

D-2541

Sub. Code

36311

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

First Semester

THEORETICAL PERSPECTIVES IN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. What is meant by self archetype?
2. Define the term classified conditioning.
3. What is vicarious reinforcement?
4. Identify the primary need emphasized in McClellan's theory of needs.
5. Mention any two therapeutic techniques.
6. Name the four motivating factors as given in Hindu theory of motivation.
7. What are the stages in language development?
8. List out the salient features of attention.
9. Define schemas.
10. What is perceptual constancy? Give one examples.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe Carl Jung's view on personality development.

Or

- (b) Elucidate the importance of Drive reduction theory of Hull.

12. (a) Distinguish between classical conditioning and operant conditioning.

Or

- (b) Explain the concept on self-actualization with an example.

13. (a) Write a short note on theory of forgetting.

Or

- (b) Suggest some cognitive strategies to enhance memory among children.

14. (a) Analyze the role of Lewins field theory in personality development.

Or

- (b) What are the major causes of illusion?

15. (a) Explain the importance of Bruner's approach in social constructivism.

Or

- (b) Write a short note on the origin of psychology.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Describe the stages of psycho sexual development proposed by Freud.
 17. Discuss the most important fields of psychology.
 18. Explain the various steps in the process of problem solving.
 19. Analyze the role of psycho analytic therapies in treating personality disorder.
 20. Explain Maslow's Hierarchy of needs theory? How does this theory help in understanding human motivation?
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D-2542

Sub. Code

36312

DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2026.

First Semester

LIFE SPAN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is life span development?
2. Name freuds psycho sexual stages of development.
3. Define teratology.
4. Write short note on ADHD.
5. What are newborn reflexes?
6. List the main functions of language.
7. Mention the major causes of divorce in adulthood.
8. What are the factors underlying different types of neurocognitive disorders?
9. Mention any two aspects of intellectual development in old age.
10. Explain the meaning of career planning.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe piglets stages of cognitive development.

Or

- (b) Explain Erikson's psychosocial development theory.

12. (a) What are the salient feature of physical and cognitive development during middle childhood.

Or

- (b) List the major developments that occur during the neonatal period.

13. (a) Suggest strategies for parents to support a child diagnosed with ADHD in daily routines.

Or

- (b) State the guidelines for improving young children's comprehension.

14. (a) Elucidate the stages of dying.

Or

- (b) What is juvenile delinquency? How can this behavioral disorder be prevented?

15. (a) Discuss the problems faced by unmarried adults.

Or

- (b) Briefly explain Riegel's theory of post-formal thought.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Compare and contrast Erikson's and Freud's development theories.
 17. Describe the developmental milestones in infancy and early childhood.
 18. How would you apply development principles to care for an elderly person?
 19. What are the factors that trigger aggression? Explain in detail.
 20. Discuss in detail the important of maintaining healthy family relationships in our lives.
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D-2543

Sub. Code

36313

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

First Semester

SOCIAL PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define Social Psychology.
2. Distinguish Society and culture.
3. What do you mean by social behaviour?
4. How is self concept determined?
5. Mention the Sources of Prejudice.
6. Define Aggression.
7. What are the consequences of the attribution process?
8. List out the drawbacks of group decision-making.
9. Identify the major sources of error in social perception.
10. Define deliberation Style.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the basic concept of social psychology.

Or

- (b) What is the relationship between sociology and anthropology?

12. (a) Explain the correlation method used in research.

Or

- (b) What are the four basic steps in social interaction?

13. (a) Explain the types and significance of non-verbal communication.

Or

- (b) Describe the relationship between impression formation and impression management in social interactions.

14. (a) Explain the concept of classical conditioning with a suitable example.

Or

- (b) List out the remedial factors to overcome cognitive dissonance among human being.

15. (a) What is catharsis? How does it help in reducing emotional tension?

Or

- (b) Explain the internal and external factors influencing altruistic.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Give a detailed account of social psychology in the new millennium.
 17. Discuss the procedure of experimental method in research.
 18. Analyse the role of social thinking in determining an individuals behaviour.
 19. How can we prevent and control aggression? Explain.
 20. Describe the attitude and its influence on behaviour.
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D-2544

Sub. Code

36321

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Second Semester

THEORIES OF PERSONALITY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What is a personality theory?
2. Who is the founder of psychoanalysis?
3. What is Adler's "striving for superiority"?
4. What is Fromm's basic human dilemma?
5. Name any two levels of Maslow's hierarchy of needs.
6. What is functional autonomy of motives?
7. Name two characteristics of a healthy adult personality.
8. Define the nature of personality in one line.
9. What is modelling according to Bandura?
10. What is a Skinner Box?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) What is Carl Jung's concept of archetypes? Give example.

Or

- (b) Briefly explain shaping of behaviour.

12. (a) What is self-efficacy and why is it important?

Or

- (b) How do personal constructs help in anticipating life events?

13. (a) What are the main features of Buss at Plomin's temperament theory?

Or

- (b) What are dynamic traits in Cattell's theory?

14. (a) Briefly describe Allports' contribution to the nature of personality.

Or

- (b) Explain Maslow's hierarch of needs.

15. (a) What is Karen Horney's idea of the "Idealized Self-image"?

Or

- (b) Explain Adler's concept of inferiority feelings and their role in personality.

PART C — (3 × 10 = 30 marks)

Answer any **THREE** questions.

16. Explain Carl Jung's Analytic theory of personality.
 17. Compare Adler and Fromm's theories of personality.
 18. Discuss Allport's traits theory of personality.
 19. Discuss Raymond Cattell's trait approach to personality.
 20. Explain the ways of anticipating life events according to Kelly.
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D-2545

Sub. Code

36322

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Second Semester

RESEARCH METHODOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Name two types of research.
2. Define sampling.
3. What is case study method?
4. What are the two main stages of research?
5. State two criteria of a good research problem.
6. What is a class interval?
7. What does ANOVA test mean?
8. What is experimental research?
9. What is a variable?
10. What is SPSS?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the meaning and purpose of research.

Or

- (b) What is the significance of reviewing literature in corporate management research?

12. (a) What are the essentials of a good interview? Explain.

Or

- (b) Explain the functions of reviewing literature.

13. (a) Explain the steps in preparing a frequency distribution.

Or

- (b) Explain the logic of one-way ANOVA with an example.

14. (a) What are the essentials of a good research report?

Or

- (b) Describe the importance of controlling variables.

15. (a) List any four non-parametric tests in SPSS and their uses.

Or

- (b) Discuss the criteria for selecting research tools.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Discuss the significance of research in social science.
 17. Evaluate a good research design. What are its essentials features?
 18. Describe the types of interviews and effective interviews techniques.
 19. Discuss the nature, sources and criteria of a good research problems.
 20. Explain frequency distribution and its graphical representation.
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D-2546

Sub. Code

363231

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Second Semester

EDUCATIONAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Who is a college counselor?
2. What is behavior modification?
3. What is operant conditioning?
4. Who are gifted children?
5. Define intelligence.
6. What is language acquisition?
7. Give one example of experimental research in education.
8. What is task value?
9. What is Socratic questioning?
10. What is insight learning?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Out line the history of psychology.

Or

- (b) Explain classical conditioning with Pavlov's experiment.

12. (a) Explain Aurubel's theory of meaningful learning.

Or

- (b) What are the main components of critical thinking?

13. (a) What are the components of expectancy value theory?

Or

- (b) Differentiate between experimental and non-experimental methods.

14. (a) List common problem behavior in the classroom. Explain.

Or

- (b) How does culture affect learning?

15. (a) Why is inclusion important in schools?

Or

- (b) What are the applications of Bandura's social learning theory?

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain the role of the counselor in addressing sensitive issues like love failures, attempted suicide and substance abuse among college students.
 17. Discuss effective teaching strategies including technology-based methods.
 18. Discuss the causes and remedies of problem behaviour in classroom.
 19. Explain Vygotsky's socio cultural theory and its applications in education.
 20. Discuss the role of research in educational psychology.
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D-2547

Sub. Code

363232

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Second Semester

REHABILITATION PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. What are the different types of intervention modalities?
2. What is Pattison Psychosocial Kinship Inventory?
3. State the premise of client-centered therapy.
4. What are the two main psychoactive substance disorders?
5. Define Rehabilitation.
6. What is the scope of rehabilitation psychologist?
7. Why is the social model of disability criticized?
8. Give the functions of a community chest.
9. List the various responsibilities of a social administrator.
10. How does assistive technology help?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the nature of work settings of rehabilitation psychologists.

Or

- (b) Explain the importance of assessment and intervention skills for a rehabilitation psychologists.

12. (a) Elucidate the barriers to rehabilitation of persons with disabilities in society.

Or

- (b) Compare and contrast medical rehabilitation and vocational rehabilitation.

13. (a) Describe the scope of Rehabilitation psychology.

Or

- (b) Enumerate the core principles of psychoanalytic approach in psychological rehabilitation.

14. (a) Describe the techniques for assessment of personality of disabled individuals.

Or

- (b) Explain the importance of multidisciplinary approach in rehabilitation.

15. (a) Suggest measures for promoting healthy personality development among disabled persons.

Or

- (b) Explain the role of special education in the rehabilitation of children with disabilities.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Discuss the scope and significance of rehabilitation psychology in the field of disability management.
 17. Explain the interventions based on psychoanalytic therapy.
 18. Explain the importance of vocational rehabilitation for persons with disabilities.
 19. Elaborate the learning theories and strategies in psychological intervention.
 20. Discuss the screening and early identification of people with developmental disabilities.
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D-2548

Sub. Code

36331

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Third Semester

COGNITIVE NEURO PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. Define Weber's Law.
2. List out the lobes of the Brain.
3. What is Artificial Intelligence?
4. What are the types of brain injuries?
5. Write a note on amygdala.
6. List out the approaches of cognitive psychology.
7. Write the types of attention.
8. Mention the types of memory.
9. What is forgetting?
10. Define cognition.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the significance of cognitive neuropsychology in understanding the relationship between brain and behaviour.

Or

- (b) Write short notes on :
(i) Hippocampus and
(ii) Amygdala.

12. (a) Enumerate the principles of signal detection theory as part of modern psychophysics.

Or

- (b) Explain the importance of neuroplasticity in brain injury recovery.

13. (a) Describe the Gestalt principles of perceptual organization with examples.

Or

- (b) Explain the Atkinson-Shiffrin model of memory.

14. (a) Explain the stages involved in problem solving process.

Or

- (b) Differentiate between sensation and perception with examples.

15. (a) Describe encoding failure and retrieval failure as causes of forgetting.

Or

- (b) Elucidate the strategies that enhance metacognition in students.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain the structure and functions of the major lobes of the cerebral cortex.
 17. Discuss the role of attention in enhancing learning and performance.
 18. Analyze the distinction among short term memory, working memory and long term memory.
 19. Evaluate the role of metacognition in academic achievement and problem solving.
 20. Explain the use of fMRI and PET in cognitive neuroscience research.
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D-2549

Sub. Code

36332

DISTANCE EDUCATION

M.Sc.(Psychology) DEGREE EXAMINATION, MAY 2026.

Third Semester

COUNSELLING THEORIES AND TECHNIQUES

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. State the purpose of counselling.
2. List the main stages of counselling process.
3. Mention the characteristics of an effective counsellor.
4. What are the ethical considerations in counselling?
5. State the importance of values in counselling.
6. What is the role of anxiety and ego-defence mechanisms in psycho analytic theory?
7. What is meant by free association in psycho analysis?
8. Spell the focus of Gestalt therapy?
9. What is “WDEP” system in reality therapy?
10. What is the primary goal of cognitive restructuring in cognitive behavioural therapy?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Define counselling. How does it differ from guidance and psychotherapy.

Or

- (b) Write notes on counselling for persons with disabilities.

12. (a) Describe the various methods of behavioural assessment.

Or

- (b) Evaluate the strengths and limitations of dream analysis as a counselling technique.

13. (a) Explain the core conditions for effective counselling in Roger's person-centered theory.

Or

- (b) Describe skinner's operant behaviorism.

14. (a) Explain the tools of assessment in guidance.

Or

- (b) Highlight the importance of group counselling.

15. (a) Enumerate the basic characteristics of therapeutic process.

Or

- (b) Explain the major assumptions of reality therapy.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Elucidate the personal and professional qualities of an effective counsellor with examples.
 17. Elicit the role of Beck's cognitive model in managing anxiety and depression.
 18. Analyze Freud's theory of dreams as 'the royal road to unconscious'.
 19. Explain the major approaches to counselling directive, non-directive and electric.
 20. Explain how behavioral assessment is used in developing intervention strategic.
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D-2550

Sub. Code

36333

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Third Semester

PSYCHOPATHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define abnormal behaviour
2. What is the need for the classification of abnormal behaviour?
3. Name two subtypes of schizophrenia
4. Define sexual desire disorder.
5. List two clinical features of borderline personality disorder.
6. Define behaviour therapy.
7. What is cognitive-behaviour therapy (CBT)?
8. What is obsessive-compulsive disorder (OCD)?
9. Define post-traumatic stress disorder (PTSD).
10. What is a specific phobia?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain humanitarian approaches to abnormal psychology.

Or

- (b) Discuss the psychosocial causal factors of abnormal behaviour

12. (a) Explain the treatment of sexual dysfunction.

Or

- (b) Describe the subtype Paranoid Schizophrenia.

13. (a) Explain humanistic experiential therapy.

Or

- (b) Write a note on deinstitutionalisation

14. (a) Elaborate on the DSM system.

Or

- (b) Explain the treatment and prevention of Suicide

15. (a) Explain the treatment methods for panic disorder.

Or

- (b) Discuss the differences between Primary Insomnia and Primary Hypersomnia

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Describe somatoform and dissociative disorders in detail, along with their treatment and outcome.
17. Explain sexual pain disorders with causes and treatment.

18. Discuss levels of preventive interventions in mental health.
 19. Discuss Generalized Anxiety Disorder with clinical description, causes, and treatment.
 20. Explain the role of psychological and behavioural treatments in managing sleep disorders.
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D-2551

Sub. Code

36341

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Fourth Semester

ABNORMAL PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL the questions.

1. Define Abnormal Behaviour.
2. Define normality in psychology.
3. What is meant by the multidimensional view of abnormality?
4. Name any two conceptions of abnormal behaviour.
5. What is Mental Retardation (MR)?
6. What are anxiety disorders?
7. Name two common symptoms of schizophrenia.
8. Name two common mood disorders.
9. What are disorders of adult personality and behaviour?
10. Name two examples of addictive disorders.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the criteria of abnormal behaviour.

Or

- (b) Briefly explain the levels of Mental Retardation (MR).

12. (a) Briefly explain the causal factors of Autism Spectrum Disorder (ASD).

Or

- (b) Briefly explain depressive disorder and its psychosocial causal factors.

13. (a) Write a short note on models of consumer decision making.

Or

- (b) Explain sexual and gender identity disorder.

14. (a) Write a short note on culture-bound psychotic syndromes.

Or

- (b) Explain panic and phobic disorders.

15. (a) Explain about genetic Vulnerabilities.

Or

- (b) Write the characteristics of Adjustment Disorders.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Explain about Jahoda's Healthy personality.
 17. Briefly explain somatoform and dissociative disorders.
 18. Discuss about opinion leadership professions.
 19. Discuss about the ICD-10 Classification of mental disorders.
 20. Explain briefly the Post-Traumatic Stress Disorder
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D-2552

Sub. Code

36342

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Fourth Semester

ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. List two psychological benefits of Nature.
2. What is Spatial Cognition?
3. Write note on Crowding.
4. What is Micro System?
5. Give the difference between Climate and weather?
6. Give the pillars of Sustainability.
7. Mention the key environmental issues in the WWF nations
8. How do climate change affects Environment?
9. What is acid Rain?
10. List the eastern Techniques of Mapping.

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the characteristics of Environmental Psychology

Or

- (b) Explain Urie Bronfenbrenner Ecological approach

12. (a) What is territoriality and discuss its types?

Or

- (b) Explain the types of environmental Stressors

13. (a) Describe the principles of sustainable design.

Or

- (b) Discuss the causes of Littering.

14. (a) Explain the types of Environmental degradation.

Or

- (b) What is cognitive mapping and discuss the types of cognitive mapping?

15. (a) Describe Lazarus Model of Stress.

Or

- (b) Explain the factors responsible for noise pollution.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Describe the role of Environmental Psychologists.

17. Discuss the effects of physical environment on health

18. Explain the role of media in environmental awareness
 19. Explain the impact of seasons on the overall mental state
 20. Explain the main research methods used in environmental research.
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D-2553

Sub. Code

36343

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Fourth Semester

POSITIVE PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. Define: Positive Psychology.
2. What do you mean by positive traits?
3. Define: Emotional Intelligence.
4. Compares optimism and pessimism.
5. List out the positive coping strategies.
6. What is positive schooling?
7. What is meant by self - efficacy?
8. What are the determinants of happiness?
9. What are the ways to promote healthy coping strategies?
10. What is interpersonal relationship?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the meaning and measures of happiness.

Or

- (b) Describe Broaden and build theory of emotions.

12. (a) What is resilience? Explain the sources of resilience in children.

Or

- (b) Explain the social construction of self-esteem.

13. (a) How to use applications of positive psychology in everyday life?

Or

- (b) Explain the concept of empathy and altruism.

14. (a) Explain the type and sources of stress.

Or

- (b) Describe the barriers in developing strengths and virtues.

15. (a) Write a note on biological foundation of happiness.

Or

- (b) Explain in details about relationship between health and clinical psychology.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Enumerates the basic concept of positive psychology and its relationship to other branch of psychology.
 17. Briefly discuss cognitive states and processes in positive psychology.
 18. Explain the strategies used to enhance happiness through pleasure, engagement, meaning-making, and self-related processes.
 19. Explain historical overview of positive psychology, prevention and therapy module.
 20. Define subjective well-being and explain the indicators and determinants of well-being.
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D-2554

Sub. Code

363441

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Fourth Semester

HEALTH PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. What is the difference between disease and illness?
2. Write the concept of Health Literacy.
3. What is the need for health psychology?
4. What is the Theory of Planned Behavior (TPB)?
5. State the principles of yoga practices.
6. What is an assumption in health psychology?
7. Mention the latest trend in health psychology theories.
8. State the Names of common pain control techniques.
9. How does stress affect diabetes? Explain.
10. How do coping resources moderate stress-immune relationships?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the factors influencing health behaviours.

Or

- (b) Describe cognitive-behavioral approaches to modifying health behavior.

12. (a) What is Attribution Theory and how does it apply to health behavior?

Or

- (b) How is pain managed in health psychology?

13. (a) Differentiate between the biomedical and biopsychosocial models of health.

Or

- (b) Describe the current scenario of the Indian healthcare system.

14. (a) Explain the placebo effect in pain management.

Or

- (b) Define psychoneuroimmunology and explain its components.

15. (a) Describe the psychological effects of hospitalization on patients.

Or

- (b) Define stress and discuss its models.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Discuss the need and significance of Health Psychology in today's world.
 17. Explain the role of Yoga and Indian treatment in health psychology.
 18. Explain the role of health psychology in promoting health and preventing illness.
 19. Define psychophysiological disorders and discuss the role of personality in their development.
 20. What is burnout in health professionals, and how can the healthcare Environment be improved for health professionals?
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D-2555

Sub. Code

363442

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2026.

Fourth Semester

ORGANIZATIONAL PSYCHOLOGY

(CBCS 2018 – 19 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

1. List the elements of Organizational Behaviour.
2. Mention the benefits of teamwork.
3. Name the methods of stress management.
4. List any three barriers to effective communication.
5. What is the role of a workplace counsellor in socialization?
6. Who are maladjusted employees?
7. Mention two characteristics of an effective group.
8. State the determinants of group effectiveness.
9. What is workplace stress?
10. What is Organizational Behaviour Modification (OB Mod)?

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the importance of formal and informal groups in organizations.

Or

- (b) What are the types and sources of power in organizations?

12. (a) Explain the conflict process in organizations.

Or

- (b) Describe the dimensions of socialization.

13. (a) What are the causes and consequences of employee absenteeism?

Or

- (b) Describe the five stages of group development.

14. (a) What are the key functions of organizational culture?

Or

- (b) Describe two models of leadership behavior.

15. (a) Differentiate between productive and counterproductive behavior in organizations.

Or

- (b) Define organizational communication and explain its process.

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Discuss the need for studying Organizational Behavior and its relevance in today's global scenario.
 17. Illustrate the theories of leadership behavior.
 18. Explain the motivation theories. Which motivation theory is more applicable in the workplace?
 19. Discuss the process of communication within organization in the present day context with relevant examples .
 20. Explain the reduction strategies of conflicts of group behaviour in organizations.
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