (b) What is the difference between effics and emics in cross cultural psychology?
- 12. (a) Define Notion. And state the types of notions.

Or

- (b) What is the relationship between Acculturation and Enculturation?
- 13. (a) State the concepts of health and illness in Ayurveda personality.

Or

- (b) Bring out the meaning and concept of intelligence.
- 14. (a) What are the key issues in the practice of mental health?

Or

- (b) State the theories of mind and explain it.
- 15. (a) Make an account on self culture and personality culture.

Or

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(b) Describe the importance of interdisciplinary approach in psychology.

# PART C — $(3 \times 10 = 30 \text{ marks})$

# Answer any THREE questions.

- 16. Explain the current status of mental health practices in India.
- 17. Describe the need, nature and scope of cultural psychology. Explain the significance of cultural psychology.
- 18. Enumerate the factors that contribute to proper intellectual development and explain them in detail.
- 19. What are Concepts? How are they formed? Explain with examples.
- 20. Write short notes on:
  - (a) Platonism
  - (b) Positivism
  - (c) Relativism
  - (d) Historicism

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# DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DEC 2020.

# Fourth Semester

# Psychology

# EDUCATIONAL PSYCHOLOGY

(CBCS 2018-19 Academic year onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. What do you mean by educational psychology?
- 2. Differentiate growth from development.
- 3. Mention the role of motives in learning.
- 4. List the limitations of rewards.
- 5. What is curve of forgetting?
- 6. Write short note on conditioning.
- 7. What is locomotor disability?
- 8. What are the characteristics of gifted children?
- 9. Make an account on creativity.
- 10. Define Blindness.

PART B —	(5 >	< <b>5</b> =	= 25	marks)	)
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Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the significance of personnel guidance.

Or

- (b) Describe the role of heredity in intelligence.
- 12. (a) State the laws of effects and readiness.

Or

- (b) Write note on Erickson's psycho-social theory.
- 13. (a) What is counseling? State the different types of counseling.

Or

- (b) Enumerate the factors influencing learning.
- 14. (a) Give an account on traits personality.

Or

- (b) Delineate the general characteristics of different stages in development.
- 15. (a) Write the brief notes on creative children.

Or

(b) Explain The Rorschach Ink Blot test.

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PART C —  $(3 \times 10 = 30 \text{ marks})$ 

- 16. State the characteristics of emotional and social development during adolescence and point out the educational implications.
- 17. How will you identify the gifted children? List down the educational programmes for gifted children.
- 18. Enumerate the methods of Educational Psychology.
- 19. Describe Thematic Apprecaption test in assessing personality. What other techniques can be used to supplement TAT in order to get more information?
- 20. Discuss the various educational programmes for the visually impaired.

#### DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DECEMBER 2020.

#### Fifth Semester

# Psychology

#### HUMAN RESOURCE MANAGEMENT

(CBCS 2018-19 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. Write the definition for human resource management.
- 2. Write a short note on structure of human resource function.
- 3. State some of the factors of human resource planning.
- 4. Write briefly about job analysis.
- 5. Mention any two fringe benefits offered for employee retention.
- 6. What are incentives?
- 7. Write a short note on labour attrition.
- 8. State any two executive development programs.

- 9. Mention some of the employee grievances and their redressal.
- 10. What is meant by personnel audit?

PART B — 
$$(5 \times 5 = 25 \text{ marks})$$

Answer ALL questions. Choosing either (a) or (b).

11. (a) Explain various objectives and function of human resource management.

Or

- (b) Discuss various approaches to human resource management.
- 12. (a) Explain need assessment training method for operatives and supervises

Or

- (b) Describe the need and programs for executive development.
- 13. (a) Explain various job evaluation systems.

Or

- (b) Why employee welfare and safety programs is important?
- 14. (a) Maintaining industrial relations is essential justify.

Or

- (b) How bonus and incentives play a vital role in employee retention?
- 15. (a) Describe the need for trade unions.

Or

(b) Personal records / report — e-record on employees will facilitate effective decision making — discuss.

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PART C —  $(3 \times 10 = 30 \text{ marks})$ 

- 16. Discuss the need, scope and process of human resource planning.
- 17. Explain the importance of need assessment in placement and induction processes.
- 18. Describe the employee grievances and their redressal systems
- 19. Workers participation in management is a healthy practice—justify.
- 20. Explain the objectives an important of human resource information system

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# DISTANCE EDUCATION

# B.Sc. (Psychology) DEGREE EXAMINATION, DECEMBER 2020.

# Fifth Semester

#### ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time: 3 hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. Write a short note on environmental psychology.
- 2. Define habituation or adaptation.
- 3. Write briefly about perception of natural cognition.
- 4. Expand and define PEQI.
- 5. What is called as stress response?
- 6. Write a short note on technological catastrophe.
- 7. Define the term propinguity in architecture.
- 8. What is meant by architectural determinism?
- 9. Define vandalism.
- 10. Write a short note on mental health.

# PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain conventional approach to environmental perception.

Or

- (b) Describe cognitive organization of the environment.
- 12. (a) Discuss the Environment-Behaviour theories.

Or

- (b) Explain Characteristics of stressors in detail.
- 13. (a) Describe impact of air pollution and social behavior.

Or

- (b) Explain psychological effects of noise and effects of noise on performance.
- 14. (a) Suggest your opinion on pedestrian environment and care facilities for the aged.

Or

- (b) How would you create leisure and recreation environments for the future?
- 15. (a) Why studying the design of the work environment for the future is important?

Or

(b) Explain the characteristics of mental health.

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2

PART C —  $(3 \times 10 = 30 \text{ marks})$ 

- 16. Explain cognitive mapping with suitable example.
- 17. Environmental attitudes predict environmental behavior.
- 18. Discuss the effects high density on task performance.
- 19. Describe the factors to be considered for designing the office landscape.
- 20. Suggest some approaches in eliminating environmentally destructive behavior.

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#### DISTANCE EDUCATION

# B.Sc. DEGREE EXAMINATION, DECEMBER 2020.

#### Fifth Semester

#### Psychology

# STRESS MANAGEMENT

(CBCS 2018–19 Academic Year Onwards)

Time: Three hours Maximum: 75 marks

PART A —  $(10 \times 2 = 20 \text{ marks})$ 

- 1. Define stress.
- 2. What is meant by coping?
- 3. State any two individual factors influencing job stress.
- 4. Write a short note on job role.
- 5. What are the consequences of absenteeism?
- 6. Mention any two coping strategies.
- 7. Write a short note music therapy as a stress management technique.
- 8. Write briefly about yoga and aerobic exercises.
- 9. Mention any two work related stressors.
- 10. Write briefly on job satisfaction.

# PART B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions. Choosing either (a) or (b).

11. (a) Explain pain and its management.

Or

- (b) Describe the major causes of job stress with suitable examples.
- 12. (a) Explain mental / psychological symptoms of job stress

Or

- (b) Describe occupational stress and how would you use counseling as a therapeutic technic to overcome it.
- 13. (a) Discuss P-E fit model of job stress.

Or

- (b) Explain cognitive hypnosuggestive stress management techniques.
- 14. (a) Describe any two stress reduction techniques.

Or

- (b) Discuss the consequences of distress.
- 15. (a) Explain the marital and gerontological counseling with suitable counseling.

Or

(b) How would you prevent and mitigate organizational stressors.

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PART C —  $(3 \times 10 = 30 \text{ marks})$ 

- 16. Discuss psychological reaction of a patient to loss. Give example.
- 17. Explain organization centered stress management interventions.
- 18. Why there are individual differences in stress?
- 19. How would you manage work related stress?
- 20. Discuss behavioural and physical interventions for managing stress.