

R0465

Sub. Code

721101

B.P.Ed DEGREE EXAMINATION, NOVEMBER – 2023

First Semester

Physical Education

**HISTORY, PRINCIPLES AND FOUNDATION OF
PHYSICAL EDUCATION**

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the following objective questions by choosing the correct options.

1. The main aim of physical education is (CO1, K2)
 - (a) All - round development of a person
 - (b) Entertainment of a person through sports and games
 - (c) Both (a) and (b)
 - (d) None of the above

2. The discipline of physical education has a primary focus on the study of (CO1, K2)
 - (a) Study of anthropometric
 - (b) Study of nutrition and anatomy
 - (c) To conduct the intramural
 - (d) Health and wellness of human beings

3. Who is the father of Physical Education in India?
(CO2, K4)
- (a) Vaidya Brothers (b) Friedrich jahn
(c) Harry Crowe Buck (d) None of these
4. The YMCA College of physical education (Madras) was established in
(CO2, K4)
- (a) 1890 (b) 1920
(c) 1910 (d) 1940
5. Which of these is concerned with the attitude, behaviour, etiquette and qualities of a individual
(CO3, K4)
- (a) Development (b) Growth
(c) Maturity (d) None of these
6. Kyphosis is also called
(CO3, K4)
- (a) Hallow back (b) Round back
(c) Lateral back (d) Back curve
7. From the point of sociology, which of the following is a primary group?
(CO4, K5)
- (a) Political party (b) Community
(c) Sports federation (d) Family party
8. Which is not a good quality of a leader?
(CO4, K5)
- (a) Good personality (b) Bad orator
(c) Regular (d) None of the above
9. What is the other name of the trial and error theory?
(CO5, K6)
- (a) Stimulus response theory
(b) Classical conditioning theory
(c) Operant conditioning theory
(d) None of them

10. _____ were the originators of the learning curve. (CO5, K6)
- (a) Crow-crow (b) Peel and Max
(c) Bryan and Harter (d) Biggi and Hunt

Part B (5 × 5 = 25)

Answer **all** the questions not more than 500 words each.

11. (a) Define physical education and discuss the scope of physical education. (CO1, K2)
- Or
- (b) Write about the importance of physical education in modern trends. (CO1, K2)
12. (a) Write about the evolution of India's physical education during the early and late periods of the Hindu period. (CO2, K4)
- Or
- (b) Write short notes for India's sports development organisation and its contribution. (CO2, K4)
13. (a) Write the definition and meaning of growth and development. (CO3, K4)
- Or
- (b) Differentiate anatomical and physiological differences between male and female. (CO3, K4)
14. (a) Write down the qualities of leadership. (CO4, K5)
- Or
- (b) Explain group dynamics. (CO4, K5)
15. (a) Define the following:
- (i) Psychology, (ii) Learning. (CO5, K6)
- Or
- (b) Explain the plateau stages in learning. (CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** the questions not more than 1000 words each.

16. (a) Explain the aims and objectives of physical education. (CO1, K2)

Or

- (b) Explain how physical education and general education are different and related. (CO1, K2)

17. (a) Explain historical development of physical education in India. (CO2, K4)

Or

- (b) Explain how physical education developed in India after 1947. (CO2, K4)

18. (a) Write down the growth and development principles. (CO3, K4)

Or

- (b) Explain the classification of body deviation. (CO3, K4)

19. (a) Define leadership and explain its various forms. (CO4, K5)

Or

- (b) Explain the various forms of social motivation. (CO4, K5)

20. (a) Explain trial and error theory in learning. (CO5, K6)

Or

- (b) What is a learning curve and briefly write about its classification? (CO5, K6)

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721102

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

First Semester

Physical Education

**ANATOMY , PHYSIOLOGY, SPORTS MEDICINE,
PHYSIOTHERAPY AND REHABILITATION**

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the objective questions by choosing the correct option.

1. _____ is the chief source of energy in cell and hence called as power house of cell. (CO1, K2)
(a) Mitochondria (b) Chromosomes
(c) Lysosome (d) Ribosomes
2. _____ joint has a concavo-convex articular surface and hence movements occur in all directions (CO1, K2)
(a) Pivot (b) Hinge
(c) Saddle (d) Plane
3. Skeletal muscle bundles are held together by a common connective tissue layer called (CO2, K4)
(a) Perimysium (b) Endomysium
(c) Aponeurosis (d) Fascia

4. _____ Collects incoming air from the nose and passes it downward to the trache. (CO2, K4)
(a) Bronchi (b) Pharynx
(c) Larynx (d) Epiglottis
5. _____ prevents the oxygenated blood from flowing back into the left atrium. (CO3, K4)
(a) Tricuspid valve (b) Aortic valve
(c) Septum (d) Mitral valve
6. Pineal gland secretes a hormone called _____. (CO3, K4)
(a) Prolactin (b) Melatonin
(c) Oxytocin (d) Luteinizing
7. _____ are the nerves that innervate muscle fibers. (CO4, K5)
(a) Sensory nerves (b) Synapse
(c) Motor Neuron (d) Motor endplate
8. _____ fibers are responsible for conveying messages from CNS to the corresponding peripheral organ. (CO4, K5)
(a) Efferent nerve (b) Slow-twitch
(c) Afferent nerve (d) Fast-twitch
9. A slow pulse reflects a slow heart rate and a condition called _____. (CO5, K6)
(a) Tachycardia (b) Stroke volume
(c) Bradycardia (d) Cardiac output
10. _____ the volume of oxygen used during recovery from exercise in excess of resting oxygen consumption. (CO5, K6)
(a) Oxygen deficit (b) Oxygen debt
(c) Oxygen uptake (d) Oxygen intake

Part B

(5 × 5 = 25)

Answer **all** questions not more than 500 words each.

11. (a) Explain the cell and the function of cell. (CO1, K2)

Or

- (b) Explain the need and importance of anatomy and physiology in the field of physical education. (CO1, K2)

12. (a) Explain the digestion and absorption process of carbohydrates, proteins and lipids. (CO2, K4)

Or

- (b) Define blood, blood pressure and blood coagulation. (CO2, K4)

13. (a) Draw a neat diagram of respiratory system and Explain it. (CO3, K4)

Or

- (b) Explain the structure and function of excretory system. (CO3, K4)

14. (a) Differentiate between sympathetic and parasympathetic nervous system. (CO4, K5)

Or

- (b) What is metabolism? Explain the types of metabolism. (CO4, K5)

15. (a) Define isometric, isotonic and isokinetic contraction. (CO5, K6)

Or

- (b) Define tidal volume and respiratory rate. (CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** questions not more than 1000 words each.

16. (a) Explain the joints and classification of joints.
(CO1, K2)

Or

- (b) Explain the axial and appendicular skeletal system.
(CO1, K2)

17. (a) Explain the structure and function of heart.
(CO2, K4)

Or

- (b) Define muscular system and explain the types of muscle.
(CO2, K4)

18. (a) Explain the mechanism of respiratory system.
(CO3, K4)

Or

- (b) Explain endocrine glands and its type and explain any two glands.
(CO3, K4)

19. (a) Explain neuromuscular junction and transmission.
(CO4, K5)

Or

- (b) Explain the central nervous system and peripheral nervous system.
(CO4, K5)

20. (a) Explain the effect of exercise on circulatory system.
(CO5, K6)

Or

- (b) Explain the effect of exercise on muscular system.
(CO5, K6)

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721103

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

First Semester

Physical Education

**ORGANIZATIONS, ADMINISTRATION AND SPORTS
MANAGEMENT**

(CBCS – 2022 onwards)

Time : Three Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the following objective questions by choosing the correct options.

1. Organization refers _____. (CO1, K2)
 - (a) Pre planning the work
 - (b) Planning the work
 - (c) Carryout the work
 - (d) None of these
2. Sports authority of India started in the year. (CO1, K2)
 - (a) 1961 (b) 1971
 - (c) 1964 (d) 1982
3. Round robin tournament is otherwise called as _____. (CO2, K4)
 - (a) League tournament
 - (b) Consolation tournament
 - (c) Elimination tournament
 - (d) Perpetual tournament

4. Intramural means competition conducted _____.
(CO2, K4)
- (a) Between institution
 - (b) Within the walls
 - (c) Inter school
 - (d) Inter College
5. How many type of leadership style? (CO3, K4)
- (a) 5 (b) 3
 - (c) 6 (d) 4
6. A leader allows complete freedom in decision-making and did not participate in the group activities is called _____.
(CO3, K4)
- (a) Laissez-faire (b) Democratic
 - (c) Autocratic (d) Experts
7. Size of the gymnasium for college level falls in the range of _____.
(CO4, K5)
- (a) 130 feet length to 90 feet breath
 - (b) 140 feet length to 110 feet breath
 - (c) 150 feet length to 100 feet breath
 - (d) none of these
8. In swimming pool the depth of the diving area must be _____ feet.
(CO4, K5)
- (a) More than 8 (b) 8
 - (c) More than 9 (d) Less than 8
9. Current year closing balance will become _____.
(CO5, K6)
- (a) Previous year opening balance
 - (b) Next year opening balance
 - (c) Next year closing balance
 - (d) None of the above

10. A budget is a complete _____ of estimated expenditure and expected income over a particular period which is generally a year. (CO5, K6)
- (a) Income plan (b) Financial plan
(c) Expenditure plan (d) Salary plan

Part B (5 × 5 = 25)

Answer **all** the questions not more than 500 words each.

11. (a) List out the qualification and responsibilities of physical education teacher. (CO1, K2)
- Or
- (b) Write the functions of SGFI. (CO1, K2)
12. (a) Write short notes on various types of knock out tournaments. (CO2, K4)
- Or
- (b) Mention the merits and demerits of both knockout and league tournament. (CO2, K4)
13. (a) Mention the different elements of organizing. (CO3, K4)
- Or
- (b) Write short notes on leadership. (CO3, K4)
14. (a) What are the factors affecting Time Table?(CO4, K5)
- Or
- (b) Write short notes on Gymnasium. (CO4, K5)
15. (a) Explain the importance of maintains the Records and Register in the field of Physical Education. (CO5, K6)
- Or
- (b) Discuss about the Physical Efficiency Record. (CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** the questions not more than 1000 words each.

16. (a) Briefly explain the Importance of organization and administration in Physical in Education. (CO1, K2)

Or

- (b) Explain in detailed the various schemes and functions of SAI. (CO1, K2)

17. (a) Draw a knock out cum league fixture for a game of your choice with 32 teams. (CO2, K4)

Or

- (b) Draw organization chart for physical education program for college level. (CO2, K4)

18. (a) Explain the need and importance of leadership qualities in sports. (CO3, K4)

Or

- (b) Describe the process and importance of organizing. (CO3, K4)

19. (a) Explain the importance, types and maintains of a Swimming pool. (CO4, K5)

Or

- (b) What are the procedures to be followed in purchasing Equipment? Explain in detail maintenance of equipment. (CO4, K5)

20. (a) Chalk out a budget for conducting intramural tournaments in your Department. (CO5, K6)

Or

- (b) How can you maintains the stock register in physical education? Explain. (CO5, K6)

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721501

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

First Semester

Physical Education

Elective: OLYMPIC MOVEMENT

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the following objective questions by choosing the Correct Option.

1. Supreme Authority of modern Olympic event. (CO1, K2)
(a) OCOG (b) NOC
(c) IOC (d) ISF

2. Ninth President of International Olympic Committee (CO1, K2)
(a) Jacques Rogge
(b) Thomas Bach
(c) Juan Antonio Samaranch
(d) Lord Killanin

3. Total number of Sports organized during the Tokyo Olympic (CO2, K4)
(a) 45 (b) 44
(c) 47 (d) 33

4. Indian team participated in the Tokyo Olympic events
(CO2, K4)
- (a) 122 in 18 Sports (b) 88 in 13 Sports
(c) 46 in 13 Sports (d) 56 in 18 Sports
5. The committee to which is focusing to avoid doping in the Olympic movement
(CO3, K4)
- (a) WADA (b) OVEP
(c) YOG (d) NADA
6. Paris Olympic will be conducted on 2024 is known as
(CO3, K4)
- (a) Summer Olympic (b) Para Olympic
(c) Special Olympic (d) Youth Olympics
7. Red color in Olympic rings denotes the
(CO4, K5)
- (a) Africa (b) Europe
(c) America (d) Asia
8. The new Olympic motto included is
(CO4, K5)
- (a) Citius (b) Altius
(c) Fortius (d) Communiter
9. Current President of Indian Olympic Association is
(CO5, K6)
- (a) P.T.Usha
(b) Dr.Sivanthi Athithyan
(c) Suresh Kalmadi
(d) Narayanan Ramachandran

Part C

(5 × 8 = 40)

Answer **all** the questions not more than 1000 words each.

16. (a) Discuss history of Olympic movement and its aims and objectives. (CO1, K2)

Or

- (b) Describe educational and cultural values of Olympic movements. (CO1, K2)

17. (a) Elaborate Significance of Olympic movements. (CO2, K4)

Or

- (b) Discuss Differentiate classifications of Olympic. (CO2, K4)

18. (a) Compare the modern Olympic with ancient Olympic. (CO3, K4)

Or

- (b) Describe functional and operations of international Olympic federations. (CO3, K4)

19. (a) Compile the various activities of Inaugural and closing ceremony of Olympic. (CO4, K5)

Or

- (b) Explain concepts of Olympic to organizing various games and sports. (CO4, K5)

20. (a) Evaluate Olympic medalist in India. (CO5, K6)

Or

- (b) Create new innovation ideas implemented in the recent Olympics. (CO5, K6)

R0470

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721301

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

Third Semester

Physical Education

SPORTS TRAINING

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** objective questions by choosing the correct option.

1. Which of the following does not include the principles of sports training _____ (CO1, K2)
 - (a) Economy of movement
 - (b) Progression of load
 - (c) cyclicity of training
 - (d) continuity

2. Best method to develop flexibility is _____ (CO1, K2)
 - (a) Ballistic method
 - (b) slow method
 - (c) Slow stretching and holding method
 - (d) relaxation method

3. _____ is the process of preparation for sports performance. (CO2, K4)
 - (a) Fitness
 - (b) wellness
 - (c) planning
 - (d) sports training

4. Skill acquisition is mainly dependent upon (CO2, K4)
(a) Flexibility (b) coordination
(c) muscular strength (d) speed
5. Super compensation means (CO3, K4)
(a) Fatigue (b) second Wind
(c) Adaption to load (d) Oxygen debt
6. Adaption to training load at high altitudes is known as (CO3, K4)
(a) Thermoregulation (b) Super compensation
(c) Acclimatization (d) None of the above
7. Micro cycle involves the training period of (CO4, K5)
(a) one weeks (b) 6-8 weeks
(c) 8-10 weeks (d) 1-2weeks
8. Systematic planning of athletic or physical training is called_____ (CO4, K5)
(a) Periodization (b) Specificity
(c) Frequency (d) Variance
9. Tactical training is done _____ (CO5, K6)
(a) After skills are mastered
(b) Before skills are mastered
(c) Both tactical training and technical training are done side by side
(d) all the above
10. Training occurs as a result of_____ (CO5, K6)
(a) Instruction (b) Education
(c) Development (d) All of the above

Part B

(5 × 5 = 25)

Answer **all** questions not more than 500 words each.

11. (a) Define sports training. (CO1, K2)

Or

- (b) Write about the aims of sports training. (CO1, K2)

12. (a) Briefly explain speed and strength. (CO2, K4)

Or

- (b) Write short notes on flexibility and coordination. (CO2, K4)

13. (a) Define over load. (CO3, K4)

Or

- (b) Give a short notes on volume of stimulus and density. (CO3, K4)

14. (a) What is periodization? (CO4, K5)

Or

- (b) What is the content of period in training program? (CO4, K5)

15. (a) What are the methods of tactical training?(CO5, K6)

Or

- (b) Write down the meaning of strategy. (CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** questions not more than 1000 words each.

16. (a) Elaborate the objectives of sports training.(CO1, K2)

Or

- (b) Explain the principles of sports training. (CO1, K2)

17. (a) What is the meaning of endurance? Explain the methods to develop endurance. (CO2, K4)

Or

(b) Briefly explain the methods to develop the coordinative abilities. (CO2, K4)

18. (a) Discuss about the principles of intensity and volume. (CO3, K4)

Or

(b) List down the types of training load and explain. (CO3, K4)

19. (a) Explain the following (CO4, K5)

(i) Preparatory period

(ii) Competition period

Or

(b) Prepare a four weeks training plan for university team for the game of your choice. (CO4, K5)

20. (a) Describe the methods of technique training. (CO5, K6)

Or

(b) Briefly explain the methods of ergogenic aids. (CO5, K6)

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Sub. Code

721302

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

Third Semester

Physical Education

**COMPUTER APPLICATIONS IN PHYSICAL
EDUCATION**

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the following objective questions by choosing correct options.

1. Who is the Brain of the Computer? (CO1, K2)
(a) CPU (b) Monitor
(c) Keyboard (d) Mouse
2. The _____ not an System Software (CO1, K2)
(a) Utility Software
(b) MS PowerPoint
(c) Operating Software
(d) Device Driver
3. Which function key is used to spell check? (CO2, K4)
(a) F6 (b) F7
(c) F8 (d) F5

4. Name the default file extension for all MS Word documents. (CO2, K4)
- (a) .word (b) .docx
(c) .docs (d) .txtx
5. Any define group of cells in MS Excel is being is called as a _____ (CO3, K4)
- (a) Cell (b) Address
(c) Range (d) None of these
6. MS Excel provides an alignment that is not available MS Word? (CO3, K4)
- (a) Left (b) Right
(c) Center (d) Merge and Center
7. Which of the following shortcut key is used to stop the slide show? (CO4, K5)
- (a) Ctrl+O (b) Ctrl+N
(c) Ctrl+K (d) Esc Key
8. Is it possible to convert a powerpoint presentation into a video? (CO4, K5)
- (a) Yes (b) No
(c) May be (d) Can't Say
9. What is the name of the webpage address? (CO5, K6)
- (a) Directory (b) Protocol
(c) URL (d) Domain
10. Which one of the following is not a E-Mail? (CO5, K6)
- (a) Rediff (b) Yahoo
(c) Chrome (d) Gmail

Part B

(5 × 5 = 25)

Answer **all** the questions not more than 500 words each.

11. (a) Explain the importance of ICT. (CO1, K2)

Or

- (b) Compare the Hardware and Software. (CO1, K2)

12. (a) Classify the Editing Features in MS Word.(CO2, K4)

Or

- (b) Illustrate the Page Number, Header and Footnotes.
(CO2, K4)

13. (a) Generate the steps involved for creating a MS Excel Application. (CO3, K4)

Or

- (b) Evaluate the Various Arithmetic Operators in MS Excel. (CO3, K4)

14. (a) Examine the preparation of PowerPoint Presentation. (CO4, K5)

Or

- (b) Explain the features of Slide Show Presentation. (CO4, K5)

15. (a) Classify the Computer Networks. (CO5, K6)

Or

- (b) Discuss about E-Mail and explain its advantages.
(CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** the questions not more than 1000 words each.

16. (a) Justify the Need and Scope of ICT. (CO1, K2)

Or

- (b) Elaborate the Application of Computer in Physical Education. (CO1, K2)

17. (a) Simplify the various Paragraph Alignment in MS Word. (CO2, K4)

Or

- (b) Discuss about various Formatting Text in MS Word (CO2, K4)

18. (a) Describe the Creating, Saving and Opening the Spreadsheet. (CO3, K4)

Or

- (b) Discuss about Formatting and Editing Features in MS Excel. (CO3, K4)

19. (a) Evaluate the steps to create the Slide Number, Picture and Tables. (CO4, K5)

Or

- (b) Explain the various Design themes used in MS PowerPoint. (CO4, K5)

20. (a) Evaluate the Role of e-resources in teaching, training and coaching. (CO5, K6)

Or

- (b) Elaborate the Application Software used in the Sports. (CO5, K6)

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Sub. Code

721303

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

Third Semester

Physical Education

SPORTS PSYCHOLOGY AND SOCIOLOGY

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer **all** the following objective questions by choosing the correct option.

1. Learning through insight was first shown by (CO1, K2)
(a) B.F.Skinner (b) Mary Kavur jones
(c) Pavlon (d) Kohler
2. Intelligence attains its maximum level at the age of?
(CO1, K2)
(a) 10-11 (b) 19-20
(c) 40-41 (d) 15-16
3. Personality traits such as introverts and extroverts
personality was explained by? (CO2, K4)
(a) Cattell (b) Eysenck
(c) Kemp (d) Yung
4. First step in teaching. (CO2, K4)
(a) Evaluation (b) Preparation
(c) Pursuing (d) Planning

5. The fastest period of growth in human beings is. (CO3, K4)
(a) Childhood (b) Adolescence
(c) Infancy (d) Puberty
6. Plato is a father of. (CO3, K4)
(a) Realism (b) Pragmatism
(c) Idealism (d) Naturalism
7. Psychology is deal with. (CO4, K5)
(a) Functions of the body
(b) Activities of air
(c) Construction of the body
(d) Behaviour
8. Conditioned response theory was put forward by. (CO4, K5)
(a) Thorndike (b) Pavlov
(c) Jung (d) McDougal
9. Trial and error method of learning was Invented by. (CO5, K6)
(a) Thorndike (b) Jung
(c) Skinner (d) McDougal
10. Cognitive learning is also called. (CO5, K6)
(a) Mental learning (b) Affective learning
(c) Motor learning (d) All of these

Part B (5 × 5 = 25)

Answer **all** questions not more than 500 words each.

11. (a) Explain importance and scope of sports psychology. (CO1, K2)

Or

- (b) Explain meaning and nature of sports psychology. (CO1, K2)

12. (a) Illustrate various stages of Growth and Development. (CO2, K4)

Or

- (b) Briefly about importance of Physical Activities and Mental Health. (CO2, K4)

13. (a) Explain the various kind of theories of Learning. (CO3, K4)

Or

- (b) Describe the factors influencing Motivation. (CO3, K4)

14. (a) Briefly discuss meaning and characteristics of Personality. (CO4, K5)

Or

- (b) List down the mental preparation strategies. (CO4, K5)

15. (a) Explain what are the factors affecting on sports performance. (CO5, K6)

Or

- (b) What is mean by psychological assessment? (CO5, K6)

Part C (5 × 8 = 40)

Answer **all** questions not more than 1000 words each.

16. (a) Distinguish relationship between social science and physical education. (CO1, K2)

Or

- (b) Describe the Laws of Learning. (CO1, K2)

17. (a) How to develop sports performance along with physical activity? (CO2, K4)

Or

(b) Differentiate primary group and remote group. (CO2, K4)

18. (a) Explain about the role of sports psychologist and how they help to Coach and athlete. (CO3, K4)

Or

(b) Illustrate meaning and importance of culture. (CO3, K4)

19. (a) Describe the significance difference of Questionnaire method and Interview Method. (CO4, K5)

Or

(b) Briefly explain about the types and nature of Individual differences. (CO4, K5)

20. (a) Explain the concept and characteristics of mind and its type. (CO5, K6)

Or

(b) Elaborate the following questions. (CO5, K6)

(i) Cognition

(ii) Affection

(iii) Conation

R0473

Sub. Code

721505

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2023

Third Semester

Physical Education

Elective : CURRICULUM DESIGN

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 1 = 10)

Answer all multiple choice questions by choosing the correct option.

1. What is curriculum? (CO1, K2)
 - (a) Overall activities of an institution
 - (b) Objectivity
 - (c) Classroom
 - (d) Affective
2. Important factor of curriculum is to help to achieve the? (CO1, K2)
 - (a) Affective
 - (b) Classroom
 - (c) Objectivity
 - (d) Students
3. What is the term for a narrative in which the focalization shifts between different characters' perspectives? (CO2, K4)
 - (a) Monologue
 - (b) Multiple focalization
 - (c) Omniscient narration
 - (d) Soliloquy

4. Syllabus is a part of (CO2, K4)
(a) Students (b) School
(c) Parents (d) Curriculum
5. The importance of curriculum in the system of education is just I like a (CO3, K4)
(a) Construction in a country
(b) Provision of Latest knowledge
(c) Preparation of students for service
(d) None of the above
6. Nature of element of curriculum and pattern of their organization is (CO3, K4)
(a) Elements of Curriculum
(b) Foundation of curriculum
(c) Curriculum evolution
(d) Curriculum Design
7. What is the primary goal of physical education (PE) in schools? (CO4, K5)
(a) To promote academic achievement
(b) To improve students physical fitness and health
(c) To develop artistic talents
(d) To teach computer skills
8. Curriculum emphasized for primary classes is (CO4, K5)
(a) Activities centered curriculum
(b) Integrated curriculum
(c) Horizontal organization
(d) None of the above
9. Which of the following is a key focus of most kinder garden curriculum? (CO5, K6)
(a) Advanced mathematics
(b) Play-based learning
(c) Foreign language instruction
(d) Computer programming

10. Extracurricular activities in higher secondary education are mainly focused on (CO5, K6)
- (a) Academic achievements
 - (b) Physical fitness
 - (c) Building social skills and interests
 - (d) Culinary arts

Part B (5 × 5 = 25)

Answer **all** questions not more than 500 words each.

11. (a) What are the factors affecting curriculum?(CO1, K2)
- Or
- (b) Illustrate the social factories in curriculum. (CO1, K2)
12. (a) Write about the sequence of curriculum. (CO2, K4)
- Or
- (b) Give a short notes on basic guidelines for curriculum construction. (CO2, K4)
13. (a) Differentiate between old concepts and new concepts of curriculum. (CO3, K4)
- Or
- (b) Explain the methods of teaching. (CO3, K4)
14. (a) Justify the curriculum design preparation in the area of physical education. (CO4, K5)
- Or
- (b) Write short notes on teaching practice on undergraduate preparation. (CO4, K5)
15. (a) What is your curriculum class style in pre primary? (CO5, K6)
- Or
- (b) How do you handle different curriculum styles in the primary? (CO5, K6)

Part C

(5 × 8 = 40)

Answer **all** questions not more than 1000 words each.

16. (a) Explain the need and importance of curriculum development. (CO1, K2)

Or

- (b) How many types of curriculum design and explain. (CO1, K2)

17. (a) Explain the Following (CO2, K4)
(i) Focalization
(ii) Socialization

Or

- (b) Briefly explains the steps in curriculum construction. (CO2, K4)

18. (a) Briefly explain the mechanics of curriculum. (CO3, K4)

Or

- (b) Explain the principles of curriculum design. (CO3, K4)

19. (a) How can you create a facilities and laboratory in the field of physical education? (CO4, K5)

Or

- (b) Illustrate the special resources of library in the field of physical education. (CO4, K5)

20. (a) How to construct the curriculum design for high school in details. (CO5, K6)

Or

- (b) What is the curriculum design for higher secondary school in details? (CO5, K6)