

**R6359**

**Sub. Code**

**518101**

**M.A. DEGREE EXAMINATION, NOVEMBER – 2021**

**First Semester**

**Life Skill Education**

**INTRODUCTION TO LIFE SKILLS**

**(CBCS – 2021 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What are Livelihood skills?
2. Present the skills that are needed for survival.
3. Define the concept of Life skills.
4. Is assertiveness is an essential life skill? Give your views.
5. List the advantages of negotiation skills.
6. Give the types of learning.
7. What do you mean by Social learning?
8. Sketch the learning curve.
9. Present few suggestions for improving the academic skills of the students.
10. State the importance of Vocational training.

**Part B**

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) How would you develop leadership skills?

Or

- (b) Discuss the necessity of Life skill education.

12. (a) Write short notes on Hamburg's Declaration on Life skills.

Or

- (b) Trace the evolution of concept 'Life skills'.

13. (a) Differentiate Learning from Maturation.

Or

- (b) Discriminate Pedagogy from Andragogy.

14. (a) Explain the Behaviouristic approaches of learning.

Or

- (b) Suggest the ways and means to enhance learning.

15. (a) Describe experiential learning with an illustration.

Or

- (b) Discuss the need and importance of four pillars of Education.

**Part C**

(3 × 10 = 30)

Answer any **three** questions.

16. Explain the various approaches of Life skills training.
  17. Examine the quality of education in the present scenario.
  18. Elucidate the revised Bloom's Taxonomy based on learning outcomes.
  19. Explain the Four Pillars of Education.
  20. Elucidate the importance of Social learning theory in life skill development.
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**R6360**

**Sub. Code**

**518102**

**M.A. DEGREE EXAMINATION, NOVEMBER – 2021**

**First Semester**

**Life Skill Education**

**CORE LIFE SKILLS**

**(CBCS – 2021 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by social skills?
2. Write any two differences between sympathy and empathy.
3. Expand 'SWOT'.
4. Write short notes on 'Concept formation'.
5. List the consequences occurs while making decisions.
6. Define 'Positive Emotions'.
7. Give the sources of Stress.
8. How do you develop self-concept?
9. State the importance of Interpersonal communication.
10. Provide any four ways and means to develop critical thinking.

**Part B**

(5 × 5 = 25)

Answer **all** questions choosing either (a) or (b).

11. (a) Explain the factors affecting relationships.

Or

- (b) Elucidate the importance of Johari Window in developing self-awareness.

12. (a) Discuss the need and benefits of Negotiation skills.

Or

- (b) Describe the functions of effective communication.

13. (a) Briefly explain the different elements of thoughts.

Or

- (b) How should be a Creative person?

14. (a) Discuss the different styles of decision making.

Or

- (b) Explain the adaptive syndrome model of stress.

15. (a) How could you develop self-esteem?

Or

- (b) Differentiate self-awareness from self-concept.

**Part C**

(3 × 10 = 30)

Answer any **three** questions.

16. Elaborate the models of Effective communication.

17. Explain the Problem solving skills with suitable examples.

18. How would you cope up with stress?
  19. Explain the ways and means to enhance the creative thinking.
  20. Explain the steps involved in the Construction of life Skills Assessment Scale.
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**R6361**

**Sub. Code**

**518103**

**M.A. DEGREE EXAMINATION, NOVEMBER – 2021**

**First Semester**

**Life Skill Education**

**LIFE SKILLS ACROSS LIFE SPAN**

**(CBCS – 2021 onwards)**

Time : 3 Hours

Maximum : 75 Marks

**Part A**

(10 × 2 = 20)

Answer **all** questions.

Each question carry 2 marks.

1. Mention any two merits of learning life span development.
2. Give short note on Concrete operational stage.
3. Define the term development in your own words in the context of life span.
4. Distinguish adolescents from puberty.
5. What is meant by socialisation in late childhood stage?
6. Give appropriate examples for social issues in early adulthood.
7. State any two characteristics of aging.

8. How do you promote moral development at early childhood? Give one example.
9. What is meant by longevity at late adulthood?
10. State the stages of cognitive development of Piaget.

**Part B**

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the basic tenants of Uriebronfen benner Biological theory.

Or

- (b) Examine the significance of Piaget's stages of cognitive development.
12. (a) When does a child express his/her play interest? Write the uniqueness of that particular stage.

Or

- (b) Write short notes :
  - (i) happiness in early childhood
  - (ii) happiness in late childhood.
13. (a) Describe the adolescent's relationship with parents.

Or

- (b) List out the psychological effects of puberty.
14. (a) State the assumptions underlying vocational adjustment of adulthood.

Or

- (b) Differentiate Marital adjustment with parental adjustment.



15. (a) Dealing with death and Bereavement is a tough task at late adulthood – Justify.

Or

- (b) List out the changes expected to occur in motor and mental abilities of late adulthood.

**Part C**

(3 × 10 = 30)

Answer any **three** questions.

16. Trace the psycho-social development of human life stages in the lens of Erick Erickson.
17. Examine the issues and concerns of Adolescent.
18. Discuss – ‘The Developing self of late childhood’.
19. Write an essay on parenting styles.
20. Retirement of life long learning are unavoidable in late adulthood – Justify.