

R6947

Sub. Code

771101

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022.

First Year

Physical Education

**PRINCIPLES AND HISTORY OF PHYSICAL
EDUCATION**

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Write the meaning of physical education and describe the aims and objectives of physical education in detail.
Or
(b) Describe in detail about the relationship of physical education to general education.
2. (a) What is somatic type? Explain the Sheldon classifications of body types.
Or
(b) Distinguish in detail about chronological, physiological and mental age.
3. (a) Describe the importance of sociology in physical education and sports.
Or
(b) Give a detailed account on “gregarious instinct” and “national integration leadership”.

4. (a) Describe the history of physical education in ancient Greece. Sparta and Athens.

Or

- (b) What is turnverein movement? Explain the contributions of Johann Basedow and Per Henrik Ling towards physical education in detail.

5. (a) Explain the role of teacher training institutions in the growth and development of physical education in India.

Or

- (b) Write a note on the following:
- (i) Sports Authority of India
 - (ii) National School games federation of India
 - (iii) Sports Development Authority of Tamilnadu.

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771102

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022

First Year

Physical Education

SPORTS MANAGEMENT IN PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks. (5 × 15 = 75)

1. (a) Define Sports Management and explain the role and importance of Sports Management.

Or

- (b) What are the objectives of Sports Management? Describe the scheme of organization of schools, Districts and State.

2. (a) Explain in detail about gymnasium facility with required equipments and its care and maintenance.

Or

- (b) Describe the qualities and qualifications of a Physical Education Teacher.

3. (a) What is programme planning? Explain the factors influencing programme planning.

Or

- (b) Give a detailed account on “preparation and administration of a budget” for school annual sports meet.

4. (a) Define Supervision and describe the guiding principles and essential features of supervision.

Or

- (b) Narrate the qualification of supervisor and his relationship with physical education teacher.

5. (a) Discuss in detail the different methods in supervision.

Or

- (b) Give a detailed note on the following:

- (i) Refresher Course
- (ii) Curriculum Development
- (iii) Supervisor observation of evaluation

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771103

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022

First Year

Physical Education

METHODS IN PHYSICAL EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks. (5 × 15 = 75)

1. (a) Explain the factors influencing method in physical education.

Or

- (b) What are the different teaching aids used in physical education for theory and practical classes? Explain.

2. (a) What is class management? Explain the principles of class management.

Or

- (b) What are the types of commands? Describe the various methods of teaching activities in detail.

3. (a) What is lesson plan? Distinguish between general and specific lesson.

Or

- (b) What are minor and major games? Explain the significance of minor and major games.

4. (a) Elucidate the merits and demerits of knockout and league tournaments.

Or

- (b) Draw a league tournament fixture of 11 teams using cyclic method.

5. (a) Discuss in detail about the different criteria for classification of pupil.

Or

- (b) What are standard and non-standard sports meet? Explain.
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771104

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022.

First Year

Physical Education

ANATOMY AND PHYSIOLOGY

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Draw a neat labelled diagram of cell and explain its structure and function.

Or

- (b) Describe the different types of joints and give examples of each.

2. (a) What are the constituents of blood? Explain their functions.

Or

- (b) Draw a diagram of the human heart and label its parts.

3. (a) What is the mechanism of respiration in human beings? Explain.

Or

- (b) What is respiratory passage? Explain the different parts of respiratory system.

4. (a) Explain the structure and functions of large intestines.

Or

- (b) Draw and label the human eye structure and explain its functions.

5. (a) What is endocrine system? Explain the location and functions of each endocrine glands.

Or

- (b) Explain the structure and functions of central nervous system.

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771105

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022.

First Year

Physical Education

**OFFICIATING AND RULES OF GAMES AND
SPORTS COACHING - I**

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

(5 × 15 = 75)

1. (a) Discuss in detail about the history and development of the game basketball.

Or

- (b) Draw the diagram of handball court and mark its standard dimensions.

2. (a) Describe about the system of officiating in football and the duties of officials.

Or

- (b) What are the timing and dribbling violations in basketball? Explain each violation rules.

3. (a) What are the fundamental skills in Kabaddi? Explain the steps in teaching each skills and the suitable lead-up game.

Or

- (b) Define individual and team tactics and explain the attacking and defensive tactics in the game of your choice.

4. (a) Define Sports Training and explain the principles of sports training.

Or

- (b) What are motor components? Explain the methods to develop speed.

5. (a) What are the different types of training? Explain each training and its benefits.

Or

- (b) Explain weight training method and prepare one week training chart for beginners.

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771201

D.P.Ed. EXAMINATION, APRIL – 2022.

Second Year

Physical Education

MEASUREMENT AND EVALUATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the need and importance of evaluation.

Or

- (b) Criteria for selection of a good test.

2. (a) Narrate the administration of test.

Or

- (b) How to score and analyzing the results?

3. (a) Explain PAPERD youth fitness test.

Or

- (b) Explain the Borrow motor ability test.

4. (a) Narrate the Cooper's 12 mm run/walk test.

Or

- (b) Explain the need and importance of classification.

5. (a) Explain the Johnson basketball ability test.

Or

(b) Explain the Schmital French field hockey test.

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771202

D.P.Ed. EXAMINATION, APRIL – 2022.

Second Year

Physical Education

RECREATION, CAMPING AND SAFETY EDUCATION

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the objectives of work.

Or

(b) Short notes on leisure and recreation.

2. (a) What are the agencies affecting recreation?

Or

(b) Short notes on equipments and their maintenance.

3. (a) Explain the general principles of programme.

Or

(b) Explain the indoor and outdoor games.

4. (a) Explain the scope of camping.

Or

(b) Short notes on camp program.

5. (a) Narrate safety at school.

Or

(b) Explain the role of PD/PET in physical education.

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771203

D.P.Ed. EXAMINATION, APRIL – 2022

Second Year

Physical Education

**HEALTH EDUCATION, NUTRITION AND SPORTS
INJURY MANAGEMENT**

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the factors influencing health.

Or

- (b) Explain the detection and prevention of diseases.

2. (a) Describe the preventive measure to combat infection.

Or

- (b) Short notes on malaria and typhoid.

3. (a) Define diet and explain the components of food.

Or

- (b) Explain the energy requirements in sports.

4. (a) Explain the sports injuries in detail.

Or

(b) Short notes on fracture and dislocation.

5. (a) Narrate electrotherapy.

Or

(b) Explain the therapeutic exercises in detail.

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771204

D.P.Ed. EXAMINATION, APRIL – 2022

Second Year

Physical Education

**EDUCATIONAL TECHNOLOGY IN PHYSICAL
EDUCATION**

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the nature and scope of education technology.

Or

- (b) Explain the role of technology in education.

2. (a) Explain the black boards and its types and uses.

Or

- (b) Explain the purpose of charts and maps.

3. (a) Define e-Learning and its importance.

Or

- (b) Describe the properties of internet in detail.

4. (a) Define teaching aids and explain the use of models and pictures.

Or

- (b) Explain the methods of handling books in library.

5. (a) Explain the role of physiotherapy and its important in sports.

Or

- (b) Define massage and its effects in sports.
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771205

D.P.Ed. DEGREE EXAMINATION, APRIL – 2022

Second Year

Physical Education

**OFFICIATING AND RULES OF GAMES AND SPORTS
COACHING – II**

(CBCS – 2018 onwards)

Time : 3 Hours

Maximum : 75 Marks

Answer **all** questions, choosing either (a) or (b).

(5 × 15 = 75)

1. (a) Explain the history and development of volleyball in India.

Or

- (b) Draw a neat diagram of ball badminton court with proper measurements.

2. (a) What are the important rules in cricket?

Or

- (b) Explain the duties of official in throws and Jumps.

3. (a) Explain the fundamental skills in Kho-Kho.

Or

- (b) Explain any two lead-up activities for badminton.

4. (a) Explain the various types of warming up in detail.

Or

(b) Explain the methods of training to develop speed.

5. (a) Describe the different types of training.

Or

(b) Short notes on circuit training and interval training.
