

D-1539

Sub. Code

36311

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

First Semester

THEORETICAL PERSPECTIVES IN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Bring out the difference between cognitive perspective and psychodynamic perspective.
2. What do you mean by behavioural perspective of human behaviour?
3. According to trend, which three components make up personality?
4. Which personality theory emphasizes self-actualisation?
5. What is the meaning of extrinsic motivation?
6. How does the drive-reduction theory explain motivation?
7. What is the main focus of psycholinguistics?
8. What is an implicit memory?
9. How does gestalt approach explain perception?
10. What is the role of sensory adaptation in perception?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) How does the biological perspective explain mental processes?

Or

- (b) Explain the primary focus of the behavioural perspective.

12. (a) How does self-concept influence personality? Explain.

Or

- (b) What is the role of social norms in shaping behaviour? Explain.

13. (a) What is social identity theory? Explain.

Or

- (b) What is indigenous perspective? How does it describe mental health?

14. (a) What is a divided attention? How does it affect performance?

Or

- (b) What is perception? How does the ecological approach explain perception?

15. (a) What is perceptual processing? What are its main stages?

Or

- (b) What methods are used in phenomenological research?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. What is psycho-analytical theory? Explain.
 17. What is the operant conditioning theory? Explain its contribution to the behavioural perspective.
 18. What is social learning theory? How does it explain behaviour and attitude formation?
 19. How does stress and emotion affect memory recall and decision making? Explain.
 20. How does Yoga and meditation contribute to psychological well-being in Indian psychology?
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D-1540

Sub. Code

36312

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

First Semester

LIFE SPAN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. Define antisocial behaviour.
2. What is the primary social motive?
3. Define ADHD.
4. Write a short note on empathy.
5. What is social learning?
6. State the career planning.
7. What are the teenage problems?
8. List out the stages of development.
9. What is intelligence?
10. Define Anxiety.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the Piaget's cognitive stages of development.

Or

- (b) Describe the social development of adolescence stage.

12. (a) Discuss the impact of environmental factors on fetal development during pregnancy.

Or

- (b) State the importance of maintaining physical fitness during adulthood.

13. (a) Explain the information processing approach to life span development.

Or

- (b) Describe the characteristics of eating disorders.

14. (a) Explain the time frame for physical peak and decline in early adulthood.

Or

- (b) Describe the concept of midlife crisis.

15. (a) Discuss the role of siblings in personality development.

Or

- (b) Explain the significance of parenthood in young adulthood.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Explain Erikson's psychological stages of development.
 17. Explain the concept of middle childhood, including physical, cognitive and socio-emotional changes.
 18. Discuss the relationship between language acquisition and cognitive development in children.
 19. Describe the socio-cultural factors that contribute to the development of eating disorders in adolescence.
 20. Critically evaluate Sternberg's triangular theory of love and its application to adult relationships.
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D-1541

Sub. Code

36313

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

First Semester

SOCIAL PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. What is social psychology?
2. What are the four steps in social interaction?
3. What is self-concept?
4. Define subliminal conditioning.
5. Enlist the determinants of Aggression.
6. Write a short note on prosocial behavior.
7. What is cognitive dissonance?
8. Define Group dynamics.
9. What is meant by polarization?
10. What is self-serving bias?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the scope of social psychology.

Or

- (b) Describe various research methods in social psychology.

12. (a) What are the different perspectives on social behavior? Explain.

Or

- (b) Elucidate the formation and management of impression.

13. (a) Analyze the different methods of attitude formation.

Or

- (b) How does helping behavior reduce negative emotions? Explain.

14. (a) Explain the external factors that influence perception.

Or

- (b) Differentiate between prosocial behavior and altruism.

15. (a) Describe the process involved in group decision making.

Or

- (b) Explain the various categories of groups.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. How did social psychology emerge in India? Discuss.
 17. How is attitude acquired from other people? Explain in detail.
 18. Discuss the most common forms of discrimination.
 19. Describe the importance of attitude in changing our thoughts.
 20. Analyze the various types of intervention techniques.
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D-1542

Sub. Code

36321

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.

Second Semester

THEORIES OF PERSONALITY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define personality.
2. Name the three structure of personality in Freud's theory.
3. What is Adler's concept of inferiority feelings?
4. List two of Fromm's basic psychological needs.
5. What is self-actualization according to Maslow?
6. Who is regarded as the Pioneer of trait theory of personality?
7. What is the unique self?
8. What are the three dimension of personality in Eysenck's model?

9. What is the main idea of Kelly's theory?
10. What are the four processes of observational learning?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the nature of personality.

Or

- (b) Describe Freud's concept of Id, Ego and superego.

12. (a) Briefly describe Adler's view on birth order and personality.

Or

- (b) Explain Fromm's concept of freedom Vs security.

13. (a) What is the 'self' according to Carl Rogers?

Or

- (b) Explain Allport's levels of traits.

14. (a) Explain the importance of childhood in personality.

Or

- (b) List and briefly describe the Big five personality traits.

15. (a) Describe Kelly's idea of "Man-the-scientist".

Or

- (b) Write a short note on Erickson's psychological theory.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Describe shaping of behaviour superstitious behaviour and self-control according to skinner.
 17. Discuss Albert Bandura's social learning theory.
 18. Explain the five-factor model of personality by McCrae.'
 19. Evaluate the strength and limitations of Allport's trait theory.
 20. Discuss Maslow's theory of personality development through to hierarchy of needs.
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D-1543

Sub. Code

36322

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Second Semester

RESEARCH METHODOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is research?
2. What is a hypothesis?
3. What is census method?
4. Give two examples of secondary data.
5. Define tabulation.
6. Name the two broad types of research.
7. What is the purpose of reviewing literature?
8. What are the four levels of measurement?
9. Define range.
10. What is correlation?

PART B — (5 × 5 = 25 marks)

Answer ALL the questions, choosing either (a) or (b).

11. (a) Differentiate between parametric and non-parametric tests.

Or

- (b) Explain the different types of variables in research.

12. (a) Explain the logic of one-way ANOVA with an example.

Or

- (b) Describe the applications of the normal probability curve.

13. (a) What are the main parts of a research proposal?

Or

- (b) Explain the main objectives of research.

14. (a) Describe the steps in processing of data.

Or

- (b) Briefly explain any three methods of data collection.

15. (a) List and explain essentials of a good sample.

Or

- (b) Write a short note on the factors, affecting research design.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain the use of parametric tests in SPSS with examples.
 17. Describe the structure and significance of a research proposal.
 18. Explain correlation and its types. Discuss Pearson's and Spearman's method with advantages and limitations.
 19. Explain the measures of central tendency with merits and limitations.
 20. Describe the different methods of sampling.
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D-1544

Sub. Code

363231

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Second Semester

EDUCATIONAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is psychology?
2. What is Thorndike's law of effect?
3. Who are the main contributors to cognitive learning theories?
4. What is thinking?
5. What is motivation?
6. What is experimental research?
7. Name one behaviourist view of learning.
8. Define classroom management.
9. What are learner differences?
10. Who are children with special needs?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the role of the college counsellor in career counselling.

Or

- (b) What are the characteristics of effective teaching and learning?

12. (a) Explain Ausubel's meaningful reception learning with its application.

Or

- (b) Explain the educational needs of disabled children.

13. (a) State the main ideas of constructivism.

Or

- (b) Describe the importance of research in educational psychology.

14. (a) Explain the role of emotion in learning.

Or

- (b) What are the qualities of a creative person?

15. (a) Explain Gestalt theory of learning.

Or

- (b) Discuss classical conditioning with Pavlov's experiment.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Discuss the major branches of psychology.
 17. Explain Piaget's cognitive development theory with classroom applications.
 18. Discuss the relationship between motivation, emotion and learning.
 19. Explain the role of research in educational psychology.
 20. Discuss Piaget's theory of intellectual development and its educational implications.
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D-1545

Sub. Code

363232

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Second Semester

REHABILITATION PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. How does American psychological association defined rehabilitation psychology?
2. What is vocational assessment?
3. How does counter-transference arises?
4. What are the various criteria related to personality disorder?
5. State the aim of detoxification.
6. Name the four main types of chromosomal aberrations.
7. List the areas in which a rehabilitation psychologist carries his/her research.
8. Why is comprehensive evaluation conducted?
9. What is the use of pentop computers?
10. List some of the common learning disabilities.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the major goals of rehabilitation psychology in improving the quality of life of persons with disabilities.

Or

- (b) Enumerate the essential competencies of a rehabilitation psychologist.

12. (a) Describe the role of psychologist in disability rehabilitation.

Or

- (b) Explain the role of social rehabilitation in promoting community participation of persons with disabilities.

13. (a) Explain the key principles of client centered therapy in psychological rehabilitation.

Or

- (b) Trace the evolution of non-government organizations in rehabilitation.

14. (a) Describe the factors influencing personality development of disabled individuals.

Or

- (b) Explain the advantages and challenges of a multi-disciplinary approach compared to a single specialty approach.

15. (a) Explain the principles and objectives of early intervention programs.

Or

- (b) Describe the emerging trends in special education.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Discuss the challenges in implementing psychological rehabilitation in developing countries like India.
 17. Evaluate the effectiveness of client-centered therapy in promoting adjustment among disabled persons.
 18. Explain the various areas of rehabilitation such as medical, psychological, vocational and social.
 19. Explain the therapeutic services and restorative techniques in psychological intervention.
 20. Discuss the applications of educational technology for disabled persons.
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D-1546

Sub. Code

36331

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Third Semester

COGNITIVE NEURO PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. Write a short note on spinal cord.
2. What is the bottleneck concept in attention?
3. Name the four lobes of the brain.
4. What are the advantages of case study?
5. Define attention.
6. Briefly explain the concept of stroop effect.
7. What is the relationship between mind and brain?
8. What is the significance of anatomical functional architecture in brain function?
9. Define forgetting.
10. Write any two differences between implicit and explicit memory.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the concept of selective attention.

Or

- (b) Discuss the historical development of cognitive neuropsychology.

12. (a) Describe the neural basis of visual attention.

Or

- (b) Explain the concept of operator selection in problem solving.

13. (a) Briefly explain the concept of perceptual constancy and its significance in perception.

Or

- (b) Describe the different levels of recall.

14. (a) Explain the role of metacognition in memory.

Or

- (b) Describe the different components of the PGI battery.

15. (a) Discuss the bottleneck concept in attention.

Or

- (b) Compare and contrast the function of different types of nerve cells.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Critically evaluate the different theories of attention capacity.
 17. Compare and contrast the different memory improvement techniques.
 18. Discuss the role of cognition in problem solving.
 19. Describe the process of learning and its significance in perception.
 20. Explain the concept of metacognition and its relationship to self-awareness cognitive monitoring and decision making.
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D-1547

Sub. Code

36332

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Third Semester

COUNSELLING THEORIES AND TECHNIQUES

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is the purpose of counselling?
2. Define Anxiety.
3. What are the essential attitudes of a professional counsellor?
4. Define self-psychology.
5. Write a short note on empathy.
6. Describe the concept of “the now” in Gestalt therapy.
7. Briefly explain the concept of “total behaviour”.
8. What is a behavioural counselling?
9. Explain the concept of reinforcement in counselling.
10. What are the importance of behaviour assessment?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the techniques used in counselling.

Or

- (b) Explain the problem-solving techniques used in cognitive behaviour modification.

12. (a) Explain the importance of cultural sensitivity in counselling.

Or

- (b) Compare and contrast the different approaches to counselling.

13. (a) Discuss the role of homework assignments in CBT.

Or

- (b) Explain the process of systematic desensitization.

14. (a) What are process of conditioning in behavioural counselling? Explain.

Or

- (b) Describe the concept of 'responsibility' in reality therapy.

15. (a) Discuss the application of Gestalt therapy techniques.

Or

- (b) Briefly explain the therapeutic process in person-centred therapy.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Design a counselling session plan for a client with a specific issue, including the goals, strategies and evaluation method.
 17. Discuss the importance of diversity and cultural sensitivity in counselling.
 18. Explain the role of ego-defense mechanisms in psychological equilibrium and their implications for mental health.
 19. Describe the contributions of Heinz Kohut to self-psychology.
 20. Critically evaluate the person-centred theory of Carl Rogers.
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D-1548

Sub. Code

36333

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Third Semester

PSYCHOPATHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Mention any two types of causal factors influencing abnormal behaviour.
2. Define Generalized Anxiety Disorder (GAD).
3. Differentiate between Bipolar-I and Bipolar-II disorders.
4. Define hypochondriasis.
5. What is orgasmic disorder?
6. Name any two categories of personality disorders.
7. Define Cognitive-Behaviour Therapy (CBT).
8. What is deinstitutionalization?
9. What is the purpose of a clinical interview in psychological assessment?
10. What are circadian rhythm sleep disorders?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss any two historical views of abnormal behaviour.

Or

- (b) Explain the symptoms and characteristics of panic disorder.

12. (a) Describe the symptoms and characteristics of cyclothymic disorder.

Or

- (b) Differentiate between sexual arousal disorders and sexual pain disorders.

13. (a) Explain any two causal factors of schizophrenia.

Or

- (b) Explain the role of marital and family therapy in psychological treatment.

14. (a) Differentiate between selective and indicative interventions.

Or

- (b) Explain the possible causes of Obsessive-Compulsive Disorder (OCD).

15. (a) Differentiate between depressive disorder and bipolar disorder.

Or

- (b) Explain the different treatment approaches for eating disorders.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain narcolepsy and breathing-related sleep disorders, including their symptoms, causes and treatment.
 17. Explain the risk factors, warning signs, and treatment strategies for suicide prevention.
 18. Elaborate the clinical features, causes and treatment approaches of panic disorder with and without agoraphobia.
 19. Discuss the different types of preventive interventions in mental health.
 20. Explain the principle, techniques and effectiveness of cognitive and Cognitive-Behaviour Therapy (CBT).
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D-1549

Sub. Code

36341

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Fourth Semester

ABNORMAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define Adjustment Disorder.
2. What is the Diathesis-Stress model?
3. Define Alcohol Dependence Syndrome.
4. What is Body Dysmorphic Disorder?
5. Define delirium.
6. What is cyclothymic disorder?
7. What are the key stages in the consumer decision-making process?
8. Define anxiety disorders.
9. Define mental retardation.
10. What is the concept of abnormality in psychology?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Briefly discuss the DSM and ICD classification systems.

Or

- (b) Discuss Allport's characteristics of a mature personality.

12. (a) Explain the multidimensional view of abnormality.

Or

- (b) Describe the clinical picture of autism.

13. (a) Explain dissociative disorders with examples.

Or

- (b) Explain any one model of consumer decision-making.

14. (a) Differentiate between bipolar I and bipolar II disorder.

Or

- (b) Explain the key symptoms of dementia.

15. (a) Differentiate between panic disorder and phobic disorder.

Or

- (b) Discuss the impact of childhood trauma on mental health.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Explain the impact of rape trauma on mental health and coping strategies for survivors.
 17. Explain the various treatment approaches for substance abuse and addiction.
 18. Discuss obsessive-compulsive disorder (OCD) in detail, including its symptoms, causes and treatment.
 19. Explain impulse control disorders and their impact on behaviour.
 20. Explain opinion leadership and its impact on consumer behaviour with examples.
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D-1550

Sub. Code

36342

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Fourth Semester

ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Mention any two psychological benefits of nature.
2. Define Environmental Psychology.
3. What is personal space in environmental psychology?
4. Define environmental stress.
5. What is the difference between wealth and climate?
6. Define sustainability in the context of environmental psychology.
7. Who is Urie Bronfenbrenner, and what is he known for in psychology?
8. What is territoriality, and why is it important in human behaviour?
9. How do NGOs contribute to environmental protection?
10. What is the reciprocal relationship between human beings and the natural world?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What are the key research methods used in environmental psychology?

Or

- (b) Explain the impact of ambient temperature and humidity on human behaviour.

12. (a) How does stress help in understanding organism-environment relationship?

Or

- (b) Explain the significance of environmental attitudes in shaping public reactions to pollution.

13. (a) How does environmental health impact human health and well-being?

Or

- (b) Explain the importance of planning in creating a better environment.

14. (a) Explain the relationship between crowding and stress.

Or

- (b) What are the main contributions of Baker's environmental psychology?

15. (a) Describe the principles of sustainable ego.

Or

- (b) How does over population contribute to environmental stress?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain the concept of understanding ordinary landscapes and the psychological benefits of nature.
 17. Discuss the history and focus of environmental psychology.
 18. Explain the concepts of environmental attachment and identity, along with their psychological significance.
 19. Discuss the psychological and social effects of natural and technological disasters.
 20. Discuss the social psychological perspective in environmental psychology with relevant examples.
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D-1551

Sub. Code

36343

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Fourth Semester

POSITIVE PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. What is Positive Psychology?
2. Mention any two benefits of smiling.
3. Write a short note on positive emotion.
4. What is Spirituality?
5. Write a brief note on positive schooling.
6. Define the term flow.
7. What is pessimism?
8. What do you mean by compassion?
9. Write a note on subjective wellbeing.
10. Define stress.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What is happiness? How do you measure happiness?

Or

- (b) Describe the benefits of experiencing positive emotions.

12. (a) Elucidate broaden and build theory.

Or

- (b) Explain the components of resilience.

13. (a) How does practicing kindness impact mental health? Explain.

Or

- (b) Suggest ways to improve self-esteem.

14. (a) Explain the steps in setting life goals.

Or

- (b) Suggest ways to cultivate the habit of compassion among children.

15. (a) Bring out the barriers in developing strengths and virtues.

Or

- (b) What is the role of empathy in building positive relationships?

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Discuss the biological factors influence happiness.
 17. How can we cultivate the habit of gratitude among adolescents? Suggest with examples.
 18. Discuss the application of positive psychology in parenting and education.
 19. Describe various stress management strategies.
 20. Analyze the role of virtues in human life.
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D-1552

Sub. Code

363441

DISTANCE EDUCATION

**M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.**

Fourth Semester

HEALTH PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is psychology?
2. What is health management?
3. What is the concept of prevention in health?
4. What do you mean by pain management?
5. How is pain controlled?
6. Mention any three psychophysiological disorders.
7. List the future challenges for health care.
8. What are the changing health habits?
9. What are the latest trends in health prevention?
10. What are the health enhancing behaviours?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What are health challenges? How to environmental factors contribute to these health challenges?

Or

- (b) What is a health care system? What lessons have been learnt from recent outbreaks?

12. (a) What do you mean by public health? How does the condition of obesity pose challenges to public health?

Or

- (b) What is mental health? Explain the relationship of mental health with that of physical health.

13. (a) What is stress? Discuss its role in well-being.

Or

- (b) What are chronic diseases? Discuss the role of Indian treatment in it.

14. (a) What is health informatics? Explain.

Or

- (b) How will you ensure quality patient care? Explain.

15. (a) What are secondary prevention in health care? Explain.

Or

- (b) What is disease prevention? Discuss the role of vaccination programme in it.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. What is health psychology? Explain its role in physical and mental well-being.
 17. What is stress management? Explain the physiological and psychological effects of stress on health.
 18. What is a health care system? Explain the attitude of health professionals in it.
 19. What is prevention of health? Explain the theory of planned behaviour.
 20. Bring out the meaning of different types of pains. How do they affect individuals differently?
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D-1553

Sub. Code

363442

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION,
DECEMBER 2025.

Fourth Semester

ORGANISATIONAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. What do you mean by Organizational Psychology?
2. Write a brief note on group dynamics.
3. State any three limitations of power.
4. List the positive consequences of conflict.
5. What is directive counselling?
6. What is meant by chronic absenteeism?
7. Define organizational culture.
8. What is behavioral communication?
9. Name the three stages of stress.
10. What do you understand by QWL?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Analyze the determinants of personality.

Or

- (b) Discuss the different stages of group formation.

12. (a) Explain the strategies for resolving destructive conflict.

Or

- (b) Difference between upward communication and downward communication.

13. (a) Describe the five key pillars of organizational excellence.

Or

- (b) Elucidate the causes and symptoms of occupational stress.

14. (a) Why is it important to manage unruly employees? Explain.

Or

- (b) Explain Tuckman's Model of Group Development.

15. (a) Describe the consequences of workplace stress.

Or

- (b) Explain John Kotter Model for Change.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Describe the impact of organizational politics in detail.
 17. Suggest various stress management strategies.
 18. Elaborate on the different leadership styles.
 19. Describe the conflict process.
 20. How has the field of organizational psychology evolved over time? Analyze.
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