D.P.Ed. EXAMINATION, APRIL 2021

First Year

Physical Education

PRINCIPLES AND HISTORY OF PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions.

All questions carry equal marks.

 $(5 \times 15 = 75)$

1. (a) Define Education and explain the differences among physical education, physical culture and physical training.

Or

- (b) Define Physical Education and explain aims and objectives of Physical Education.
- 2. (a) Explain body types according to Sheldon and Kretchmes classification.

Or

(b) Explain in detail about Physiological and Anatomical differences between Boys and Girls during Adolescence periods. 3. (a) Describe role sports on National Integration.

Or

- (b) Describe Role of sociological foundation of sports on Individual and society.
- 4. (a) Explain the physical education programme in Sparta and Athens.

 \mathbf{Or}

- (b) Explain about Turnverence movement.
- 5. (a) Explain role of SAI.

Or

(b) Explain Role of National School Games Federation of India.

D.P.Ed. EXAMINATION, APRIL 2021

First Year

Physical Education

SPORTS MANAGEMENT IN PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer all questions.

All questions carry equal marks.

 $(5 \times 15 = 75)$

1. (a) Explain principles of Sports Management.

Or

- (b) Explain objectives of Sports Management.
- 2. (a) Qualities and qualification of Physical education teacher Explain.

Or

- (b) Explain care and maintenance of Swimming pool.
- 3. (a) Explain factors influencing physical education programme planning.

Or

(b) Explain preparation and administration of a Budget.

4. (a) Explain meaning and needs for supervision.

Or

- (b) Explain guiding principles of supervision.
- 5. (a) Explain types of supervision.

Or

(b) Explain importance of preparation and conduct of Demonstration.

 $\mathbf{2}$

Sub. Code	
771103	

D.P.Ed. DIPLOMA EXAMINATION, APRIL 2021

First Year

Physical Education

METHODS IN PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** the questions.

All questions carry equal marks.

 $(5 \times 15 = 75)$

1. (a) Explain different types of teaching methods and aids.

 \mathbf{Or}

- (b) Explain in detail the factors that influence method of teaching.
- 2. (a) Explain principles of class management.

Or

- (b) Explain various methods of teaching activities.
- 3. (a) Explain values of lesson plan.

Or

(b) Prepare a specific lesson plan for 9th standard students.

4. (a) Explain types of competition.

Or

- (b) Draw a fixture for knock out cum league tournament for 19 teams.
- 5. (a) Explain criteria for classification of pupils.

Or

(b) Explain the advantages of demonstration.

 $\mathbf{2}$

Sub. Code	
771104	

D.P.Ed. DIPLOMA EXAMINATION, APRIL 2021

First Year

Physical Education

ANATOMY AND PHYSIOLOGY

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions.

All questions carry equal marks.

 $(5 \times 15 = 75)$

1. (a) Explain different types of muscles structure.

Or

- (b) Define joint and explain synovial fluid joints.
- 2. (a) Explain functions of blood.

Or

- (b) Explain about cardiac cycle.
- 3. (a) Explain internal respiration and external respiration.

Or

(b) Explain structure and function of lungs.

4. (a) Explain structure and function of skin.

Or

- (b) Explain structure and function of stomach, small and large intestine.
- 5. (a) Explain function of pituitary and thyroid glands.

Or

(b) Explain autonomous nerves system.

 $\mathbf{2}$

Sub. Code	
771105	

D.P.Ed. EXAMINATION, APRIL 2021

First Year

Physical Education

OFFICIATING AND RULES OF GAMES AND SPORTS COACHING – I

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions.

All questions carry equal marks.

 $(5 \times 15 = 75)$

1. (a) Describe the history of Foodball in India.

Or

- (b) Draw a neat diagram of a Handball court and mention all the measurements.
- 2. (a) Describe any two fundamental skills in softball or Basketball.

Or

- (b) Draw a neat diagram of a 400 mts track and mark all the events measurements.
- 3. (a) What do you mean by lead up game? and explain any two lead-up game in.

Or

(b) Explain system of officiating in Throwball or Kabaddi.

4. (a) List out types of warming-up and explain importance of warm up and warm down.

Or

- (b) Define sports training and explain the components of motor fitness.
- 5. (a) Explain the need and importance of Fartlek training for Athletes.

Or

(b) List out types of training and explain about importance of circuit training.

 $\mathbf{2}$

Sub. Code	
771201	

D.P.Ed. DEGREE EXAMINATION, APRIL - 2021

Second Year

MEASUREMENT AND EVALUATION

(CBCS - 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

 $(5 \times 15 = 75)$

1. (a) Write in detail need and importance of evaluation and measurement.

Or

- (b) Explain the selection of test, criteria, objectivity, validity and reliability.
- 2. (a) Brief about test procedures before, during and posttest.

Or

- (b) Write down test's scoring, analyzing, presenting and interpreting process with uses of results.
- 3. (a) Explain the process of conducting AAPHERED youth fitness test.

Or

(b) Write a procedure of conducting JCR and Borrow motor ability test.

4. (a) Brief about Harward step-test and cooper's l2 mins run/walk test.

Or

- (b) Classification of pupils and need and importance of grading and evaluation methods in physical education.
- 5. (a) Write a procedure of Johnson Basketball test and explain it.

Or

(b) Write in detail about French field hockey test.

 $\mathbf{2}$

D.P.Ed. DEGREE EXAMINATION, APRIL – 2021

Second Year

RECREATION, CAMPING AND SAFETY EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer all questions, choosing either (a) or (b).

 $(5 \times 15 = 75)$

1. (a) Define recreation and explain its scope and significance.

Or

- (b) Explain the philosophy, objectives, relationship of Leisure and Recreation.
- 2. (a) Explain the organization and administration process of recreation.

Or

- (b) Write down recreation areas, equipment facilities and their maintenance.
- 3. (a) Explain the program planning for recreational activities and general principles of constructions.

Or

(b) Write types of recreation and explain any three in detail.

4. (a) Define camping and explain types of camps, scope and significance of camping.

Or

- (b) Explain the leadership supervision functions in camp program.
- 5. (a) Write meaning of safety education and explain factors affecting safety at home.

Or

(b) Explain the role of physical education teacher in safety.

 $\mathbf{2}$

Sub. Code	
771203	

D.P. Ed. DEGREE EXAMINATION, APRIL - 2021

Second Year

HEALTH EDUCATION, NUTRITION AND SPORTS INJURY MANAGEMENT

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

 $(5 \times 15 = 75)$

1. (a) Define Health services. Give a brief role of physical education teacher.

Or

- (b) Explain about personal hygiene, desirable health habits and school health problems.
- 2. (a) Elaborate on small pox, whooping cough with relevant explanations.

Or

- (b) Give a brief note on causes, mode of infection and preventive measures of dysentery and typhoid.
- 3. (a) Enumerate on diet energy requirements in sports.

Or

(b) Brief on factors determining diet.

4. (a) Give a detail describing on sports injuries management in abrasion burns and punctured wounds.

Or

- (b) Give a detail sports injuries management in sprain and strain.
- 5. (a) Explain in detail on hydrotherapy and its effect on body.

Or

(b) Explain in detail on therapeutic exercises.

 $\mathbf{2}$

Sub. Code	
771204	

D.P.Ed. EXAMINATION, APRIL - 2021

Second Year

EDUCATIONAL TECHNOLOGY IN PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** question choosing either (a) or (b)

 $(5 \times 15 = 75)$

1. (a) Define education technology, explain its scope and nature.

Or

- (b) Explain the role of education technology in physical education.
- 2. (a) Define teaching Aids and explain Black board types with uses of board in education.

Or

- (b) Define chart, brief about types of charts, maps and diagrams.
- 3. (a) Write the process of using epidiascope, film strip and globe to effective teaching.

Or

(b) Write the procedure of handling, maintenance of books and newspapers in library.

4. (a) What is e-learning and explain its importance in education?

Or

- (b) How media and evaluation helpful for teaching in an educational institution.
- 5. (a) Write the tools for ground marking and explain the process of ground maintenance.

Or

(b) Explain equipment storage and record maintenance procedure.

 $\mathbf{2}$

Sub. Code	
771205	

D.P.Ed. EXAMINATION, APRIL - 2021

Second Year

OFFICIATING AND RULES OF GAMES AND SPORTS COACHING – II

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum: 75 Marks

Answer **all** questions, choosing either (a) or (b).

 $(5 \times 15 = 75)$

1. (a) Explain the duties and Position of officials involved in High Jump and Shot Put event.

Or

- (b) Draw a micro coaching schedule for inter collegiate Volleyball team.
- 2. (a) Draw a neat diagram of Kho-Kho field and explain the details of Markings, players and equipments.

 \mathbf{Or}

- (b) Write in detail about the history of Badminton and its development in India
- 3.
 - (a) Explain the fundamental skills involved in the game Cricket and brief any three leadup game related with cricket.

Or

(b) Write down the drills for development of skills for table Tennis players.

4. (a) Explain the principle of teaching and coaching in sports.

Or

- (b) Define exercise and explain the merits and demerits of warming up.
- 5. (a) Explain the different type of Training.

Or

(b) Write short notes on Circuit training, Interval Training and Fartlek Training.

 $\mathbf{2}$