

<b>R-3113</b>
---------------

<b>Sub. Code</b>
------------------

<b>771101</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019.**

**First Year**

**Physical Education**

**PRINCIPLES AND HISTORY OF PHYSICAL  
EDUCATION**

**(CBCS – 2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Differentiate among physical education physical culture and physical primary.

Or

- (b) Describe physical education based on philosophical and scientific aspect.

2. (a) Explain role of heredity and environment on sports development.

Or

- (b) Explain effect of exercise on muscles tone and Athletic Heart.

3. (a) Explain influence of sports participation on National Investigation and leadership Gravities.

Or

- (b) Describe social qualities through sports participation.

4. (a) Describe about modem Olympic game.

Or

- (b) Explain ancient Olympic game.

5. (a) Explain function of sports development authority of Tamilnadu.

Or

- (b) Explain importance of Teacher Training Institution in Tamilnadu.

---

<b>R-3114</b>
---------------

<b>Sub. Code</b>
------------------

<b>771102</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**First Year**

**Physical Education**

**SPORTS MANAGEMENT IN PHYSICAL EDUCATION**

**(CBCS – 2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Explain importance of sports management.

Or

- (b) Explain scheme of organisation at college level.

2. (a) Explain care and maintenance of Gymnasium.

Or

- (b) Explain qualities and qualification of physical education teacher.

3. (a) Explain types of physical education periods.

Or

- (b) Explain preparation and administration of a budget.

4. (a) Explain relationship with the administrative and the physical education teacher.

Or

- (b) Explain guiding principles of supervision.

5. (a) Explain importance of seminar and conference.

Or

- (b) Explain preparation and conduct of demonstration.
-

<b>R-3115</b>
---------------

<b>Sub. Code</b>
------------------

<b>771103</b>
---------------

**D.P.Ed. EXAMINATION, APRIL 2019**

**First Year**

**Physical Education**

**METHODS IN PHYSICAL EDUCATION**

**(CBCS – 2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** the questions choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Explain in detail the factors that influence method of teaching.

Or

- (b) Explain steps in preparation of teaching methods in physical education.

2. (a) Explain factors influencing class management.

Or

- (b) Explain types of commands.

3. (a) Prepare a General Lesson plan for 10<sup>th</sup> standard students.

Or

- (b) Explain principles of Lesson plan.

4. (a) Prepare a fixture for knock out tournament for 21 teams.

Or

- (b) Explain the importance of intramural and extramural.

5. (a) Explain about standard sports meet and non standard sports meet.

Or

- (b) Explain various Incentives and Awards.

---

<b>R-3116</b>
---------------

<b>Sub. Code</b>
------------------

<b>771104</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**First Year**

**Physical Education**

**ANATOMY AND PHYSIOLOGY**

**(CBCS – 2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer all the Questions choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75 marks)

1. (a) Draw a neat diagram of a cell and explain its structure and properties.

Or

- (b) Define Joint and Explain types of joints with suitable illustration.

2. (a) Draw a neat diagram of a structure of Heart and Explain its parts.

Or

- (b) Explain Constituents of Blood and their functions.

3. (a) Explain Mechanism of Respiration.

Or

- (b) Explain structure and function of Lungs.

4. (a) Explain Function of Pancreas and Liver.

Or

(b) Explain structure and functions of the Kidneys.

5. (a) Explain function of Endocrine glands.

Or

(b) Explain functions of spinal cord.

---



<b>R-3117</b>
---------------

<b>Sub. Code</b>
------------------

<b>771105</b>
---------------

**D.PEd. EXAMINATION, APRIL 2019**

**First Year**

**Physical Education**

**OFFICIATING AND RULES OF GAMES AND SPORTS  
AND COACHING — I**

**(CBCS – 2018 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** the questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Describe the History of Game of your specialization in India.

Or

- (b) Draw a neat diagram of a Football play field and Mention all the measurements.

2. (a) Describe any two fundamental skills in Basket ball or Handball.

Or

- (b) What do you mean by lead up game? and explain any two lead up game in Throwball or Kabaddi.

3. (a) Explain system of officiating in Basket ball or softball.

Or

- (b) Explain basic rules and regulation of Handball.

4. (a) Differentiate among teaching training and coaching.

Or

- (b) Define sports training and explain a training programme to improve strength endurance.

5. (a) Explain about circuit training.

Or

- (b) Explain about interval training.

---

<b>R-3118</b>
---------------

<b>Sub. Code</b>
------------------

<b>771201</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**Second Year**

**Physical Education**

**MEASUREMENT AND EVALUATION**

**(CBCS 2015 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Write down Need and Importance of Measurement of Evaluation.

Or

- (b) Write down definition and Meaning of Validity, Reliability and Norms.

2. (a) Write the test classification and define individual and group test.

Or

- (b) Explain the presenting and interpreting the data. How to use test results?

3. (a) Write down meaning and definition of areas of evaluation and physical fitness.

Or

- (b) Write down all the physical fitness components. Explain any two.

4. (a) Write down cooper's 12 minutes run/walk test.

Or

(b) Explain woodruff alignment posture test.

5. (a) Explain McDonald wall volley test.

Or

(b) Explain Johnson Basketball test

---

**R-3119**

**Sub. Code**

**771202**

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**Second Year**

**Physical Education**

**RECREATION, CAMPING AND SAFETY EDUCATION  
IN PHYSICAL EDUCATION**

**(CBCS – 2015 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Define recreation and describe the objectives of recreation.

Or

- (b) State and explain philosophy and leisure time recreational activities.
2. (a) Briefly explain the role being played by the various agencies providing recreation.

Or

- (b) Write down the factors effecting its organization in creation.

3. (a) Write in detail on general principles of program planning in recreation.

Or

- (b) List any five outdoor games and explain in detail.

4. (a) What is map reading and explain the steps to organize a leadership camp.

Or

- (b) Write the meaning and qualities of leadership in camping.

5. (a) Write the meaning of safety education and explain the role of physical education teacher in safety measures.

Or

- (b) Draw a neat diagram of gymnasium and explain the maintenance of gymnasium.

---

<b>R-3120</b>
---------------

<b>Sub. Code</b>
------------------

<b>771203</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**Second Year**

**Physical Education**

**HEALTH EDUCATION, NUTRITION AND SPORTS  
INJURY MANAGEMENT**

**(2015 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Define the personal hygiene. Describe about the detection and prevention of diseases.

Or

- (b) Explain the health factors influence in school health problems.

2. (a) Explain any two communicable diseases.

Or

- (b) Write meaning of immunity. Explain preventive measures to combat infection.

3. (a) Write diet energy requirements in sports.

Or

- (b) Explain the factors determining diet in sports.

4. (a) Describes dislocation and subluxation.

Or

(b) Explain the sprain and strain.

5. (a) Define massage and explain any two types of massage.

Or

(b) Explain the therapeutic exercises.

---



<b>R-3121</b>
---------------

<b>Sub. Code</b>
------------------

<b>771204</b>
---------------

**D.P.Ed EXAMINATION, APRIL 2019**

**Second Year**

**Physical Education**

**EDUCATIONAL TECHNOLOGY IN PHYSICAL  
EDUCATION**

**(CBCS – 2015 onwards)**

Time : 3 Hours

Maximum : 75 Marks

(5 × 15 = 75)

Answer **all** questions, choosing either (a) or (b).

1. (a) Briefly give the introduction of educational technology and influence of educational technology in physical education.

Or

- (b) Explain the nature and scope of educational technology in Physical Education.

2. (a) Define maps. Explain the different types of maps.

Or

- (b) Describe about the teaching aids.

3. (a) Define graph. Explain the various types of graph.

Or

- (b) Explain the uses of the tape recorder and video cassettes.

4. (a) Discuss the importance of uses of E-learning in Physical Education.

Or

- (b) What is website? Write the uses of properties of internet.

5. (a) Explain the tools in ground marking and maintenance.

Or

- (b) Describe duties of ground staff teacher and student counseling.

---

<b>R-3122</b>
---------------

<b>Sub. Code</b>
------------------

<b>771205</b>
---------------

**D.P.Ed. DEGREE EXAMINATION, APRIL 2019**

**Second Year**

**Physical Education**

**OFFICIATING AND RULES OF GAMES AND SPORTS  
AND COACHING – II**

**(CBCS – 2015 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions by choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the origin and development in the game of Ball Badminton.

Or

- (b) Draw a neat diagram of Tennikoit and Kho-Kho.

2. (a) List out the officials and methods of officiating in jump events and throwing events.

Or

- (b) Explain any one system of play in Cricket and explain the role of match referee in Cricket.

3. (a) Explain the method of teaching any two fundamental skills in Volleyball and write any two offensive and defensive tactics.

Or

- (b) List any three lead up games in Badminton.

4. (a) Define sports training and explain the types of conditioning exercise and its principles.

Or

- (b) Define strength and flexibility and its components.

5. (a) Write short notes on Fartlek training and interval training.

Or

- (b) Explain any three types of training.
-